

MADISON **EASTSIDE** LACROSSE news

Winter 2018-19

Greetings MELAX community,

Seems strange to think about lacrosse during these frigid temps but 2019 season kickoffs and registrations are just around the corner. Read on!

HEADS UP!

High School Kickoff Meeting Reminders

- **High School Girls** kickoff meeting will take place at 6:30 p.m. on Thursday, January 10, 2019, at La Follette High School, room C-12. New and returning players, as well as parents, are encouraged and welcome to attend.
 - **High School Boys** kickoff meeting will take place at 7:00 p.m. on Monday, January 14, 2019, at La Follette High School, room C-17. New and returning players, as well as parents, are encouraged and welcome to attend.
 - High School season begins March 4, 2019!
 - All registration, including **youth**, will open on Tuesday, January 15, 2019. Please continue to check your inbox, as well as our website and Facebook page for updates.
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OPPORTUNITIES

Girls Open Gyms

The Madison Eastside Lacrosse organization are hosting open gyms for high school and middle school girls on Fridays, 6:00-7:30 p.m., at the Sennett Middle School gym. For players new to the game, equipment will be available to try out and can be returned at the end of the night. **Sessions for 2019 will start up on Friday, January 4**, and will continue until the start of the spring season in March.

Please pass this information along to any girls interested in learning more about the game of lacrosse in the Madison La Follette, Madison East or Monona Grove school districts. For questions, please contact Ava Janssen, head coach, at avajanssen22@gmail.com.

Be on the lookout for Boys' Open Gyms, as well as Youth Open Gyms. Info will be on our website and Facebook page soon!

Summer Lacrosse

For those who are interested in playing club lacrosse this coming summer, links for local clubs can be found under the Beyond MELAX tab on the MELAX website:

[Beyond MELAX: Local clubs and summer opportunities](#)

Join the MELAX Board!

MELAX is in search of a Vice President to join our Board of Directors. If you are interested, please send us an email at madison.eastside.lax@gmail.com.

More information can also be found on our website: [MELAX Board](#)

KUDOS

Congrats to **Camden Sisler**, **Jack Suski** and **Wyatt Weaver**! They played for the Dane County Coyotes this past summer and their 2018-2019 division team won the Capital City Tournament that took place in Madison back in July.

Jason Borchert played on the True Wisconsin 2019 team this past summer and his team won the Top Cheddar Tournament in Hartland, Wisconsin. Nice work, Jason and team!

Cale Craighill and **Brayden Schmidt** played with the Dane County Coyotes 2023 team. They played three tournaments this past summer: Lax Geneva, Pipe City, and Capital City. They went undefeated and won their division in all three tournaments. Way to go Cale and Brayden!

DID YOU KNOW?

- Lacrosse is the fastest game to be played on two feet.
 - Lacrosse is a unique combination of speed, skill, agility, grace, teamwork, finesse, and historical significance. Basketball inventor James Naismith called it, "the best of all possible field games."
 - Lacrosse is currently the fastest growing sport in the United States.
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FUNDRAISING

We are always in search of fundraising ideas! Be sure to **email Missy Sisler** at missy_jon2000@yahoo.com with any feedback or ideas you think may benefit our club.

THANK YOU

Once again, thanks to all of those who took time to fill out our inaugural end-of-year survey this past fall. The item we received most comments about was scheduling at the youth level. Unfortunately, it was out of our hands but we are doing our best to put in requests and recommendations for future scheduling in hopes that it lessens some of the frustrations this upcoming season.

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