

## **MODIFIED RULES FOR U8 and U10 PLAY FOR GDSC**

### **PLAYING FIELD**

For U10 play, the game will be played side to side in half a normal field. U10 dimensions shall be approximately 45 by 60 yards. U8 fields are approximately 35 by 50 yards

### **MARKINGS**

Kick off point is at the center of the field. There is no goal area. Penalty area marked by the penalty line 12 yards from the goal line, one side of the field to the other

### **GOALS**

Approximately 6 feet tall by 4 yards wide.

### **NUMBER OF PLAYERS**

For U8 play, a team will consist of 5 players (including the goalkeeper)

For U10 play, a team will consist of 6 players (including the goalkeeper) and a minimum of 4 players. The maximum roster size will be 11 players.

### **THE BALL**

The ball size is size 3 for U8. The ball size is size 4 for U10.

### **DURATION OF PLAY**

U8: There will be two 25 minute halves with a 5 minute half time

U10: There will be two 30 minute halves with a 5 minute half time

### **OFFSIDE LAW**

The offside law does not apply

### **8 YARD RULE**

Opposing players shall be 8 yards from the ball on the kickoff, corner kicks, direct kicks, and indirect free kicks rather than 10 yards as normally required for 11v11 play. On goal kicks opposing players are only required to be outside the penalty area..

### **PENALTY KICK**

The penalty spot will be 9 yards from the center of the goal. All players except for the goalie and the kicker must be behind the half way line until the ball is kicked.

### **GOALKEEPER SAVE**

After a goalkeeper takes possession, the ball must next touch a player or the field in the defensive half of the field or there is loss of the ball. Play restarts with an indirect free kick at the halfway line. This rule applies to throws, punts or drop kicks.

### **GOAL KICK**

The goal kick shall be taken in the penalty area from anywhere at least 6 yards behind the penalty line. On a goal kick, the ball must next touch a player or the field in the defensive half of the field or there is loss of the ball. Play restarts with an indirect free kick at the halfway line.

### **INDIRECT KICKS**

Indirect kicks by the offensive team due to a foul by the defensive within the penalty area shall be taken on the point on the penalty line nearest the spot of the infraction.

### **DROP BALLS**

A drop ball due to an event within the penalty area shall be taken from the point on the penalty line nearest the spot of the infraction.

### **SUBSTITUTIONS (For U10)**

Same as NVYSL bylaws. Subs may be made, with the consent of the referee, at the following times:

- a.) prior to a throw-in in your favor. *If a team is making a substitution on its own throw in, then the other team may also make substitutions;*
- b.) prior to a goal kick by either team;
- c.) after a goal by either team;
- d.) after an injury by either team, when the referee stops play;
- e.) at half time

### **SUBSTITUTIONS (For U8)**

Substitutes can be made at any stop in play. Coaches may come onto the field for player positioning during stoppage of play. Coaches are highly encouraged to stay off the field while play is on.