



www.windhamhoops.org

Friends of Windham NH Basketball, P.O. Box 4013, Windham, NH 03087-4013

Parents, Coaches, and Player Code of Conduct:

1. Players should arrive for practice and games only 10 minutes before the start time. Players should be dressed and ready to play. Please don't arrive too early.
2. **Parents should not drop off** siblings or friends during practices or games. Friends and siblings attending games or practices are to be **supervised by parents**.
3. **Parents should pick up players immediately after the game or practice.** Players are not to hang around the gym. It is the coach's responsibility to supervise his team 10 minutes before and after games and practices.
4. Players are not allowed to wear any jewelry, items such as earrings, necklaces, hair combs, etc. (use soft scrunchies for hair) to practices or games.
5. Players must wear appropriate sneakers that do not mark the gym floors. Please wear other shoes to the gym and change when in the gym. Shoes worn outside will pick up gravel which scratches the gym floor. Do **not** wear wet sneakers in the gym.
6. Players should wear the team shirt to all games and practices.
7. **Any player vandalism will result in loss of participating in the program.** This includes calling 911, marking the walls, and damaging property.
8. No roaming through the school building. Playing with basketballs in the foyer and hallways is not permitted. Refrain from yelling in the lobby, school may be in session.
9. Players can bring their own basketball to games and practice. The league will supply the game ball.
10. If school is ever cancelled, there will be no practices or games on that day.
11. Fan participation is encouraged and should be positive and under no circumstances should be negative comments be made towards players, coaches, or referees. Parents, Coaches and Players will display proper sportsmanship at all times. Any fighting or inappropriate language will not be tolerated.
12. Players that receive a technical foul during the course of a scheduled game for infractions that are other than administrative infractions shall be required to be benched for a 10 minute cool down period.
13. Players or coaches that receive two technical fouls during the course of a scheduled game for infractions that are other than administrative infractions shall be ejected for the remainder of that game and are further ineligible for the next scheduled game. Coaches are required to leave the facility and meet with the League's Board of Directors before being allowed to return to coaching.
14. All ejections and un-sportsmanlike or derogatory acts must be reported in to the Recreation Director as soon as practical thereafter the incident.

7th, 8th, and 9th Grade - Recreation Division – Code of Conduct and Playing Rules

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Updated: January 11, 2011

Approved by: Jim Desjardin – Recreation Director



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Playing Rules for 7th, 8th, and 9th Grade Recreation Basketball:

1. All players SHALL see equal playing time; unless a team has only 5 players present no one player shall play the entire game. All players SHALL see action in each half.
2. Each team will be responsible for providing a parent volunteer, one to keep the scorebook and the other to run the clock.
3. If a team has less than 4 players in attendance, the game will be forfeited. The scheduled time and referees will be used for a scrimmage game. (Only if there is enough players to create 2 teams)
4. All games are to be played using the full court.
5. Length of each half will be 20 minutes running time. Clock stops only for time-outs, (or when referee deems necessary) except for the last two minutes of the game, which will be "Stop Time". On shooting fouls, the clock will be stopped for the first shot only and will revert to running time once the first shot is taken.
6. Only 2 time-outs per half will be allowed.
7. If the game is tied at the end of regulation, the game ends as a tie. No overtime period will be allowed.
8. Jump balls will result in alternating possessions.
9. Personal foul totals will be tracked by the officials. Officials will instruct the players as much as possible as to what they have done wrong. Any player receiving 5 fouls will be put out of the game.
10. If a team has only 5 players present and one fouls out, they will be taken out of the game and the team will be allowed to continue to play shorthanded.
11. Teams will **only be allowed to play man-to-man defense**. No zone defense will be allowed.
12. Defenses will not be allowed to pick up their players until the top of the key. No pressing or trapping will be allowed until the last 5 minutes of the game. At that point "Traps" and "Presses" (both full and half court) will be allowed.
13. Ten (10) seconds will be allowed to advance the ball over half court.
14. An offensive player is allowed three seconds in the key.
15. Three point shots are allowed.
16. Teams should make every effort to not run up the score.

Please do your part by following the rules and help make our season more enjoyable.

7th, 8th, and 9th Grade - Recreation Division – Code of Conduct and Playing Rules

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