

SWC GIRLS OUTDOOR TRACK AND FIELD ALL-TIME RECORDS (Updated 8/21/17)

<u>Event</u>	<u>Record</u>	<u>Date</u>	<u>Location</u>	<u>Name(s)</u>	<u>School</u>
100 Meter Dash	12.38	2007	Class L	John'nae Allen-Davis	Bunnell
200 Meter Dash	25.21	2012	New England	Djenne Parris	Brookfield
400 Meter Dash	57.10	2013	New England	Djenne Parris	Brookfield
800 Meter Run	2:12.98	2017	Loucks Game	Mia Nahom	New Milford
1600 Meter Run	4:52.75	2017	New Englands	Mia Nahom	New Milford
3200 Meter Run	10:44.46=10:40.7	2017	NBON	Mia Nahom	New Milford
5000 Meter Run	17:42.52	2014	Spartaun Invite	Gabrielle Richichi	New Fairfield
100 M Hurdles	14.35	2007	State Open	Lauren Tanz	Brookfield
300 M Hurdles	44.15	2014	Class M	Alexandra Hernandez	Bethel
400 M Hurdles	1:02.71	2004	Outdoor Nationals	Kaitlyn Whitlock	Bethel
4 x 100 M Relay	48.74	2010	Class L	S. Dash, S. Lora, A. Beeman, C. Boursiquot	Bunnell
4 x 200 M Relay	1:48.13	2011	Dan O'Grady's	S. Deitzman, E. Martin, S. Goodman, C. Arlo	Weston
4 x 400 M Relay	3:58.94	2009	State Open	M. Sanborn, C. Arlo, E. Tobin, R. Fine	Weston
4 x 800 M Relay	9:16.14	2014	New England	H.Tower, Sierra Grazia, Saige Grazia, H.Bayers	New Milford
4 x 1600 M Relay	21:50.55	2016	Dan O'Grady Relays	J.Gasparrini,D.Marcone,D.Kirkman,A.Saidman	Immaculate
1600 SM Relay	4:12.68	2011	NBON	S. Dietzman, E. Martin, C. Arlo, K. Bucaro	Weston
DMR	12:10.05	2016	NBON	Brigit Humphreys, Riley Peragine, Hannah Tower, Mia Nahom	New Milford
4 x Mile	21:59.17	2012	NBON	Maggie Christie, Jessica Wojnicki, Carly Schuyler, Alexandra Kaeslin	Immaculate
Shot Put	44'9.5"	2001	State Open	Allison Bradshaw	Pomperaug
Discus	132'10"	2013	NBON	Taylor Drayton	Oxford
Javelin	132'9"	2009	Class LL	Emma Crowcroft	New Milford
Hammer Throw	118'6"	2007	CIAC HT	Sam Schueschner	Brookfield
Long Jump	17'9"	2008	State Open	Ashley Matakevich	Bunnell
Triple Jump	36'7.5"	2008	Class L	Ashley Matakevich	Bunnell
High Jump	5'6"	2002	State Open	Lauren Miller	Jonathan Law
	5'6"	2006	?	Amy Linderbeck	Masuk
Pole Vault	13'2.5"	2013	New England	Emily Savage	Weston
2000 M Steeple	7:21.21	2010	CIAC SC	Lauren Sara	Bunnell
Heptathlon	4104	2010	CIAC Hep	Alisha Beeman	Bunnell
Pentathlon	3032	2012	Bethel Unique Invite	Jessica Miller	Pomperaug