



2010 Parent/Association Meeting

Agenda

Introductions
 Expectations of Parents
 Association 'Opportunities'
 Boys Game
 Girls Game
 2010 Coaches and Teams
 Questions
 Equipment Exchange

2010 Calendar

April 12 - 13 Boys 7/8 'A' tryouts
 April 15 Boys 7/8 'A' practice begins
 May 1 All other boys team practices begin
 May 15 Girls team practice begins
 June 1 Pictures
 June 14 - 22 Boys Regular Season
 June 14 - 24 Girls Regular Season
 June 25 - 27 (Tentative) White Bear Lake Tourn -
 ALL boys teams
 July 3 - 10 NO GAMES FOR JULY 4th BREAK
 July 17 or July 24 Girls Saturday 'Play Day'
 July 26 - 29 Boys Playoffs
 July 31 - Aug 1 Boys State Championships
 Aug 5 (Tentative) Season End Picnic

Parent Expectations

Let the Official officiate, The Coaches coach and the Players play!
 Be positive at all times
 Help with pre-game set up and post-game take down
 Help the Team Manager
 Help the Sideline Manager
 Player Code Conduct
 View game from the sideline opposite the players area
 Minimum one parent at all practices

Association Opportunitites

2010 Picnic Coordinator
 2011 Vice President - Boys Operations
 2011 Treasurer
 2011 Referee Coordinator
 2011 Field Coordinator
 2011 Apparel Coordinator

BLOOMINGTON
lacrosse

2010 Sponsors



Noteable Websites

Bloomington Youth Lacrosse
www.bloomyouthlacrosse.org

Youth Lacrosse of MN
www.youthlaxmn.org

US Lacrosse
www.uslacrosse.com

5/6 Navy goes all the way

Recruiting in full force

Record Numbers hit the field in 2010

LACROSSE

MAGAZINE

LM Ranks Top 25 Youth Programs

- *Fear the B in 2010*

- *Essential Training Tips*

- *Custom Gear*

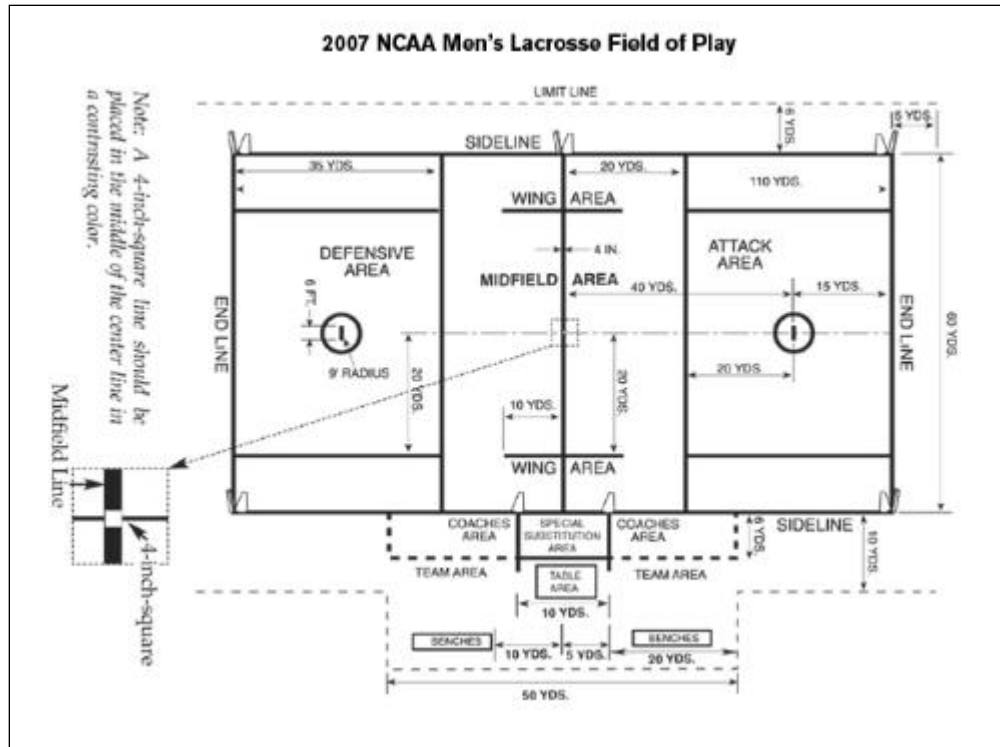




Boys Game Cheat Sheet

Equipment

- Helmet
- Mouth guard
- Shoulder pads
- Arm/elbow pads
- Gloves
- Stick



Game Format

Four 12 minute quarters, running time

Players

10 players on the field; 1 goalie, 3 defense, 3 mid fielders (middies), 3 attack

Penalties

- Possession change
- 30 second penalty
- 1 minute penalty
- Non-releasable penalties
- With running time, penalties are time and a half (30 seconds = 45 seconds)

Other things to Know

Possession:

When a ball goes out of bounds: If it is a shot, the team with the closest player to the ball when it goes out of bounds gains possession. The team that touched the ball last loses possession on all other out of bounds calls.

Substitutions:

Can be made at any time, but must be made through the substitution area when play is live

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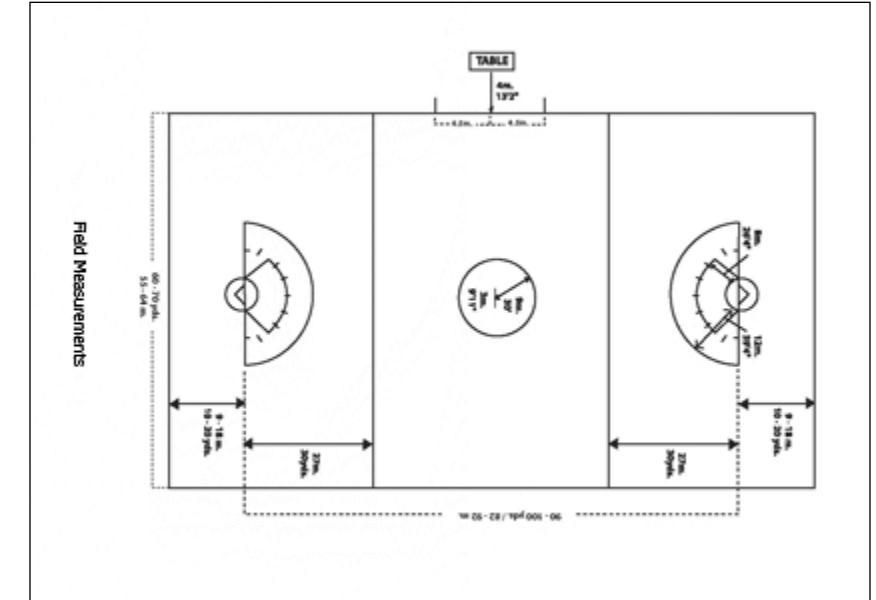
<http://www.uslacrosse.org/education/parentsguide.phtml>



Girls Game Cheat Sheet

Equipment

- Eye Mask
- Mouth guard
- Stick



Game Format

Two 25 minute halves, stop time the last 2 minutes of each half

Players

12 players on the field; 1 goalie, 3 defense, 5 mid fielders (middies), 3 attack

Penalties

- Possession change
- Direct penalty
- In-direct penalty
- Yellow card
- Red card

Other things to Know

Possession:

When a ball goes out of bounds: If it is a shot, the team with the closest player to the ball when it goes out of bounds gains possession. The team that touched the ball last loses possession on all other out of bounds calls.

Substitutions:

Can be made at any time, but must be made through the substitution area when play is live

On a whistle to stop play:

All players must stop and remain where they are until directed by an official or play resumes

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