

Newtown High School



Student Athlete Handbook

2017-2018

**REGULATIONS AND GUIDELINES
FOR ATHLETIC PARTICIPATION**

Newtown High School Interscholastic Athletic Program
Athletic Department 203-426-7655
Newtown High School Athletics Media www.nighthawksports.com
Twitter: @nhsathletics
CIAC www.casciac.org
Southwest Conference
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Department of Athletics 12 Berkshire Rd. Sandy Hook, CT 06482 (203-426-7655)

Athletic Department Mission Statement

The N.H.S. Athletic Department will develop teams that are determined, poised, respectful, and passionate. Our student-athletes and coaches will develop a winning attitude by being dedicated, focused and unselfishly supporting each other. We will build a proud tradition by communicating honestly and relentlessly in a challenging atmosphere of success and enjoyment.

League Affiliation: Newtown High School's athletic teams are governed by the rules and regulations of the Connecticut Interscholastic Athletic Conference (CIAC). Newtown High School is a member of the SWC which was formed in 1995 and has fourteen member schools. The SWC has two divisions – Colonial and Patriot.

League members include:

Bethel	Immaculate	Masuk	Newtown	Stratford
Brookfield	Joel Barlow	New Fairfield	Notre Dame	Weston
Bunnell	Kolbe Cathedral	New Milford	Pomperaug	

Newtown High School Sports Offered

FALL SPORTS

Football JV/F

Cheerleading

Cross Country (Boys)

Cross Country (Girls)

Dance

Field Hockey JV/F

Soccer (Boys) JV/F

Soccer (Girls) JV/F

Swimming/Diving (Girls)

Unified Soccer

Volleyball JV/F

WINTER SPORTS

Basketball (Boys) JV/F

Basketball (Girls) JV/F

Cheerleading

Dance

Gymnastics

Indoor Track (Boys)

Indoor Track (Girls)

Swimming/Diving (Boys)

Unified Basketball

Wrestling JV

Ice Hockey (Girls Co-op)
(Boys) JV

SPRING SPORTS

Baseball JV/F

Golf (Boys)

Golf (Girls)

Lacrosse (Boys) JV/F

Lacrosse (Girls) JV

Softball JV/F

Tennis (Boys)

Tennis (Girls)

Track (Boys)

Track (Girls)

Unified Track

Volleyball (Boys)

Levels of Play

Freshman- At Newtown High School we are lucky enough to have freshman teams for many different sports. At this level, coaches focus on the development of basic skills, rules, strategies, team play, and sportsmanship. Coaches make every attempt to keep as many freshmen as possible and to share playing time among the members of the team.

JUNIOR VARSITY - The junior varsity level is intended for those students who display the potential to develop into

varsity athletes. At this level, coaches strive to refine fundamental skills and strategies of team play. An attempt will be made to play all participants, but it is recognized that all athletes may not play equally, both in individual games and over the course of the entire season. Coaches will make every attempt to find meaningful playing time for all eligible players based on the degree of effort and skill improvement.

VARSITY - The varsity level of competition is the culmination of the high school athletic program. Varsity teams are comprised of the best players in that sport regardless of class. Team play, sportsmanship, individual physical ability, motivation, and mental attitude are very important aspects of competition at the varsity level. Squad size at the varsity level is limited. The number of participants on any given team is a function of those needed to conduct an effective and meaningful practice and to play a contest. While contest participation over the course of the season is desirable, a specified amount of playing time is never guaranteed.

Chain of Command: The Newtown High School Athletic Department strongly encourages our student-athletes to advocate for themselves when dealing with the coaching staff. This chain of command allows a coach to work first with a student-athlete to resolve any playing time issues or other differences of opinion.

- Student Athlete discussion situation with coach at a time and place agreeable by both parties.
- Parent discusses situation with coach and student-athlete.
- Student-athlete/parent discuss situation with Athletic Director.
- Student-athlete/parent discuss situation with building administrator.

Issues not appropriate for parents to discuss with coaches

1. Playing time
2. Team strategy
3. Play calling
4. Other student-athletes

Newtown High School Eligibility Policy: The Connecticut Interscholastic Athletic Conference provides academic standards and eligibility guidelines for all member schools. Newtown High School maintains high expectations for all student-athletes and, therefore, has adopted a more stringent policy for academic eligibility. Students entering the high school from the middle school or any other eighth grade class are automatically eligible to participate in fall sports regardless of their previous academic record. However, in order for students to remain academically eligible, students may not fail more than one credit-bearing course per quarter AND must maintain at least a 70 grade point average each quarter. Any student who does not meet these minimum eligibility standards will be immediately declared ineligible. *Students who are declared academically ineligible may not practice with or try out for a team. A student-athlete who is declared academically eligible during a sport season may only try*

out if no student-athletes were cut at the same level during the original tryouts.

1. First quarter grades determine eligibility for continuance of a fall sport and eligibility for a winter sport.
2. Second quarter grades determine eligibility for continuance of winter sport and eligibility of a spring sport.
3. Third quarter grades determine eligibility for continuance of a spring sport.
4. Year-end grades determine fall eligibility. To be eligible for fall sports, a student must have also received eight credits toward graduation for which he/she has not previously received credit. Semester courses completed earlier in the school year may be counted toward the eight credits used in determining eligibility for the fall season. Successful completion of summer school work counts toward academic eligibility.

According to CIAC rules, students who receive an incomplete in a class must complete the work and receive a grade within ten (10) school days of receiving the report card. It is the athlete's responsibility to request the teacher to submit his/her grade within this timeline.

The CIAC determines athletic eligibility requirements for students transferring into Newtown High School. Transfer students should consult the Athletic Director concerning applicable rules in effect at the time of their enrollment.

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

Eligibility Rules Attention Athletes!! You are NOT ELIGIBLE

1. If you have not passed at least four (4) units or the equivalent at the end of the last regular marking period, with the exception of fall eligibility. * (Rule I.A.)
3. If you are nineteen (19) years of age before July 1;(Rule II.B.)
2. If you have changed schools without a change of legal residence; (Rule II.C. See complete Rule of exceptions.)
3. If you have played the same sport for more than three (3) seasons in grades 10, 11, and 12;(Rule II.B.)
4. If you play or practice with an outside team in the same sport while a member of the school team after the first scheduled game in any season; (Rule II.E.) The exception to Rule II.E. shall be: 1) Participation in parent-child tournaments. 2) Swimming, tennis, gymnastics – a pupil may practice but not compete with a non-CIAC team during the season.
5. If you play under an assumed name on an outside team; (Rule II.F.)
6. If you receive personal economic gain for participation in any CIAC sport. (Rule II.F)
7. During the CIAC defined sports season, players are not permitted to participate with or for teams (professional or otherwise) in any capacity. This regulation includes “try-outs”, “work outs” and other activities which are designed for the purpose of showcasing or evaluating talent.

NHS Student-Athlete Code of Conduct

Participation on a Newtown high School athletic team is an absolute privilege and not a right. Student-Athletes should act as role models in the school, the playing venue and the community. We believe in education based athletics and behavior which is not appropriate in school or in the community can lead to consequences on the playing field. We also believe that academic responsibilities come before athletics. As members of their team, a student-athlete serves as a role model. They are admired and respected by many, including younger athletes and their behavior and actions often have a significant impact on others. The student athlete plays an essential role in the promotion of sportsmanship and they must accept the responsibility to always display high standards of sportsmanship. A student athlete:

- Will accept the responsibility and privilege they have in representing their school and community by learning and showing teamwork, sportsmanship and discipline in all aspects of the game.
- Will demonstrate respect for all individuals by exhibiting good character and conducting themselves as a positive role model.
- Will win and lose graciously.
- Will have a thorough knowledge of and abide by all rules of the game and CIAC.
- Will work for the good of the team at all times.
- Will cheer for their team, not against their opponent.
- Will congratulate opponents in a sincere manner following either victory or defeat.
- Will refrain from the use of illegal or unhealthy substances to gain an unfair advantage.

Athletic Department Expectations/Team Expectations Each team has an extension of policies and procedures. The Newtown Athletic Department recognizes each sport's individuality. Team policies and procedures are designed to communicate expectations by the coaching staff to the student athletes and their parents. Each team's policies and procedures are approved by the Athletic Director prior to the start of the season

- A student athlete, who has been suspended from a team due to academic ineligibility or for disciplinary reasons, may have no association with the team during official team practices or contest (i.e. may not sit on team bench, travel on team bus, be present in team locker room, attend team practices, etc.) until the student athlete has been officially reinstated.
- A student athlete who does not follow attendance rules, skips a class, or has ISS the day of an athletic contest will not participate in the contest that day.

NHS Student Substance Abuse Code of Conduct

The Newtown Board of Education recognizes the serious societal problem of substance abuse and the implications this has for our students in the Newtown Public School System. In partnership with families and other local institutions, our schools play a significant role in the early detection of substance abuse, the protection of children from the use, promotion and sale of alcohol and controlled substances and the improper use and sale of prescription drugs.

All student athletes are subject to Newtown Board of Education policies, Newtown High School administrative policies, disciplinary actions and suspension or removal from co-curricular activities for the possession, use, dispensing, sale or distribution, aid in the procurement or under the influence of any of the following:

- Alcohol
- Illicit Drugs
- Mood Altering or Controlled Substances
- Stimulants
- Any substance purported to be a restricted substance including but not limited to tobacco, cigarettes, electronic or vapor cigarettes.
- Anabolic Steroids
- Hormones or Analogues
- Diuretics
- Performance Enhancements

A student that is under the influence of any of the above mentioned substances on school grounds or during school activities, will be excluded from all school related co-curricular activities for a period of **(60)** sixty calendar days. If the 60-day period is not concluded by the end of the school year, the remaining days will resume at the start of the next school year. If such student engages in any prohibited activity listed above off school grounds, at any time, seven days a week, regardless of whether or not prohibited conduct occurs during the student's actual participation in the activity or whether other school-related disciplinary action has occurred, the student will be excluded from all school related co-curricular activities for a period of (60) sixty calendar days. If the 60-day period is not concluded by the end of the school year, the remaining days will resume at the start of the next school year.

A student whose conduct off school grounds is in violation of the substance abuse policy and is seriously disruptive of the educational process shall be subject to severe disciplinary action, up to and including expulsion from school. In accord with Newtown High School policies and expectations, this is applicable to all co-curricular activities sponsored by the school.

Participation in high school activities is a privilege, not a right. The Newtown Board of Education, Newtown Administrators and NHS Athletic Department are committed to achieving an environment free of substance abuse in our schools. While this goal cannot be achieved by the school district alone, regardless of funding, staff ability or program development, the Newtown High School Administration will provide students with preventive and intervention support and education. The family, church, community health services, mental health and treatment facilities and concerned citizens must play a role if our goal is to be accomplished. We support sharing approaches and programs with other districts and institutions and recognize that these problems neither begin at the school door nor end at the district's boundaries. The solutions to the difficult problems of substance abuse need to be approached by society as a whole.

THE COMPLETE POLICY IS LOCATED ON THE DISTRICT WEBSITE

Student Absences: A student must be in school for a minimum of four hours in order to participate in any practice or game that day. It is the responsibility of the student-athlete to tell his/her coach if he/she was absent from school that day. Appropriate consequences will be applied for any violation of this rule up to and including suspension from the team.

In-Season Rule: A student-athlete who is a member of a school team after the first scheduled contest in any season shall not practice or compete with an outside team, or participate as an individual in non-CIAC tournaments, meets, tryouts, skills assessment or games in the same sport.

All members of N.H.S. teams must register for the respective sport(s) through FamilyID. All members of N.H.S. teams must have a complete physical examination before they can try out for a sport. The physical must be documented on the blue health form and is good for thirteen months from the date on the form. These forms can be found in the nurse’s office, athletic director’s office, main office or on *nighthawksports.com*. Please make an effort to have the physical examination during the summer so that the form is valid for all three sport seasons.

All members of N.H.S. teams must submit a NON-REFUNDABLE pay to participate fee each sports season. Checks should be made out to Newtown High School. This fee is used to help off-set the cost of the sport and in no way guarantees a set amount of playing time. *There is a \$450 family cap per year.* The scale for the fees is located below.

FALL SPORTS

CHEERLEADING	\$120	VOLLEYBALL	\$160
DANCE	\$80	SOCCER	\$160
X-COUNTRY	\$120	SWIMMING	\$160
FIELD HOCKEY	\$160	FOOTBALL	\$160

WINTER SPORTS

INDOOR TRACK	\$120
BASKETBALL	\$160
CHEERLEADING	\$120
WRESTLING	\$160
SWIMMING	\$150
DANCE	\$80

SPRING SPORTS

LACROSSE	\$160
TENNIS	\$120
BASEBALL	\$160
SOFTBALL	\$160
TRACK	\$120
GOLF	\$120

Unified Sports

Unified Sports were created and developed to give individuals with intellectual disabilities the opportunity to train and compete in sports activities in an inclusive environment with their non-disabled peers. To be eligible for participation in Unified Sports, a competitor must agree to observe and abide by the official Special Olympics Sports Rules. Refer to the Unified Sports Handbook for full information by visiting www.casciac.org and clicking on the Athletics link and then clicking on Unified Sports.

The following Unified Sports Program are offered at Newtown High School: Soccer (fall),

Basketball (winter), and Track and Field (spring).

Partner Eligibility

Unified Sports Partners are students who do not have a physical or intellectual disability who do not play a Newtown High School sport during the particular season.

Special Athlete Eligibility

Unified Sports Athletes are student athletes who have an intellectual or physical disability diagnosed by a medical professional. With the help of their Partners, the Athletes have the opportunity to compete in an inclusive environment that normally would not be readily available to them. Please contact Mrs. Kathy Davey for more information,

Daveyk@newtown.k12.ct.us

Athletic Study Hall

Procedures and objectives: To improve student athlete's academic performance, provide time for students to complete homework assignments and to provide supervision for the student athletes.

- Teams are required to attend study hall until a coach comes to the study hall and releases the team.
- A student athlete is expected to sign in EVERY DAY to study hall.
- BEHAVIOR: The NHS Student Handbook applies to the study hall.

School Closure/Early Dismissal: If school is on an early dismissal schedule or if school is cancelled due to the weather all scrimmages and games are cancelled. The status of practices will be left up to the discretion of the Newtown High School athletic director and NHS administration. Information about a cancellation or postponement will be promptly posted on Nighthawksports.com and on twitter: @nhsathletics

Senior Nights: Although Senior Nights are some of the most important events of each sport's season, the Newtown High School Athletic Department does not choose the dates for these nights or plan the activities taking place on these special evenings. Senior nights are usually planned by the underclassman as a way of honoring our senior student-athletes. Decorations for these nights should be limited to the site of the event (pool, stadium, gym, etc.), as well as the front doors. No balloons are allowed in the Main Gym. No other parts of the building should be decorated. The student-athletes who decorate for senior nights are also responsible for completely cleaning up at the conclusion of the event.

Running Off Campus: Running off campus is strictly prohibited for N.H.S. student-athletes.

Transportation of Students: Transportation will be provided to student-athletes for out of town contests and

in-town games and practices that must occur at sites other than at the athlete's school. In-town trips will be on a drop off basis only and parents or guardians are asked to pick up their sons/daughters at the designated site. All student-athletes must travel to out of town contests by the transportation provided by the school. Student-athletes will not be allowed to participate in any contest if they do not travel with the team unless approved by the Athletic Director. Student-athletes who do not travel back to school on the provided transportation must provide a note from their parent/ guardian stating their intentions. This note must be given to the coach at least 24 hours in advance.

Team and locker Rooms: Many teams use team rooms that are located off the main locker room to store equipment and uniforms during the season. Any equipment left in our team or locker rooms must be locked in a locker. Newtown High School is not responsible for any lost or stolen items. All lockers in team rooms must be cleaned out within one week of the conclusion of the season. The custodial staff will discard any materials found in those lockers once the student-athletes have that opportunity to clear their lockers.

Captain's Practices: The CIAC Board of Control has issued the following statement concerning captain's practices:

The CIAC does not in any way sanction, encourage, or condone "Captain's Practice" in any sport. "Captain's Practice" depending upon the member school's involvement, may be a clear violation of eligibility rule II D. (season limitations) or certainly a violation of the spirit of rule II D. The Newtown High School Athletic Department clearly warns all coaches that they are in no way to condone, encourage, or sanction captain's practices.

Athletic Registration Process:

1. The COMPLETED Health Assessment Record form is returned to the Newtown High School Nurses office.
2. Mrs. Dalton will review all medical paperwork and "clear" the student-athletes.
3. The Athletic Registration is completed online by the student-athlete and guardian and participation fee is paid online through my school bucks or by check and brought to the coach or Athletic Office.
4. The Athletic Office will verify that the student has been medically cleared and will add them to a team's eligibility roster.

5. A copy of the Athletic Registration is given to the Athletic Trainer and a copy is made for Athletic Department files.
6. A new Athletic Registration is required to sign-up for each athletic season.

Vacation Periods:

Students are expected to attend all practice sessions, including those scheduled during vacation periods. Parents are advised to check with the appropriate coach as to his/her policy on missing vacation practices. It is advisable to do this early in the school year so no misunderstanding arises relative to vacation periods.

Coaches will determine when the student athlete is in the appropriate condition to return to practice.

Practices determine student athlete's position on the team, so missed practice time may result in a change of position on the team as determined by the coaching staff.

Away Events:

All Newtown High School student-athletes are expected to abide by the rules of the facility they are visiting at all times. It is also expected that:

- o Athletes will stay with your team at all times.
- o Unless a note or email is sent to the athletic director 24 hours prior to the event stating the student-athlete is leaving with his or her parents or guardian, athletes are NOT allowed leave the facility at any time. This is considered 'leaving school grounds.'
- o Athletes will behave appropriately and represent Newtown High School in an exemplary manner at all times.

Disqualification from Play:

Please refer to page 91 of the CIAC Handbook. The CIAC Handbook can be found online at www.casciac.org.

Captains

Team captains represent themselves, their teams, their coaches and Newtown High School. Team captains will be selected by the coaching staff, using the NHS Athletic Department selection procedure as a guide. Captains are student-athletes who strongly exemplify the H.A.W.K.S vision of the Newtown Athletic Department.

Qualities of a Captain

- A leader – showing the way and setting a good example.
- Respected by team members.
- Sets high goals for themselves about their abilities.
- Importance of academics! Never misses a class, prepares assignments accurately, and always is on time.
- Makes sacrifices for the team.
- Reacts to defeat with a determined effort and resolve.
- Prepared physically and maintains top condition year round.
- Accepts and learns responsibilities thoroughly.
- Takes advice easily, eager to learn, easy to approach, and abides by rules.
- Steps-up to challenge when things do not go as planned.
- Has the intent of getting better in practice every day.
- First one there, last one to leave. Responsibilities of a Captain Selection as a captain of an athletic team is an honor and a privilege. The captain's responsibilities begin when he/she is selected and continues throughout the season. Each captain is responsible for upholding the expectations listed below:
- Attend the Athletic Leadership Council meetings held throughout their season(s).
- Set an example of sportsmanship and good behavior at all times.
- Assist coaching staff with duties such as: water, ice, med-kits, bus checks, study hall monitoring, home event operations, etc...
- Captains who engage in any of the serious violations as outlined under the policies and procedures for student athletes will result in the removal of their title as a team captain. Any behavior by a captain deemed inappropriate by the athletic administration may result in removal of their title as team captain.

Team Managers

- Managers do not need to be physically cleared by the school nurse UNLESS they participate in “workouts” and/or practice.
- Managers are held to the same academic eligibility as all student-athletes.
- Managers DO NOT have to pay a participation fee.

Expectations of Parents

- Be positive with your athlete. Let them know that they are accomplishing something by being a part of a team.
- Do not offer excuses to your athlete if he/she is not playing. There is usually a reason for it. Encourage your athlete to advocate for themselves.
 - Do not criticize your athlete's coach in front of your athlete. It will distort their perception of the coach and overall attitude toward playing.
 - Always encourage your athlete to put forth their best effort.
 - Insist on good grades all year long.
- Do not compare or contrast athletes with a family member who previously played. Each athlete is unique in their own way.
 - Being a fan does not entitle you to be belligerent or abusive towards players, coaches, opponents, officials or your son/daughter. This type of behavior is embarrassing to your child, and may result in being prohibited at contests.
 - Encourage your athlete to play for the love of the game and what participating in a sport teaches about life and adulthood. De-emphasize playing for scholarships or college admission.
 - Keep the game in perspective and always be a role model of sportsmanship

Weight-Room Policies

In order to facilitate the safety of all athletes and the overall best use of the facility the following guidelines are set forth. Any violations will be dealt with accordingly and may result in a banning of field house usage by an athlete and/or sports team.

- No athlete will be allowed to workout unsupervised. A coach must be present and IN THE WEIGHT ROOM at all times.
 - All athletes will wear proper attire during training sessions. This means athletic team apparel and supportive footwear.
 - Work hard and expect others to work hard. This is not an environment that will tolerate poor work ethic so come prepared to give your best effort.
 - Keep it clean. We all live and work here so clean the benches, re-rack your weights, and pick up after yourself. Have pride in yourself, your team, and in the Newtown sports family.

Newtown High School Hazing Policy

Purpose: To maintain a safe learning environment that is free from hazing for students and staff. Hazing activities of any type are inconsistent with the educational goals of the school district and are prohibited at all times.

Any student who engages in hazing is subject to discipline up to and including expulsion and/ or referral to law enforcement officials. Any board employee who permits hazing is subject to discipline, up to and including termination of employment and/or referral to law enforcement officials.

General Statement of Policy

- A. No student, administrator, volunteer, contractor or other employee or agent of the school district (here and after collectively referred to as “staff”) shall plan, direct, encourage, aid or engage in hazing.
- B. No staff member of the school district shall permit, condone, or tolerate hazing.
- C. Implied or expressed consent by a person being hazed does not lessen the prohibitions contained in this policy, and will not be considered as a defense or mitigation of any alleged violation of this policy.
- D. A person who engages in an act that violates school policy of law in order to initiate another person or to be initiated into or affiliated with a student organization shall be subject to discipline for that act.
- E. The school district will investigate complaints of hazing and take appropriate action including but not limited to discipline against any student or staff member of the district who is found to have violated this policy.
- F. Hazing activities are seriously disruptive of the education process. This policy applies to behavior that occurs on or off school property and during, before or after school hours.

DEFINITIONS:

- A. “Hazing” means committing an act that creates a substantial risk of harm to a person or property for the purpose of initiation or admission into, affiliation with or continued membership or affiliation with a student organization, or for any other purpose. The term “hazing” includes, but is not limited to:
 - 1. Any type of physical brutality including but not limited to whipping, beating, striking, branding, electronic shocking, or requiring an ingestion or placing a harmful substance in or on the body.
 - 2. Any type of physical activity including but not limited to sleep deprivation, exposure to weather, confinement in a restricted area, calisthenics, or other activity that subjects the student to an unreasonable risk of harm or that adversely affects the mental or physical health or safety of the student.
 - 3. Any activity involving the consumption of any alcoholic beverage, drug, tobacco product, or any other food, liquid, or substance that subjects the student to an unreasonable risk of harm or that adversely affects the student.
 - 4. Any activity that intimidates, bullies, or threatens the student with ostracism, that subjects the student to unreasonable stress, embarrassment, shame, or humiliation, that adversely affects the mental health or dignity of the student, or discourages the student from remaining in school.
 - 5. Any activity that causes or requires the student to perform a task that involves violation of state or federal law or school district policies, rules or regulations.
- B. “Student organization” means any group having students as its primary members or participants. It includes,

but is not limited to, grade levels, classes, teams, clubs, activities, or particular school events. A student organization need not be recognized as an official school organization to come within the terms of this definition.

c. Reporting Procedures

- A. Any person who believes he or she has been the victim of hazing or any person with knowledge or belief of conduct that may constitute hazing shall report the alleged acts immediately to the building principal.
- B. Staff members of the school district shall be particularly alert to possible situations, circumstances, or events that might include hazing.
- C. Submission of a good faith complaint or report of hazing will not be used by the school district to affect the complainant's or reporter's future employment, grades, or work assignments.

School Action: The school district will investigate reports of hazing and will take action deemed appropriate to rectify the situation and protect the individuals involved. Such action may include discipline of students up to and including expulsion and/or discipline of staff up to and including termination and the reporting of such staff or students to law enforcement officials.

Reprisal: The school district will discipline or take appropriate action against any student or staff member of the school district who retaliates against any person who makes a good faith report of alleged hazing against any person who testifies, assists, or participates in an investigation, or against any person who testifies, assists, or participates in a proceeding or hearing related to such alleged hazing. Retaliation includes, but is not limited to, any form of intimidation, reprisal, or harassment.

Safe School Climate Policy: The Newtown Board of Education promotes a secure and positive school climate, conducive to teaching and learning, that is free from threat, harassment and any type of bullying behavior.

Therefore it shall be the policy of the Board that bullying of a student by another student or adult is prohibited.

Bullying is defined as the repeated use by one or more students of a written, oral or electronic communication, such as cyberbullying, directed at or referring to another student or a physical act or gesture directed at another student in the same school district that:

1. causes physical or emotional harm to the student or damage to such student's property;
2. places such student in reasonable fear of harm to himself or herself, or of damage to his or her property;
3. creates a hostile environment at school for such student;
4. infringes on the rights of such student at school; or
5. substantially disrupts the education process or the orderly operation of the school.

Bullying shall include, but not be limited to, a written, oral or electronic communication or physical act or gesture based on any actual or perceived differentiating characteristic, such as race, color, religion, ancestry, national origin, gender, sexual orientation, gender identity or expression, socioeconomic status, academic status, physical appearance or mental, physical, developmental or sensory disability or by association with an individual or group who has or perceived to have one or more of such characteristics.

Cyberbullying includes the following misuses of technology: any transfer of signs, signals, writing, images, sounds, data or intelligence of any nature transmitted in whole or part by a wire, radio, electromagnetic,

photoelectronic or photo-optical system to harass, tease, intimidate, threaten or terrorize another person. Students who engage in any act of bullying while at school, at any school function in connection to or with any district sponsored activity or event, or outside of the school setting at a location, activity or program that is not school related, or through the use of an electronic device or a mobile electronic device that is not owned, leased or used by the Newtown Board of Education are subject to appropriate disciplinary action up to and including suspension, expulsion and/or referral to police.

TEACHER/STAFF: Any school employee or individual working within the school setting with knowledge or belief of conduct that may constitute bullying, whether by witnessing such conduct or by receiving student reports of bullying, must take an action and shall orally report the alleged acts immediately and not later than one school day to the safe school climate specialist or another school administrator if the safe school climate specialist is unavailable and to file a written report on the "Suspected Bullying Intake Report Form" included in this document not later than two school days after making an oral report. Implement prevention and intervention strategy(ies) to deal with bullying as determined by the district's safe school climate plan. Implement positive behavioral interventions and support process or evidence-based model approach as determined by the district.

STUDENT: May anonymously report acts of bullying to any school employee including teachers, counselors, adult staff members and school administrators.

Will be notified annually how to make such anonymous reports in each school building. Will find language concerning bullying included in codes of conduct.

PARENT/GUARDIAN: May file written reports of suspected bullying to his/her child's safe school climate specialist. Will be notified by the school through personal communication (ex., phone call, letter) not later than forty-eight hours after the completion of the investigation and invited to meet with school staff if his/her child commits a verified act of bullying in order to communicate to such parents or guardians the measures being taken by the school to ensure the safety of the student against whom such act was directed and to prevent further acts of bullying.

Will be notified by the school through personal communication (ex., phone call, letter) not later than forty-eight hours after the completion of the investigation and invited to meet with school staff if a verified act of bullying was directed against his/her child in order to communicate to such parents or guardians the measures being taken by the school to ensure the safety of the student against whom such act was directed and to prevent further acts of bullying.

THE COMPLETE POLICY IS LOCATED ON THE DISTRICT WEBSITE.

Injuries/Insurance Coverage: If a student-athlete should become injured during the course of participating in a school sponsored sporting or athletic event, the injury must be reported to the coach immediately. Failure to provide notification to the coach within 24 hours may violate the terms and conditions of the insurance coverage carried by the town. The primary insurance that will provide coverage for any medical expenses incurred will be the medical/health insurance that applies to the student-athlete (which in most cases is the

coverage that applies to the family of the student-athlete). Any insurance carried by the town will apply only on an excess basis over all other collectible insurance. Note that the insurance coverage carried by the town only applies to injuries that arise out of a specific and identifiable occurrence that happened at a specific and identifiable place and time. No coverage would apply for any sort of chronic condition that did not arise out of a specific and identifiable occurrence.

Concussions: Newtown High School is committed to the prevention and appropriate treatment of concussions in all of our students and athletes. All information about our procedures and protocols is listed on our athletic website Nighthawksports.com.

A few pieces of information to remember....

- No student-athlete will be permitted to participate on an NHS athletic team unless the Concussion Education Plan and Consent Form has been signed by the student-athlete and his/her parent/guardian.
- The Newtown High School Athletic Department employs the ImPact test. ImPact stands for Immediate Post-Concussion Assessment and Cognitive Testing and is used to assist our Athletic Department in concussion management. ImPact measures students overall short-term memory abilities, reaction times, and processing abilities. It is important to note that an athlete can neither fail nor pass this assessment. All athletes at NHS will take a baseline test using the ImPact test. If they receive a concussion they will be administered a post-concussion test using ImPact 24-72 hours after the concussion. They will again be tested 5-10 days after injury. Once a student is tested using ImPact they only need to be re-baselined every two years. *Student-athletes out of season who have a head injury will not be tested by the athletic staff although the Impact baseline will be supplied upon request.*
- Any student-athlete, who is thought to have suffered a concussion during interscholastic competition, will be referred for MD assessment and will require MD clearance before returning to play.
- No student-athlete will be returned to play until he/she is caught up with all academic obligations, or the teacher is comfortable with the plan the student-athlete has in place to complete all missed work, assignments and/or exams.

Consent to Treat Form: Each parent/guardian is required to complete a consent to treat form indicating pertinent medical information, emergency phone numbers and a contact person in case of accident or injury. These consent to treat forms are kept in the first aid kit and accompany teams to all practices and games. It is the parent's responsibility to contact the coach and revise this information if it changes during the course of the season/year.

Important information about NCAA eligibility

The following requirements must be met in order for a student to be able to practice, play and receive a scholarship at an NCAA Division I or II college or university.

- Division I:
1. Graduate from high school;
 2. Complete a minimum of 16 core courses;
 3. Present the required grade-point average (GPA) (see the sliding scale in the Guide for the College-Bound Student-Athlete for Division I);
 4. Present a qualifying test score on either the ACT or SAT (see the sliding scale in the Guide for the College-Bound Student-Athlete); and
 5. Complete the amateurism questionnaire and request final amateurism certification.

Division I Core-Course Breakdown (Courses Must Appear on your List of Approved Core Courses) • 4 years of English • 3 years of math (Algebra 1 or higher) • 2 years of natural or physical science (including one year of lab science if offered by your high school) • 1 extra year of English, math, or natural or physical science • 2 years of social science • 4 years of extra core courses from any category above, or foreign language, non-doctrinal/comparative religion/philosophy

Division II

1. Graduate from high school;
2. Complete a minimum of 146 core courses
3. Present a minimum 2.000 core-course grade-point average (GPA);
4. Present a minimum 820 SAT score (critical reading and math only) or 68 sum ACT score
qualifying test score on either the ACT or SAT; and
5. Complete the amateurism questionnaire and request final amateurism certification.

Division II Core-Course Breakdown:(Courses Must Appear on your List of Approved Core Courses) • 3 years of English • 2 years of math (Algebra 1 or higher) • 2 years of natural or physical science (including one year of lab science if offered by your high school); 27 • 2 additional years of English, math, or natural or physical science (3 years required in 2013 and beyond) • 2 years of social science • 3 years of extra core courses from any category above, or foreign language, non-doctrinal/comparative religion/philosophy (4 years required in 2013 and beyond)

