

Bradford Ski Team

Handbook



2016-2017

Bradford Ski Team
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INTRODUCTION

Warning

Please refer to the “Bradford Ski Team Assumption of Risk and Release of Liability and Indemnity Agreement” (provided at online registration) for further detail of inherent risks associated with skiing, ski racing and associated activities.

This Handbook is intended for informational purposes only and is not a legal reference. Efforts have been made to provide accurate information, but BST Policies and Procedures may provide conflicting information. Higher level documents override this Handbook.

Goals

The Bradford Ski Team, Inc. (BST) and its programs shall be as inclusive as possible. BST members have a range of ages, abilities and interests. While the Board wants the racers to develop life-long skiing skills and to be as competitive as possible, a fun, positive experience for all is most important.

Objectives

- Provide the opportunity for youth members through Grade 12 to participate in ski racing.
- Provide sociability necessary to maintain enthusiastic and active participation.
- Provide improved physical conditioning consistent with development of the skill of skiing.
- Promote ideals of good sportsmanship and participation as a member of a team.
- Provide supervision through coaches and parent volunteers to allow members to compete with others of the same age and/or ability.
- Conduct other activities consistent with the goals and objectives set forth above.

GENERAL INFORMATION

The Eastern Massachusetts Buddy Werner League (EMBWL) is a youth ski race league comprised of independent ski clubs. It is a recreational racing program, ages U8 (under 8 years of age) to U19 (16, 17 and 18 years of age), with the goal of making participants better skiers and racers. The focus of this program is on fun, skills, etiquette, technique, and an introduction to racing and competition. While it allows an introduction at all age levels, many of the participants are or become highly skilled racers.

League Member Teams

The EMBWL is currently composed of five teams from the Eastern Massachusetts area. These teams include Bradford, Bogastow, Nashoba, Prospect Hill and Ski Ward. Home mountains are as follows:

<u>Team</u>	<u>Ski Area</u>	<u>Area Website</u>
Bradford	Ski Bradford	www.skibradford.com
Bogastow	Blue Hills Ski Area	www.ski-bluehills.com
Nashoba	Nashoba Valley Ski Area	www.skinashoba.com
Prospect Hill	Blue Hills Ski Area	www.ski-bluehills.com
Ski Ward	Ski Ward	www.skiward.com

Occasionally, races may take place at Wachusett Mountain Ski Area (www.wachusett.com).

Racer Prerequisites

All racers must be able to ride the ski lifts unassisted and ski the terrain at Bradford Mountain (and other member mountains) with a degree of comfort and control. All Racers must be able to independently return to where their team is practicing and find their way around the mountain. BST is intended to be a learn to race program, not a learn to ski program.

EMBWL Rules

The league operates under the rules and bylaws of the Eastern Massachusetts Buddy Werner League (EMBWL). EMBWL Race Rules may be found on the League Website (www.embwl.org) as well as the BST website (www.bradfordskiteam.com). These Rules are the overriding authority and shall supersede the Bradford Ski Team Handbook.

Equipment

Please refer to the League Rules (www.embwl.org) for equipment regulations; rules can and do change and this may affect your purchase decisions. For those racing United States Ski and Snowboard Association (USSA) races, please refer to the USSA Rules (<http://alpine.usskiteam.com/alpine>) for equipment guidance.

At all ski areas, skis, poles and associated equipment are to be properly stored on provided ski racks. No equipment is to be left on the ground where it will present a hazard to others using the area. Equipment left on the ground may be damaged or cause damage to others' equipment. Some ski areas have stated that equipment will be removed and this could result in loss or damage to your equipment.

Communication

The BST website (www.bradfordskiteam.com) is your primary source of team information. **In the past, Member families were given access to a members' only**

portion of the website. Our latest website is under development and it is hoped to include this feature.

Email is also used, especially when contacting individuals. Members are automatically signed up for email distribution, following online registration. If you require mailings to additional email addresses, please visit the team website (www.bradfordskiteam.com), select the "Contact" tab and provide your request. Or email: info@bradfordskiteam.com.

TEAM REGISTRATION

Registration for BST is typically October 1st through November 30th. Information is posted on the team website or may be found on the online registration site:

[Link to Bradford Ski Team Registration](#)

Online Fees

Online fees are assessed by the website and are not passed through to BST.

BST Registration Fees

Team registration fees do not include lift tickets.

Team registration fees pay for our coaches, the Buddy Werner League (BWL) fees, Ski Bradford mountain fees, on-hill race equipment (e.g. drills, timing equipment, brushes and stubbies etc...), and all other expenses relating to practices and races. All administration and coordination of the program is done by volunteers.

Age Classifications

Grouping of skiers is done according to the United States Ski and Snowboard Association (USSA) guidelines. Your child's age classification is determined by their birth year or their age as of December 31 of the current ski season.

The age groups for the **2016/2017 season** are divided as follows:

Class	Age In Season (as of 2016-Dec-31)	Year of Birth
U19	18	1998
	17	1999
	16	2000
U16	15	2001
	14	2002
U14	13	2003
	12	2004

Class	Age In Season (as of 2016-Dec-31)	Year of Birth
U12	11	2005
	10	2006
U10	9	2007
	8	2008
U8	7 and younger	2009

Enhanced

The Bradford Ski Team offers an Enhanced Group for 2nd year U10's and all U12 through U19 racers who have been members of the team for at least one year. If you are new to the team and have an interest in the Enhanced Group, please contact the Head Coach or Assistant Head Coach at Info@BradfordSkiTeam.com.

The Enhanced Group is for those racers who want a little more training and/or who might be interested in racing in USSA races outside of the EMBWL. This Enhanced Group is not to be construed as an "Elite Team," it is not. The decision to join is that of the racer, regardless of ability, past performances, or past results.

The Enhanced Group may hold extra practices at Ski Bradford, go up north to larger mountains for added challenges (sorry, the U10s are not included in these northern trips,) and/or attend races outside of the regular league races. To enter any USSA race, the racer must be a registered member of The United States Ski & Snowboard Association (USSA). Visit the USSA website (www.ussa.org) for information and USSA fees. Late fees may apply after October 15.

To further their knowledge and understanding, the Enhanced Group receives a number of articles throughout the year on various technical, tactical, mental, and conditioning concepts and other, hopefully interesting, topics. There is also a summer program for the Enhanced Group which consists of fun activities, dry-land training and workouts, and "At-Home Challenges."

In order to participate with the Enhanced Group, racers must select the Enhanced U-group that corresponds to their age. Please note: Enhanced skiers are charged an additional fee in addition to the fee associated with the regular registration for their age category.

Specific USSA races will be selected that the team will support. Any races entered outside of those listed will be the responsibility of the parent and racer to enter as an independent (IND), find proper coach representation, and to cover any and all associated costs. A skier requires coach representation for participation.

USSA races are in addition to the EMBWL schedule. They do not count toward the minimum number of races required to qualify for participation in the league championship race.

Transportation, room/board, entry fees, and lift tickets are the responsibility of the individual racer.

To learn more about the Enhanced Group, visit the team website (www.BradfordSkiTeam.com) [Website Under Development -Feature Coming Soon]

Concussion Policy

Parents/guardians will be asked to acknowledge and sign a copy of the concussion policy as a condition of team membership, during the registration process. For further information on concussions, please reference the USSA and CDC links provided:

[USSA Concussion Policy](#)

[CDC Heads Up Concussion Material](#)

PRACTICES

Practices start promptly at 6:30 pm at SkiBradford.

Skiers will be asked to write their name on a piece of masking tape and affix this to the front of their helmet to facilitate identification during Practice

Practice Schedule

U8 skiers will train on Tuesday and Thursday evenings, 6:30-8pm,

U10 and older skiers will train Tuesday and Thursday evenings, 6:30-8:30pm. The Head Coach may extend the practice to 9:00 pm on some of the nights. Normally, advance notice will not be given. Any extension is strictly voluntary on the part of the racer and parents.

Practice Tickets

Discount tickets can be purchased for \$25 from a BST representative inside the lodge on practice nights. **CASH ONLY!** (Ski Bradford does have an ATM inside the lodge.) \$22 of the ticket price goes directly to Ski Bradford to the cost of the skier's ticket. BST collects an additional \$3, which is used to cover the cost of coaching tickets. Season ticket holders will not be required to purchase tickets, but they will be required to show their pass each night at the exterior ticket window (run by the mountain and not BST) and get a ticket to wear during practice.

Practice Arrival

Skiers can arrive as early as 6:00 pm to purchase discounted lift tickets from a BST representative. All racers need to be outside, on snow, fully dressed, skis on and at their meeting place, by 6:30 pm. Skiers will meet their coaches outside the lodge, slope-side near the large pine tree. Please be on time!

Enhanced Practices

Additional practices may be held for skiers registered as Enhanced Racers. Notification will be provided as to date and time.

Practice Cancellation

Practices may be cancelled due to weather or conditions and notice will be given as early as possible. Emails will be sent to members. It is recommended that members check their email and the website ahead of practices to be certain that there are no last minute changes or cancellations.

RACE DAY

Rules - Refer to the Eastern Massachusetts Buddy Werner League Website [Link to EMBWL Race Rules](#) for the latest Race Rules.

Race Schedule

The race schedule will be posted on the team website (www.bradfordskiteam.com).

Race Tickets

BST may be able to purchase discount race tickets to some of the member ski areas. When this is the case, BST skiers will be made aware via email, and tickets will be available on a first-come, first-served basis.

Ski Bradford offers multiple ski ticket discounts. Pricing is listed on their website (www.skibradford.com). Please visit the websites of other member ski areas for possible ticket discounts.

Season passes are also available, and will be honored during races, but only at their specific mountains; i.e. a Ski Bradford season pass will not apply to a race held at Nashoba or any other member mountain. **Additionally, certain seasonal passes only apply to specific day or time periods. Be certain you get the correct pass for practices and races. A Full Season pass will apply to evening (practice) sessions and weekend days (races). Best discounts are available prior to October 15, a lesser discount is available prior to November 15, and regular rates apply thereafter. It is important for you to do the calculations to determine if a season pass is the right choice for you.**

Tickets for away races can be purchased at the host mountain.

Race Arrival

Please refer to the BST Website (www.bradfordskiteam.com) for registration time and other details. Specific information will be posted on the website ahead of the race. An email will be sent ahead of the race with relevant information.

Please arrive ahead of registration time. An early arrival will ensure that you will have ample time for the course inspection.

Race Cancellation

There is rarely a change in our race schedule. However, any changes will be announced as soon as possible. Emails will be sent to members. It is recommended that members check their email and the website ahead of races to be certain that there are no last minute changes.

Race Chairpersons should refer to the League Rules, as there are additional responsibilities involved in a race cancellation.

Racing Format - U8 (7 years and younger)

U8 racers will ski on a different course than the older racers. Their course will typically be shorter and simpler and will consist of not more than 10-12 gates. U8 racers will be allowed to ski a practice run through the gates, when directed to do so by their coach(es).

The race will consist of two runs. On the first run, the girls will go first in bib order, followed by the boys, in bib order. On the second run, the girls will go first again, but this time in reverse bib order. The boys will then complete their run in reverse bib order.

Parents and others on the side of the U8 race course may assist a fallen U8 racer (except in the case of injury). Coaches and parent volunteers will assist the racers at the start and finish areas.

In the case of injury, no parent or coach will be allowed onto the course, except a Certified Bradford Coach. The Certified Bradford Coach will contact the ski patrol immediately, if their assistance is required.

Racing Format - U10 and up (8 years to 18 years)

U10, U12, U14, U16 and U19 racers will ski either a slalom (tight turn) or giant slalom (wider turn) course. The discipline will typically be known ahead of time, but weather or slope conditions may necessitate a change of discipline. Racers will inspect the course with their coach(es) by slipping along the course edge. Racers may be split between two different courses, therefore it is necessary for the racers to be certain they are inspecting the correct course.

No practice runs are allowed through the course. Skiing through the gates on the course can result in disqualification under EMBWL rules. Pending EMBWL rule revision may also include snowplowing through the course as a disqualification.

The race will consist of two runs. On the first run, the U10 girls will go first in bib order, followed by the U10 boys, in bib order. Progression will follow in advancing age classification through the remaining groups. On the second run, the U10 girls will again go first, but this time in reverse bib order. The U10 boys will then

complete their run in reverse bib order. Progression will again follow in advancing age classification through the remaining groups.

When two courses are set, side-by-side, for the U10+ race, there is normally a split in the U12 group with either the U12 boys racing on the same course with the U10's or the U12 girls on the same course with the U10's. When that happens, the U12 group racing on the course with the older groups will go ahead of the older groups.

On one course, it will be U10 girls, U10 boys, and the U12 group. On the other course, the race order will be U12 group, U14 girls, U14 boys, U16 girls, U16 boys, and finally the U19 girls followed by the U19 boys. The second run will be the same group order with the bid order reversed within each group.

Assistance by parents and others on the side of the race course may not be given to a fallen racer. See the EMBWL rules regarding the limited vocal assistance Gate Keepers can provide to skiers (www.embwl.org).

In the case of injury, no parent or coach will be allowed onto the course, except a Certified Bradford Coach. The Certified Bradford Coach will contact the ski patrol immediately, if their assistance is required.

Race Rules

The league operates under the rules and bylaws of the EMBWL. EMBWL Race Rules may be found on the League Website (www.embwl.org). These Rules are the overriding authority and shall supersede the Bradford Ski Team manual. You are encouraged to read these rules.

Scoring

We would like to emphasize to all parents and racers that we race as a team as well as individuals. Every racer on the team has the opportunity to score points for the team regardless of their skiing ability. Boys and girls are ranked separately. The times of both runs are added together for each racer's total time. The top ten (10) finishers in each age/gender class receive points and are awarded ribbons, with 10 points given for first place, 9 points for second, and progressing to 1 point given for tenth place. The U8 racers who do not place in the top ten receive participation ribbons. The U8 ceremony is usually held after their race is completed and scored. This is ahead of the completion of the older racers' event. The ribbons for the older racers are given out after their race is completed and scored. Racers are encouraged to stay for the awards and to cheer on their teammates (and the racers from the other team(s)) whether they placed individually or not. This is a great time for the team to demonstrate its good sportsmanship.

SPECIALTY RACES

Piche Qualifier Race

The Francis Piche Trophy Qualifier is a state-wide qualifier with participants from Tri-State East, Tri-State West, Interclub and the EMBWL. It is a USSA sanctioned race which requires each racer to hold a valid, current USSA racing membership. Within the Buddy Werner League, each team is allotted 12 slots total. These 12 slots are shared amongst U12 girls and boys and U14 girls and boys, with no restriction as to allotment of the slots.

Francis Piche Invitational Race

As far as the EMBWL is concerned, the Francis Piche Invitational Race is only open to those selected via the Piche Qualifier Race. It is not an EMBWL event. It typically spans five (5) days. Wednesday and Thursday are optional informal training days, Friday is also optional. It consists of clinics, and provides an opportunity to meet and train with athletes from across the region. Saturday will be two (2) runs of GS, with awards for team and individual performance. Sunday presents an optional two (2) run slalom (SL) race. Entry for the slalom will be Online only. Visit Gunstock's website for details (www.gunstock.com). Only qualifiers of the Piche may participate in the Sunday slalom race (it is not an open race).

The Francis Piche Invitational Race is open to selected U12 and U14 racers and is held at Gunstock Ski Area in Guilford, NH, usually during the second or third weekend in March. Each year, a multitude of states are represented. A set quota of the top finishers in each age group (in the Massachusetts Piche Qualifier Race) advance to the Piche Invitational.

BST racers are chosen to compete in the Qualifier by the BST Head Race Coach along with concurrence from the President. There are a number of subjective and performance related considerations taken into account for selection.

All decisions with respect to participation in the race are final. The Piche Qualifier does count towards the minimum number of races required in order to be eligible for the EMBWL Championship Race.

EMBWL Kathy Bartolini Trophy Race

The Kathy Bartolini Trophy Race (Fun Race) is intended for all EMBWL racers not participating in the Piche Qualifier. This race is open to all age classes. This race does count towards the minimum number of races required in order to be eligible for the EMBWL Championship Race.

League Championship Race

The EMBWL holds a Championship at the end of the season. U10, U12, U14, U16 and U19 racers must participate in at least one-half of EMBWL's regular season race days which are actually held, not scheduled, to be eligible to participate in the League Championship Race. If the number of race days actually held is odd, the

racer must participate in at least one-half of the race days rounded down. A race day in which a team races against two opponents is considered 1 race day.

U8 racers are not required to attend a minimum number of race days to be eligible to participate in the League Championship Race.

Please see the League Rules (www.embwl.org) for exceptions to the minimum number of required races.

Fulfillment of parental volunteer responsibilities is a requirement for a skier to participate in the Championship Race.

The top ten finishers in each age group will receive awards, and U8 participants not in the top ten will receive participation ribbons. The Championship Race is usually held the last Sunday in February or the first Sunday in March. A trophy for the team with the winning score for the day is awarded. Hope for good weather, as a barbecue is held at the base of the hill.

REQUIREMENTS

Practice and Race Day Volunteer Positions

Parents are required to participate in a volunteer capacity for at least two races or practices. Online registration will allow parents to specify desired positions and efforts will be made to honor those requests. However, as needs dictate, it may be necessary to ask parents to perform in additional and/or different capacities. The volunteer coordinator(s) will assign positions to parents. Parents will be responsible for arranging for substitution if they are unable to perform their assigned duties. Failure to fulfill volunteer responsibilities may result in your child being unable to compete in the Championship race.

Racer's Commitment

Members of BST are expected to attend as many practices as possible (up to two per week). Racers are also strongly encouraged to attend all regular season races (or as many as possible) and to participate in the Championship Race. Remember, to qualify for the Championship Race, U10-U19 racers are required to attend a minimum number of races. See the League Championship Race section. There is no minimum number of races for U8.

Get in shape and stay in shape. A racer who is in good physical condition has a better chance of success and a lesser chance of becoming injured. Athletes require adequate sleep. We suggest that all racers get in a good night's sleep before practices and especially before races. It is equally important to maintain a healthy diet. Make sure you eat before practice and eat a good breakfast before a race. Eat and drink fluids during the race.

Review race rules and race day procedures with your parents and/or coaches so you know what to expect and will be ready to participate.

Always show respect to all Coaches and racers, both on your team and on the opposing team(s). Show respect to the person and to their property. The same level of respect needs to be shown to the owners and staff at SkiBradford and to the owners and staff at other mountains. Lastly, don't forget to show respect for your parents who support your ski racing and other activities.

Equipment and Clothing

Please see the EMBWL League Rules (www.embwl.org) regarding equipment requirements. In general:

- Ski boots - should be well-fitted front-entry boots.
- Skis - skis should be safety checked by a reputable ski shop before use. Skis should be properly maintained and tuned. Snowblades are not allowed. Ski length should be appropriate to the age group and discipline.
- Poles - all racers should use properly sized ski poles. Baskets must be in place. Broken poles or those with missing baskets are not allowed.
- Helmets - are mandatory for all practices and races. Please see the EMBWL League Rules (www.embwl.org) regarding equipment requirements. Not all helmets are acceptable. For those Enhanced racers and others entering USSA races, helmets must conform to USSA rules (<http://alpine.uskiteam.com/alpine>).
- Goggles - are recommended for all skiing activity. Lens color may be changed to match the current conditions.
- Clothing - weather appropriate clothing should be worn to all practices and races. Please remember that temperatures on the chairlift and at the summit are usually colder than your backyard. Layering works best. You can then add or remove layers as needed to stay warm and comfortable.
- BST Name Tag - Skiers will be asked to print their name on a piece of masking tape and affix this to the front of their helmet for easy identification during practice sessions. This is not necessary for race day.
- Equipment Storage - At all ski areas, skis, poles and associated equipment are to be properly stored on provided ski racks. No equipment is to be left on the ground where it will present a hazard to others using the area. Equipment left on the ground may be

damaged or cause damage to others' equipment. Some ski areas have stated that equipment will be removed and this could result in loss or damage to your equipment. Skis are not to be leaned against the race or storage sheds.

PRESENTATIONS/CLINICS

- **Fall Kickoff/Ski Swap:** The Kickoff is held at Ski Bradford and opens the season for the team. It is generally held on a Saturday in mid-November and runs from 1:00 pm - 4:00 pm. All skiers and their parents are asked to attend. This gives new skiers a chance to meet other athletes and it allows old friends to become reacquainted. Skiers will also have a chance to meet their coaches at this time. More importantly, it is a means for families to become involved in the organization and to learn what the season will involve.

In conjunction with the Kickoff, the team hosts a Ski/Equipment Swap where racers and parents can bring equipment, ski clothing, race suits, etc. to sell or swap. Others can check out the gear for purchase.

- **Orientations:** Three separate orientations are held for the U8 Group, the U10+ Group and the Enhanced Group, respectively.

While everyone is welcome, the U8 Orientation is more for the parents so they can find out what to expect for the upcoming year. The other two are aimed directly at the racer to go over conditioning, technique, tactics, and the mental skills of the sport; topics which, due to a lack of time, can't be adequately covered during regular practice time during the season.

- **Tuning/Waxing:** Ski preparation is vital in ski racing and is an area often neglected due to a perceived complexity. Tuning and waxing is a relatively simple task which can be competently undertaken with a little instruction.

Two separate clinics are provided (typically, in mid to late November). One clinic is an introduction to ski tuning and ski waxing. It is a demonstration where the steps and techniques, from base repair, sharpening, and waxing, are explained and shown in an easy to understand manner.

The other clinic is a "Hands-On" clinic where the racer/parent brings their own skis, tuning table, vices, and tuning equipment. While different steps are explained, the individual has an opportunity to put the information to use under supervision, receiving feedback and individual instructions as necessary to help "perfect" their technique. (Waxing is not a part of this clinic but any questions are addressed and answered.)

SOCIAL

The social scene is an active part of the BST experience.

- The end of the year Banquet is an important and wonderful social event for the BST families. It is held in celebration of our racers, who have skied hard all season long, and their parents, whose time in volunteering is invaluable to the team's success.
- BST is well known for its spectacular home meet pot luck offerings. We set up a team tent that offers a place for BST families and racers to gather, socialize and refuel between races. BST always supplies the coffee and hot chocolate. All families are encouraged to contribute to the pot luck and participate in the food and festivities. Healthy contributions are encouraged. Outlets are provided for hot pot savories. Please remember that this tent area is a privilege allowed by the owners of SkiBradford to BST. Skiers are asked to be respectful of this privilege by keeping the tent area clean by picking up after yourselves.

VOLUNTEER JOB DESCRIPTIONS

(A website will be maintained for position sign-ups. See website for greater detail.)

Announcer: Uses a bullhorn or other broadcasting device to announce racers as they leave the starting gate and to announce their finish times.

Bib Collector: Reports to bottom of racecourse at the beginning of the second run. Collects bibs from racers as they complete the second run. Return collected bibs to the race shack.

Bib Master: Takes bibs home after each home race. Dries, numerically sorts, stacks and stores bibs until next race.

B-Net Crew: This crew will be responsible to set up the B-Netting before each home race. You will need to report to Bradford Ski Area on Saturday evenings to help with the setup

Calculations: Reports at the end of the U8 (7& under) race to Race Shack. Calculates top 10 racers.

Gatekeeper: Reports to gatekeeper's meeting ahead of the race. Observes racers as they proceed through assigned gates, records bib number of racers who fail to pass through assigned gates on the Gate Judge Card. Helps with gate maintenance when necessary. Notifies Chief-of-Course of DSQ's and other problems.

It is mandatory that you review the video and Chapter 8 of the Alpine Officials Manual prior to Volunteering. The link to the USSA website for the gate judge is:

<http://ussa.org/alpine-programs/officials/resources>

At the top, under "Resources" is a video "Alpine Gate Judge Video."

Near the bottom, under Alpine Officials Manual, there is Chapter 8 for the gate judge.

Note: If you have problems with the USSA video, use the YouTube link:

<https://www.youtube.com/watch?v=U9nmxKAUQNY>.

Hospitality Tent Set Up:

These volunteers will report to the Hospitality Tent area ahead of the race, to assist in Hospitality Tent and table setup. Will maintain area throughout race day and assist in take-down/clean up.

Information

Table: Reports to the race shack ahead of the race, sets up tables and helps with check-in of volunteers and handles questions before racing begins.

Practice Ticket

Sales: Reports at 6:00 pm to the main lodge and contacts Bradford Ski Area personnel to sign out tickets (at Information Desk - start with at least 50 on Tuesdays and 80 on Thursdays). Accounts for all tickets/cash and returns to Bradford Ski personnel. Coaches are given comp tickets and this needs to be backed out of the total. A sheet will be provided in the cash box listing all eligible coaches. It is necessary to record those receiving tickets, and an accurate accounting maintained. An additional form will be provided to reconcile the ticket sales and maintain a record of the same.

Race Registration: Reports at 7:30 am to the Race Shack, checks in racers and hands out assigned bib. Registration ends at approximately 9:00 am.

Recorder: U8: Reports to the bottom of the U8 racecourse, prior to the race start. You will input the U8 race times into the iPad, immediately after each racer has completed their run.

U10-U19: Reports to the timing shack at the bottom of the racecourse, prior to the race start. Records finish times on race results form and provides completed form to Race Chair.

Ribbon Prep: Reports at the end of the race to the Race Shack and using the race results provided by the coordinator prints the top ten ribbons (puts name stickers on top ten and participation ribbons (for U8)). There will be a Ribbon Prep Volunteer for the U8 classification and another for the U10-U19 classifications.

Starters: Reports to Race Shack prior to the start of the race (report approx. 8:45 am). Proceeds to top of race course to assist racers out of start. Monitors radio for course information and "Stop Start" commands. The starter should be in place when inspection opens.

Starter Assistants: U8 starter assistants report to top of U8 hill (can walk up side) prior to the start of the first run. The starter assistant lines up the racers in bib order from lowest to highest, girls first then boys. For the second run the racers are lined up in reverse bib +order highest to lowest, girls first then boys.

U10-U19 starter assistants report to the top of the U10-U19 hill (can walk up with gatekeepers) prior to the start of the race. The starter assistant lines up the racers in bib order from lowest to highest, girls first then boys (U10 then U12, U14, U16 and U19, respectively). For the second run the racers are lined up in reverse bib order highest to lowest, girls first then boys (U10 first then U12, U14, U16 and U19, respectively). In the case of two race courses, see the Race Format section of this document for greater detail.

Scoreboard:

Report to the bottom of the U10-U19 course prior to the start of the race. Obtain a marker from the Volunteer Coordinator. Write the racers time next to their name and bib number on the scoreboard for the first and then second runs.

Timers:

Reports to the U8 finish line prior to the start of the race. Runs the timer and reads out time for each racer.

CLUB & CONTACT INFORMATION

Bradford Ski Team Board of Directors

Email: Info@BradfordSkiTeam.com

<u>President</u>	Mike Bartlett
<u>Vice-President</u>	Errol Parachojuk
<u>Treasurer</u>	Mark Malatesta
<u>Secretary</u>	Olivia Rugo
<u>BST Race Chair</u>	Jeff Melville
<u>EMBWL Representative</u>	John Shriver
<u>Membership</u>	David Slomsky
<u>Volunteer Coordinator</u>	Jeff Melville
<u>Enhanced Coordinator</u>	April MacDonald
<u>Communications</u>	Elizabeth Palmer
<u>Social Chair</u>	Joy Tewksbury-Pabst
<u>Members at Large</u>	Jeff Carpenter Nicole Griffin

<u>EMBWL Race Chair</u>	David Payne
<u>BST Head Coach</u>	Ed "Animal" Bassett

REFERENCED WEBSITES

Associations

EMBWL
USSA

Website

www.embwl.org
www.ussa.org

Team

Bradford
Bogastow
Nashoba
Prospect Hill
Ski Ward

Website

www.bradfordskiteam.com
www.bogastow.org
www.nvscracing.com
www.phskiteam.org
www.skiwardraceteam.com

Ski Area

SkiBradford
Blue Hills Ski Area
Nashoba Valley Ski Area
Ski Ward
Gunstock
Wachusett Mountain Ski Area

Website

www.skibradford.com
www.ski-bluehills.com
www.skinashoba.com
www.skiward.com
www.gunstock.com
www.wachusett.com