

Five Tools for Future Falcons

6 Week Winter Baseball Clinic for Middle School Students

Helen Keller Middle School, 360 Sport Hill Road, Easton

Instructed by the Joel Barlow Coaching Staff



Session 1: 9:30 am—11 am
Session 2: 11 am—12:30 pm
(limited to 12 per session)

2017 Program Dates
January 22, 29
February 5, 12, 26
March 5

\$175 Per Player
*Proceeds to offset Falcon operating costs.
All coaches are donating their time.*

For questions email
falconbaseballct@gmail.com

Clinic Focuses On:
Five Critical Tools

Arm Strength ❖ Hitting for Average ❖ Hitting for Power ❖ Fielding ❖ Base to Base Speed

Four Primary Skill and Technique Training Stations

Throwing ❖ Hitting ❖ Fielding ❖ Base Running

Please return this portion with your check made payable to **Easton Redding Falcons Baseball**, PO Box 347, Redding Ridge, CT 06876 by December 12, 2016. *Sessions will be assigned on a first come, first served basis.*

Player Name _____ Parent/Guardian Name _____

Address _____

Email Address _____ Phone _____

Circle One: Session 1 (9:30-11 am) Session 2 (11-12:30 pm)

Check enclosed _____ x \$175 per player = Total \$ _____ Check Number _____