

RULES OF PLAY

Rule 600. RULES.

Section 1. The Rules of Play shall be the FIFA laws of the Game with modification stated by USYSA for age specific under 10 and below games or as modified herein.

Section 2. All games shall be played under the Rules and Procedures of NDYSA.

Section 3. The length of games, overtime periods, and ball size shall be as follows:

<u>AGE DIVISION</u>	<u>GAME LENGTH</u>	<u>OVERTIME PERIOD</u>	<u>BALL SIZE</u>
U-19	2-45 min halves	2-10 min periods	5
U-18	2-45 min halves	2-10 min periods	5
U-17	2-45 min halves	2-10 min periods	5
U-16	2-40 min halves	2-10 min periods	5
U-15	2-40 min halves	2-10 min periods	5
U-14	2-35 min halves	2-5 min periods	5
U-13	2-35 min halves	2-5 min periods	5
U-12	2-30 min halves	2-5 min periods	4
U-11	2-30 min halves	2-5 min periods	4
U-10	2-25 min halves	none	4
U-8 & U-6	Use USYSA Recommended Program Pamphlet as a Guide		

Section 4. Overtime will apply only in championship play of the finals of tournaments. Tie breakers will be used to establish which teams go forward to championship play. For U-19 down to U-11, teams will play two overtime periods. If still tied, then penalty kicks will be used to decide the winner. For U-10 and below, there are no champions declared and no overtime. Participation awards are give to all U-10 players.

Rule 601. UNAUTHORIZED ITEMS OF WEAR.

Section 1. Players wearing equipment which in the opinion of the referee is considered dangerous to others or themselves, shall not be eligible to participate in the game.

Section 2. The coach of a player wearing any cast should have a signed doctor's permission slip to help determine if it safe for the player wearing the cast to play. If the referee is to allow the player to play with the cast it must be padded adequately with foam padding.

Section 3. Hair control devices of any material other than soft fabric or small rubber bands are not allowed.

Section 4. Ear rings of any kind, including healing posts are not allowed even if taped or covered.

Section 5. Jewelry of any sort is not allowed. EXCEPTION: Medical bracelets or necklaces can be worn but must be taped to the wrist or chest.

Section 6. Joint braces or supports which have exposed joints, hinges, buckles, zippers, buttons, etc., whether taped, padded, exposed will be allowed strictly at the discretion of the referee.

Section 7. Hat or other head gear, unless worn by the goal keeper for the purpose of shielding the eyes from direct sunlight should have a brim of soft, pliable material. NOTE: The brim of a common baseball cap is not considered to meet the soft and pliable requirement. Other soft protective headgear shall be allowed only at the discretion of the referee. During cold and inclement weather in North Dakota common sense must be applied so that the players comfort and safety is taken into account and stocking caps, fur caps, etc. should be allowed.

Rule 602. COACHING GUIDELINES.

Section 1. Coaching from the touch lines is permitted provided:

- (1) It is done for tactical, strategic, or teaching purposes.
- (2) The tone of voice of the coach is informative and not a loud negative harangue.

Section 2. Coaching from the touch line should involve bringing the player close to the touch line and giving the player the needed information in a normal tone of voice. While this is not always possible it must be understood that yelling at players regardless of where they are on the field is not productive nor conducive to the spirit of the game of soccer. Players need to just play the game and learn while playing.

Section 3. No coach or substitute is to be anywhere but at his bench area. It is recommended that both team bench areas be on one side of the field and the spectators are on the other. The bench areas should be three yards from the touch line, ten yards from the half line, and no more than 20 yards in total length.

Section 4. No coach or player is to make derogatory remarks or gestures to the referees, other players, or spectators.

Section 5. No coach or player is to incite disruptive behavior of any kind.

Section 6. Clubs must take proactive steps to ensure that their teams understand and work to adhere to the standards in (1) - (5) above.

Rule 603. UNIFORMS.

Section 1. When uniform colors are similar, the home team must change. Home teams will always be listed first on the schedule.

Rule 604. GAME BALLS.

Section 1. Home teams should provide the game ball when clubs do not.

Rule 605. SUBSTITUTIONS.

Section 1. Substitutions of one or more players may be at the following times:

- (1) Prior to a throw-in by the team taking the throw-in.
- (2) Prior to a goal kick by either team.
- (3) After a goal by either team.
- (4) After an injury, and when the referee stops play by either team.
- (5) At half time or quarters by either team.
- (6) Substitutions are allowed only when the center referee indicates.

Rule 606. PLAYER PASSES.

Section 1. When player passes are used for games or tournaments the referee shall verify the identity of each player with his/her player pass. Use of signature comparison to the roster may be used at the referee, club, or tournament's committees digression and proof of age may be requested (See Rule 403, Section 5).

Rule 607. EQUIPMENT.

Section 1. The referee shall inspect each player's equipment prior to the game.

Rule 608. SEND OFF.

Section 1. In the case of send off (red card) the referee **MUST** submit a report to the club or tournament officials.

Section 2. Any player receiving a red card must sit out the remainder of that match and the next scheduled match and the match must have been scheduled prior to obtaining the red card.

*NOTE : A player who receives a red card for violent conduct will sit out the remainder of that match and the next **two games.*** Players receiving red cards in the last games of league season/tournament must be sanctioned appropriately at the beginning of the next season/tournament. Players receiving their second red cards in a season should be given more

severe sanction Clubs and leagues are asked to develop their own sanctions ahead of time to deal with players receiving 2 red cards (and multiple yellow cards) in the course of a season.

Section 3. Clubs/Tournaments may define whether yellow or red cards can be issued to coaches, assistant coaches, team managers, etc. and what the sanctions are if they receive them.

Rule 609. FORFEITS.

Section 1. Any team intending to forfeit a scheduled game for any reason must take steps to notify the club or tournament administration no later than two days prior to the scheduled date of the match. Any team intentionally forfeiting without notifying the opponent/club shall be subject to probation, censure, or suspension.

Rule 610. REFEREES.

Section 1. Referees who fail to show to game assignments should be reported to the club or league referee assignor or to the State Referee Committee as deemed appropriate.

Rule 611. FIELDS.

Section 1. When field playing conditions are questionable or become deteriorated it is recommended that the center referee and club or tournament official work together to reach a joint decision on whether to proceed. However, if the referee feels that an unsafe or dangerous situation exists then his judgement is final.

Section 2. Field size for U-13 and above should be a minimum of 60 yards by 100 yards. For U-11 and U-12 fields should be a minimum of 40 yards by 80 yards. For U-10 and below fields should be 30 yards by 50 yards.

Rule 612. GOALS.

Section 1. Goals size for U-13 and above will be 8 by 24 feet. Goal size for U-11 and 12 should be 6 by 18 feet. Goal size for U-10 and below should be 5 by 12 feet.

Section 2. Portable goals must be anchored.

Rule 613. TOUCH LINE BEHAVIOR.

Section 1. Any coach, assistant coach team manager or other official representative of a team, shall be held responsible for the actions of any individual at any match that the referee, club, league, or tournament committee reasonably considers to be a supporter of that team. Prolonged remarks or abusive disagreement with the referee or assistant referee by coaches, assistant coaches, team managers, team volunteers, players, bench personnel, fans, or supporters will/may result in a request by the referee, club, league or tournament committee to the coach for assistance in controlling the unacceptable behavior. If the coach cannot or will not control the unacceptable behavior, then the referee, club, league, or tournament committee has the authority to suspend the

match for two minutes while the person whose behavior is unacceptable removes him or herself at least 200 yards from the field. If at the end of two minutes the person whose behavior is unacceptable has not removed him or herself 200 yards from the field the referee, club, league, or tournament committee is expected to terminate the match. The referee, club, league, or tournament committee and the coach are required to submit written reports within 48 hours of the terminated match to club or tournament officials.

Rule 614. SUBSTANCE ABUSE POLICY.

Section 1. The use of illegal drugs, alcohol and tobacco by players is considered substance abuse. The substantiated use and/or consumption of illegal drugs, alcohol, or tobacco by players during North Dakota Youth Soccer Association sanctioned soccer seasons will not be tolerated. Member clubs are encouraged to adopt individual club substance abuse policies and sanctions.

Section 2. The possession and/or consumption of any alcoholic beverage at any practice or game fields during practices or games which are sanctioned by NDYSA by any parent, coach, administrator, volunteer, spectator, player, etc. is strictly prohibited.

Section 3. Disciplinary action will be left to the discretion of the individual clubs. If however the infraction occurs during the inclusive date of the State Cup then the Summer Clubs Committee Chair will appoint a Disciplinary Committee from Committee Members to review the facts and circumstances and will decide if probation, suspension or permanent sanctions are warranted.