

February 1, 2018

Dear Parents and interested Cheerleaders:

Welcome! It is our goal as coaches of Pine-Richland Cheerleading for us to provide a dynamic program where students may fulfill their individual potential as well as develop a core set of skills, enabling participants to work within a TEAM. We want the cheerleaders to strive for success while participating at a level that is commensurate with each athlete's maturity and ability. Under qualified adult leadership, they will have proper preparation, in safe and healthy conditions, prior to participating in events. Participants are treated with dignity and respect and coaches expect the same in return from the cheerleaders and their parents.

It is important as potential parents of a Pine-Richland cheerleader, to understand the expectations and the costs associated with the organization. This is a legacy program and has been carefully developed and reviewed by the administration, the Athletic Office, and the coaches. This is an overview of what it will mean to belong to the organization but is not all inclusive of all unforeseen circumstances, such as moving on through playoffs in all sports and going further to Nationals in cheerleading.

Please keep this information handy as we move through the season.

Respectfully,

Coach Egged, Coach Doyle, Coach Kamenicky, Coach Drury, Coach Jones

Tryouts:

Tryouts will be held at the high school in the green gym the week of April 16th.

3:00 – 5:00 p.m. Monday through Wednesday to learn the information

3:00 to completion on Thursday April 19th

There will be a make-up try out for cheerleaders who have a medical excuse to not participate in tryouts.

In order to make the team you MUST be medically cleared before camp starts in mid-August.

Teams will consist of: (all grades listed as of Fall 2018)

Varsity Sideline:

Seniors* and Juniors

Season includes Football/Basketball/Any sport requesting cheering

Junior Varsity Sideline:

Sophomores and Freshmen

Season includes Football/Basketball/Any sport requesting cheering

Middle School:

8th Grade and 7th Grade

Season includes Football/Basketball/any sport who requests cheering

Varsity Competition Team:

Open to Freshmen, Sophomores, Juniors and Seniors

The highest scoring girls per position; flyer, base, back spot, and who are interested in being a member of the team. We are not certain of the size of the team or which division for competitions. Making the team does not mean seeing mat. Alternates will be selected.

** With the approval of the administration we will continue the tradition of Rising Senior Varsity Sideline Cheerleaders do not have to try out for Sideline. They will have to try out for the Competitive Team*

If a Cheerleader is unable to complete the season for any reason, the coaching staff will fill-in the position as needed from the overall membership of the squad. The decision is at the full discretion of the coaching staff.

A Cheerleading Contract must be signed and returned on the first day of try outs.

Dress requirements for try outs each day will be; white T-shirt, black Soffees, white socks, white shoes, hair pulled back into pony tail, and white bow.

Having a positive attitude is extremely important. Participants' attitude during tryouts will be observed and points will be awarded for those with a strong, positive attitude and positive behavior. Points will be deducted for those who show negativity or no real interest in being a cheerleader. It is important for participants to have strong skills. When a participant does not demonstrate team spirit or is not enthusiastically involved as a member of the Pine-Richland Cheerleading organization, their behavior will not be tolerated.

All judging will be completed by UCA judges and the Head Coach.

PIAA Requirements

Please reference Pine-Richland School District Policy on both attendance and academic requirements.

Pine-Richland Cheer Requirements and Expectations

Being selected to be on the Pine-Richland Cheer Squad is an HONOR and should be respected as such. Bad mouthing the team Negative comments about the team, individual teammates, or negative social media chatter will result in one warning. After the second infraction, the team member will be dismissed from the team.

Attendance at all games and practices is MANDATORY. Excused absences are lifetime family events such as a wedding, death in the family/friend, illness, with a doctor's note submitted at the next practice or event. Do not schedule prescheduled doctor, dentist, physical therapy, etc. appointments during practice times. The doctor excuse is for sickness or injury only.

Unexcused absences will result in:

First offense - Sit on sidelines dressed with coach

Second offense - Sit on sidelines dressed with coach and meeting with parents

Third offense - Dismissed from team

Competition Team: Minimum tumbling requirement - standing back tuck and connected running tumbling pass

Varsity: Standing back handspring is recommended and back tuck preferred

JV/Freshman/middle: Working toward standing back handspring and back tuck

All teams are required to tumble on mats, on the track at football games, and on the court at basketball games.

Cheerleader Responsibilities and Costs

The organization loans the girls the uniforms and pom poms. The expectation is they are returned to the organization in good condition. All other required gear is the responsibility of the cheerleader. This includes but is not limited to:

- Bows
- Practice T-Shirts
- Camp Gear
- Soffees
- Shoes
- Team White Jackets

Cheerleaders will wear specified uniforms and gear during the school day prior to games.

Uniforms need to be maintained, cleaned, and pressed as the team represents Pine-Richland.

DISRESPECT will not be tolerated. Disrespect to the squad, school, coach, or self will be cause for dismissal.

The school district's policy on drug, alcohol, tobacco and vaping will be strictly enforced.

Tardiness to practice or games will result in sitting during that or the next game.

How much time does cheerleading take?

Varsity:

Mandatory UCA camp starts August 13, 2018 and team members MUST be available all week.

During the football season practice will be two days per week plus game day.

During the basketball season practice will be one day per week plus two games.

Junior Varsity:

Same schedule as varsity

Middle School:

Mandatory UCA camp starts August 13, 2018 and team members MUST be available all week.

Practice for all seasons will be one day per week plus game days

Varsity Competition Team:

You are part of the recreational squad and those obligations MUST be kept.

Practice for the competition team can be up to six days per week from September through Nationals in early February.

Practices are typically scheduled at the high school, however, if space is not available practice will be held at an outside gym at an additional expense to the cheerleaders.

Additionally, there will be many weekend competitions that will take you to other cities including Orlando for Nationals.

Additional gear is required.

An estimated cost for completion squad members including gym time, gear, travel expenses, competition costs, choreography, and tumbling is approximately \$2,500.00 per year.

We hope that the 2018-2019 season is an enjoyable one for cheerleaders, parents, coaches and the school.

Sincerely,

Coach Egyed

Questions? Contact Coach Egyed

Pre-Tryout Parent Meeting: Monday, March 5, 2018, 6:00-7:00 PM at PRHS (Sideline & Competition Teams)