

SWC BOYS OUTDOOR TRACK AND FIELD ALL-TIME RECORDS (Updated 6/18/17)

<u>Event</u>	<u>Record</u>	<u>Date</u>	<u>Location</u>	<u>Name(s)</u>	<u>School</u>
100 Meter Dash	10.87	6/2/09	Class L	Davis Craw	Masuk
200 Meter Dash	22.29	5/29/13	Class MM	Joshua Barrera	Bethel
400 Meter Dash	48.77	6/8/15	State Open	Simeon Okoro	Weston
800 Meter Run	1:53.72	5/15/10	New England	Philip Critelli	Pomperaug
1600 Meter Run	4:14.07=4:12.67	5/8/10	Hartford Public	Steve Piscatelli	Weston
3200 Meter Run	9:00.35	5/22/09	Arcadia	John Raneri	New Fairfield
110 M Hurdles	14.23	6/2/08	Class L	Jeremy Ragsdale	Bunnell
300 M Hurdles	38.95	6/13/09	New England	Nicholas Lindblom	New Milford
400 M Hurdles	58.59	5/10/08	Hartford Public	Nicholas Lindblom	New Milford
4 x 100 M Relay	42.82	5/18.09	New England	Trump, Buchia, Diehl, Craw	Masuk
4 x 200 M Relay	1:30.80	6/19/15	New Balance Nat.	Zirn, C. Okoro, Petty, Parker	Weston
4 x 400 M Relay	3:17.27	6/21/15	New Balance Nat.	M. Zirn N.Parker, C.Petty, S.Okoro	Weston
4 x 800 M Relay	7:51.87	5/25/10	New England	Gilmore, Stankiewicz, Bloom, Piscateli	Weston
800 SM Relay	1:32.61	6/21/15	New Balance Nat.	M. Zirn, N. Parker, Petty, S. Okoro	Weston
1600 SM Relay	3:29.64	6/20/15	New Balance Nat.	M. Zirn, Petty, S. Okoro, Clark	Weston
DMR	10:20.75	6/17/17	New Balance Nat.	Andrew Whitney, Colin Davis, Chris Reagan, Moetiz Shilleh	Masuk
4 x Mile	17:40.38	6/18/10	NBON	Vento, Bloom, Gilmore, Piscatelli	Weston
Shot Put	59'8"	5/31/11	Class LL	John Wlasuk	Newtown
Discus	179'10"	6/11/11	New England	John Wlasuk	Newtown
Javelin	189'7"	5/22/11	SWC	John Wlasuk	Newtown
Hammer Throw	187'5"	6/10/11	CIAC HT	Christopher Ackell	Brookfield
Long Jump	22'10"	6/2/08	State Open	Jeremy Ragsdale	Bunnell
Triple Jump	46'10.25"	6/8/15	State Open	Ruvens Exantus	Bunnell
High Jump	6'8"	5/9/09	Hartford Public	Mark Harrison	Bunnell
Pole Vault	16'3.5"	5/21/12	USATF-JO	Tim Murphy	New Fairfield
3000 M Steeple	9:54.60	6/14/00	CIAC SC	Kevin Somok	Pomperaug
2000 M Steeple	6:02.50	6/2/10	Dream Invite	Connor Stauffer	Joel Barlow
Decathlon	6200	6/19/03	CIAC DEC	Vladimir Foster	Bunnell