AUGUST TUESDAY WEDNESDAY **SUNDAY MONDAY THURSDAY FRIDAY SATURDAY** 25 20 21 24 7:30AM 7:30AM MEETING 3:00-5:30PM MEETING 8AM -5:15 - 7:45 AM 8AM - 10:30AM AT BECKETT AT BECKETT 10:30AM LIFT AFTER **PRACTICE** PICTURE DAY JIFT AFTER 28 29 30 31 26 27 3:30 LIFT 4:30 COACH BERK 3PM 3:30 LIFT 4:30 -**SCRIMMAGE** 4:30 - 7PM AT BECKETT 7PM **MOTIVATIONAL** 7PM PRACTICE AT WILTON **PRACTICE SPEAKER PRACTICE** SEPTEMBER TUESDAY **SUNDAY MONDAY WEDNESDAY THURSDAY FRIDAY** SATURDAY 1 AT MALONEY **SCRIMMAGE** 2 3 4 5 8 6 4:30 - 7PM 4:30 - 7PM 4:30 - 7PM 4:30 - 7PM 10AM-12:30PM **OFF PRACTICE PRACTICE OFF** PRACTICE **PRACTICE PRACTICE** LIFT LIFT 15 10 12 13 14 9 4:30 - 7PM 2:45-5PM HOME **PRACTICE PRACTICE PRACTICE** NOTRE DAME **PRACTICE PRACTICE PRACTICE** LIFT LIFT 22 16 17 19 20 21 18 JV HOME 12 - 3PM 4:30 - 7PM 4:30 - 7PM NOTRE DAME 4:30 - 7PM 2:45-5PM **AWAY** BUILDING **PRACTICE PRACTICE** VARSITY MEET **PRACTICE PRACTICE OXFORD** VARS. ONLY LIFT LIFT 2:45 23 24 25 26 27 28 29 12 - 3PM 4:30 - 7PM 4:30 - 7PM 10AM-1PM JV AWAY 2:45 - 4:45 PRACTICE **PRACTICE** AT POMPERAUG BUILDING FILMS JV VS **OXFORD PRACTICE** VARS. ONLY LIFT LIFT POMP 10AM **OCTOBER WEDNESDAY** SUNDAY MONDAY **TUESDAY THURSDAY FRIDAY** SATURDAY 2 3 6 4:30 - 7PM 4:30 - 7PM 4:30 - 7PM 4:30 - 7PM 2:45-5PM HOME **PRACTICE PRACTICE PRACTICE PRACTICE PRACTICE IMMACULATE** LIFT LIFT 7 8 9 10 11 12 13 JV HOME VS 10AM-1PM 12 - 3PM 4:30 - 7PM 4:30 - 7PM FILMS JV VS OXFORD 2:45 -5:15 ΑT BUILDING PRACTICE **PRACTICE** VARSITY MEET **PRACTICE BUNNELL BUNNELL** VARS. ONLY LIFT LIFT 2:45 2PM 14 15 16 17 18 19 20 4:30 - 7PM 4:30 - 7PM 10AM-1PM 4:30 - 7PM 2:45 -5:15 ΑT NEW **PRACTICE PRACTICE** FILMS JV VS **PRACTICE PRACTICE FAIRFIELD** LIFT LIFT NF 10AM 21 22 23 24 25 26 27 4:30 - 7PM 4:30 - 7PM 4:30 - 7PM 4:30 - 7PM 2:45:5PM HOME OFF **PRACTICE PRACTICE PRACTICE PRACTICE PRACTICE STRATFORD** LIFT LIFT LIFT 28 29 30 31 12 - 3PM 4:30 - 7PM 4:30 - 7PM

<u>NOVEMBER</u>

PRACTICE

LIFT

PRACTICE

LIFT

JV AWAY

STRATFORD

BUILDING

VARS. ONLY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				4:30 - 7PM PRACTICE LIFT	2:45-5PM PRACTICE	HOME MASUK
4	5	6	7	8	9	10
12 - 3PM BUILDING VARS. ONLY	JV AWAY MASUK VARSITY MEET 2:45	4:30 - 7PM PRACTICE LIFT	4:30 - 7PM PRACTICE LIFT	4:30 - 7PM PRACTICE	2:45-5PM PRACTICE	HOME BETHEL
11	12	13	14	15	16	17
12 - 3PM BUILDING VARS. ONLY	3:00 - 5:30PM LIFT	3:00 - 5:30PM LIFT	3:00 - 5:30PM	3:00 - 5:30PM	3:00 - 5:30PM	JV AT THEM 10 AM
18	19	20	21	22	23	24
10AM-12:30PM	3:00 - 5:30PM	3:00 - 5:30PM	3:00 - 5:30PM	10 AM AT THEM		