Ice hockey for individuals with developmental disabilities



## Northwestern "Happy Hawks" program is dedicated to providing children from the ages of 4-10 with a developmental disability the opportunity to play ice hockey.

Our therapeutic program teaches skating and hockey skills, as well as gives the player the opportunity to play a team sport. Through hockey, the program emphasizes the continued development of individual life skills such as self-reliance, dependability, focus and confidence.

## Prior skating or hockey experience is not required.

| WHAT  | 12-week hockey season                             |
|-------|---------------------------------------------------|
| WHEN  | Sundays 2:30 – 3:30, December 7th – February 22nd |
| WHERE | The Gunnery 99 Green Hill Road, Washington, CT    |
| соѕт  | \$250.00                                          |

Our mission is to provide training in ice hockey for individuals with developmental disabilities. The overall goal of our organization is to allow all individuals the opportunity to experience the excitement that comes with learning a new skill. The skill sets learned will encompass skating, the game of hockey, and being a member of a team. We offer friendships, self-reliance and a team experience to our athletes and families.