

CAPTAIN COMMUNICATION 10/8 - 10/15

COMMUNICATED 10/8

Thursday, October 11: School

- Jersey
- Jeans

Friday, October 12: School

- Uniforms
- Bodyliner included

Friday, October 12: Homecoming Game against Mt. Lebo

- **JV cheers first half**
- **Parade at 6:30 PM**
- **Time:** Meet at Stadium at 5:45
- **Attire**
 - Red lipstick (USA Theme)
 - Black scoop neck bodyliner
 - Uniform skirt
 - Uniform top
 - White high socks
 - **Pink poms (distributed at 10/1 practice)**
- **Hair**
 - Central hair
 - **Pink bow (distributed at 10/1 practice)**
- **Additional Gear**
 - Seniors bring megaphones
 - Black fleece jacket
 - Black quarter zip
 - Black flared yoga pants
 - Trash bag to put cheer bag in if it rains
 - Rain gear
 - Hat
 - White jacket
 - Poncho

Monday, October 15: Practice

- **Time:** 5:30-7 PM (sign painting 5-5:30)
- **Attire**
 - Black practice shirt
 - Black shorts
 - Black bow