

General

- No direct correspondence with the league. Go through Dave, Greg, or Fraser.
- Represent Tyngsboro – Big Picture – Safety, Fun, and Player Development
- Web sites:
 - Tyngsboro Youth Soccer Association (TYSA) web site: <http://www.tyngsborosoccer.com/>
 - Nashoba Valley Youth Soccer League (NVYSL) web site: <http://www.nvysl.org/>
 - Massachusetts Youth Soccer Association web site: <http://www.mayouthsoccer.com/>
- TYSA relies on coaches to distribute important TYSA information and announcements. We very often hear that parents "did not know", or "were not aware" of information we are trying to disseminate. Examples: many families at the practices did not know about the short and sock sale.
- Remind families to visit the TYSA web site often for additional news and organization information

Pre-Season

- Make sure your info is up to date on NVYSL site (<http://www.nvysl.org/schedule.php>, choose your gender and age group then group and then scroll to the bottom). If not, let us know.
- Double check your roster (U10 Rec. teams your rosters are not final – ignore them for now)
- Talk to your players about sportsmanship – How to treat your team-mates. What if something happens?
- Talk to your parents about sideline behavior
 - Don't coach from the sidelines – that doesn't help the kids
 - Cheer good play from either team
 - Never address the referee
- Equipment pickup occurred last Saturday morning during field cleanup. If you don't have your equipment yet, please talk to Amy Schade or your age group coordinator to arrange to get it.
- Jersey pickup will be scheduled shortly as well.

Pre-Game

- Know the FIFA rules plus the NVYSL modifications for your playing format.
- For all games (especially away), it's a good idea to call the opposing coach the week before to verify the game is on and field location (<http://www.nvysl.org/schedule.php> for contact info)
 - Make sure your info is up to date on NVYSL site
 - Exchange mobile phone numbers in case of a last minute cancelation
- Have your team arrive at the field at least 30 minutes before game time
- For home games, you should inspect the field for safety reasons
- Introduce yourself to the referee and get his/her name
 - Provide 2 copies of your certified roster to the referee (so you'll need 16 copies for your 8 games). Provide pass cards for MTOC
 - For home games, provide a referee pay card (with the top filled out) to the referee
- If both teams are the same color, the AWAY team must wear pennies. Team colors are available on NVYSL site when you look at the schedule for your group (<http://www.nvysl.org/schedule.php>).
- For rec. games, if either team is short on players, recommend sharing players – let the kids play!
- Remove all jewelry – even earrings (no new piercings during season)
- Line up for ref when ref asks for equipment check
- Captains for coin toss (depends on ref)
- Parents must watch from opposite touchline from teams (no-one on goal lines)

During the game

- Track score during game

- Sportsmanship
 - 6 goal differentials – Try to be discreet and start before it's a problem - Add or remove players, tell players to aim for side of goal or drop cones subtly behind goal and aim for those. Tell girls they can keep track of how many “goals” the team gets.
- Referees
 - Do not communicate with the referee at all during the game
 - The Refs are young – just learning as well
 - They will miss calls and that is ok.
 - Set an example – support the referee
 - Never talk to the referee during the game
- Playing Time
 - For all recreational teams, play all players about an equal amount
 - For NCUP, MTOC teams, recommend all kids play
- Rule Reminders
 - You can sub:
 - on your throw-ins or the other team's if they sub OR
 - on either teams' goal kicks (NOT on corner kicks at all) OR
 - on kick-offs OR
 - on play stoppage by referee due to injury
 - Goal kicks
 - U10: After a save or on goal kick, ball must touch own half or a player or loss of ball (indirect kick at mid-field)
 - U12: After a save or on goal kick, ball must touch outside other team's penalty area or a player or loss of ball (indirect kick at mid-field)
 - U10: Goal kick taken at least 6 yards back from penalty line.
 - U12: Goal kick taken at least 8 yards back from penalty line.
 - U10/U12: All opposing players must be outside penalty area on goal kicks.
 - Free Kick distances
 - U10: 6 yards away on free kicks,
 - U12: 8 yards away,
 - U14+: 10 yards away
 - Offsides
 - U10: no offsides
 - U12+: offsides rule in effect
 - Time
 - U10/U12: 30 min halves
 - U14: 35 min halves
 - U16/HS: 40 min halves
 - U18 MTOC: 45 min halves
 - If a referee gets one of these wrong – live with it! Enter feedback after the game.
- You are responsible for your parents.
 - Ask them not to coach – that does not help their kids!
 - Ask them not to address the referee and cheer good play from either team
- All individuals working with the kids must be insured and CORI'd. If a coach is not available to run a practice or a game, contact the Division Coordinator to find a substitute coach to help. Do not let parents not on the roster help at practices or games

Post-Game

- Shake hands with the other team and the referee after the game (be good sports)
- Verify score with other coach and/or referee
- Make sure all equipment and trash is cleaned up whether home or away
- Send a score report e-mail to your age group coordinator **by Mon 12pm**. Format:

Team	Group	Game ID	Home Score	Away Score
GU10A	1.1	1.01	Ayer Shirley A 0	Tyngsboro A 1

- U10: Greg Quinn at gregquinn2001@yahoo.com
- U12 or above: Dave Seltz at daveseltz@yahoo.com
- A summary will be sent out to all coaches each week
- After cooling off if necessary, fill out a referee evaluation on the NVYSL site (<http://www.nvysl.org/refreport.php>) – don't complain about quality of refereeing if you don't!

Snack Shack

- The Bridgemoor Snack Shack is run completely by volunteers (led by Judy Ascensao).
- Teams are assigned a 3 hour block of time (typically coinciding with one of your home games).
- The assigned team is responsible for staffing the Snack Shack during that time slot.
 - The coach can find the volunteers or find a team parent to take of staffing it and communicating with Judy.
- If the team does not find volunteers, the Snack Shack will be closed.

Postponements

- Home Games
 - If the recreation department closes fields, the Tyngsboro web site will be updated (www.tyngsborosoccer.com), the NVYSL web site will be updated (<http://www.nvysl.org/fields.php#T>), and you should receive an e-mail.
 - Call the opposing coach immediately to let him/her know and try to identify potential makeup dates/times (your practice slot is always a good first choice).
 - Contact your parents immediately to let them know the game is canceled.
- Away Games
 - Watch the NVYSL site for field closures (<http://www.nvysl.org/fields.php>). If you're not sure, call the opposing coach.
- Remember to still provide a score report indicating the game was postponed.
- Make sure to notify your coordinator of any postponements so referees can be notified (e.g, if you and the other coach decide to postpone a game, let Dave (U12 and up) or Greg (U10) know)

Home Makeup Games

- Ask Dave (U12 and up) or Greg (U10) for some suggested dates/times for a makeup, but one of your practice slots is always a good first option. We will clear field for you if you share one.
- Talk to the opposing coach and identify potential dates/times.
- Provide those potential date/times to Dave (U12 and up) or Greg (U10). We will arrange for the field and notify the ref coordinator. You must communicate with the other team.
- Please schedule them as soon as possible after their originally scheduled date/time
- Promptly provide a score report after the game

Licensing Courses

- TYSA reimburses for G, F, and E for any active coach. D requires board approval.
- Schedule available at http://www.mayouthsoccer.org/pages/188_calendar.cfm

- G - U6/U8 – 4 hours – available on-line now!
- F – U8/U10 – 8 hours, E – U10/U12 – 16 hours, D – U12+ - 36 hours

Fields

- Grass fields open April 1st at the earliest.
- Please let us know what time your practices will start and stop at.
- See rules for Pierce Field usage at <http://www.leagueathletics.com/Page.asp?n=22452&snid=352260485&org=tyngsborosoccer.com>
- No parking or drop-off at all on Clover Hill near Bridgemeanow (you will be towed).
- No hanging on goals
- Goals must have weights on them – they will blow over!
- If you move goals during practice, move them back to game position afterwards.
- During practice, move goals off their normal spot if possible to help turf.
- Check for field closure prior to leaving for practice as well as in the morning and afternoon. You should receive an e-mail from your coordinator but the best way to know is by checking the TYSA web site.

Equipment

- New ice packs available in Snack Shack at Bridgemeanow

Practices

- TYSA recommends that players should in general be able to make 1 practice per week to play on a team.
- Practice schedule is almost final and will be published in the next few days.
- Avoid kids shooting right at start of practice. Start good habits with a fixed warm-up – even for U10.
- Stay away from lines, laps, and lectures. Keep the kids active.
- Have a plan with a focus. See http://www.mayouthsoccer.org/pages/6_practice_plans.cfm for sample practice plans by age group.

Post-Season

- You will be notified when equipment drop-off is toward the end of the season. Please do your best to return all equipment and jerseys back to TYSA!
- Tryouts for next years' competitive teams will be held in June.
- Any playoff games needed for NCUP and MTOC will be between June 7th and 19th.
- NCUP is scheduled for June 19th and 20th.
- MTOC (Progin Park) is scheduled for June 25th – 27th.