

What makes a great coach?

10 Steps in Becoming an Experienced Coach

- Have a **philosophy**. Develop a set of principles that you share with your team.
- Teach the **fundamentals**. Develop the player's basic and essential skills .
- **Communicate** well. Simplify your ideas and goals to the players age & understanding.
- Be **enthusiastic**. Always bring positive energy to practice (even if you're having a bad day). Enthusiasm is infectious.
- Do not be a **screamer**. Your job is to make all practices fun and nurture a learning environment for the players. Inspire and motivate and support. Don't just yell!
- **Collaborate**. Develop new ideas and learn from others but be prepared to compromise when necessary.
- **Learns from others**. Seek out expert advice, tips and coaching drills so that your coaching continues to improve. Even the best coaches still have something to learn.
- Have realistic **team & player** understanding. While you might have the ideal offensive and defensive moves in your mind, if your players aren't ready to carry out these moves, modify your strategy.
- **Leadership & Discipline**. Make sure you have a set of rules and boundaries for behavior and conduct, and apply them at all times to all players equally.
- Be **organized!** Make sure you plan your practice drills in advance, targeting specific problems and goals, with new and varied exercises to stop players from getting bored. Start your practice reviewing what you learned from your last game, the good, the bad and the plans to improve.

The biggest enemy your team faces is boredom. To develop players' skills you need them to practice things over and over again. But having a constant stream of new exercises, drills and warm-ups guarantees endless variety.

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