

Professionalism: (USL manual)

It is important as an official to present yourself professionally. This means being prepared with the proper uniform and equipment. It means being on time and ready to go. It means knowing the rules and how to enforce them. In short, BE PREPARED and ready to call a safe and fair game.

NorCal Chapter of US Lacrosse, Umpire Committee:

Professional Standard:

All umpires representing the Nor Cal Chapter Umpire Committee shall adhere to the highest level of professionalism.

The NorCal Umpire Committee has approved the following uniform. Umpires who do not wear the approved uniform are in jeopardy of forfeiting pay for the games they worked "out of professional uniform".

- 1) http://www.theofficialscorner.com/index.php?pn=product_package&product_id=144

STARTER PACKAGES



> CLICK TO ENLARGE

Women's Lacrosse Starter Package For Female Officials for \$80

Starter packages must be ordered as a complete set, no substitutions. Shipping charges not included.

Package includes:

- 1-Official Women's Short Sleeve Shirt
- 1-Women's Wrap Skirt
- 1-Visor
- 1-Mini Fox 40 CMG Whistle
- 1-Neck Lanyard
- 1-No Weight Nylon Penalty Flag
- 1-Set Women's Lacrosse Warning Cards
- 1-Plastic Women's Lacrosse Scorecard
- 1-Game Pencil

>More info...

CHOOSE YOUR SIZES AND/OR OPTIONS FOR THE COMPONENTS LISTED BELOW:

SELECT ONE	
<input checked="" type="radio"/> Official Women's Short Sleeve Shirt:	OFFICIAL WOMEN'S SHORT SLEEVE SHIRT - SMALL
<input type="radio"/> Men's Polyester Short Sleeve Shirt:	MEN'S POLYESTER SHORT SLEEVE SHIRT - SMALL
<input checked="" type="radio"/> Women's Wrap Skirt :	WOMEN'S WRAP SKIRT - SMALL
<input checked="" type="radio"/> Visor:	VISOR - BLACK
<input checked="" type="radio"/> Mini Fox 40 CMG Whistle:	MINI FOX 40 CMG WHISTLE
<input checked="" type="radio"/> Neck Lanvard:	NECK LANYARD

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2) http://www.theofficialscorner.com/index.php?pn=product_package&product_id=237

STARTER PACKAGES



> CLICK TO ENLARGE

Women's Lacrosse Starter Package For Male Officials Starting at \$80

Starter packages must be ordered as a complete set, no substitutions. Shipping charges not included.

Package includes:

- 1-Men's Polyester Short Sleeve Shirt
- 1-Pair Shorts (your choice)
- 1-Solid Black Wool Blend Adjustable Hat
- 1-Fox 40 Classic Whistle
- 1-Neck Lanyard
- 1-No Weight Nylon Penalty Flag
- 1-Set Women's Lacrosse Warning Cards
- 1-Plastic Women's Lacrosse Scorecard
- 1-Game Pencil

>More info...

CHOOSE YOUR SIZES AND/OR OPTIONS FOR THE COMPONENTS LISTED BELOW:

• Men's Polyester Short Sleeve Shirt:

MEN'S POLYESTER SHORT SLEEVE SHIRT - SMALL

SELECT ONE

Flat Front Poly/Cotton Expandable Waist Shorts in Black:

FLAT FRONT P/C EXPANDABLE WAIST SHORTS - BLACK - SIZE 30

Pleated Poly/Cotton Shorts in Black:

PLEATED POLY/COTTON SHORTS - BLACK - 30

• Solid Black Wool Blend Adjustable Hat:

SOLID BLACK WOOL BLEND ADJUSTABLE HAT

• Fox 40 Classic Whistle:

FOX 40 CLASSIC WHISTLE

• Neck Lanyard:

NECK LANYARD

• No Weight Nylon Penalty Flag:

NO WEIGHT NYLON PENALTY FLAG

3) In addition to the above uniform, umpires are required to wear sneakers, turf shoes, or cleats that are predominantly black in color.

Examples:

- 1) http://www.amazon.com/ASICS-Womens-Gt-1000-Running-Black/dp/B00OU9BDQM/ref=sr_1_4?s=shoes&ie=UTF8&qid=1450381677&sr=1-4&nodeID=672123011&keywords=asics+gel+black



ASICS Women's GT-1000 4 Running Shoe

★★★★☆ 39 customer reviews

Price: \$83.97 - \$100.00 & FREE Returns. Details

Sale: Lower price available on select options

Fit: Find the right size

Size:

Select Size Chart

Color: Black/Onyx/Black

- For questions or requests for approval of items not listed please email secretary@norcalchapterusl.org

Nor Cal Umpire Committee will provide the following to new officials (adult & junior):

- US Lacrosse game coin
- referral to NCJLA uniform scholarship application (please contact your local NCJLA club President for the application)

Uniform Apparel considered "OUT OF PROFESSIONAL UNIFORM"

- yoga pants of any kind
- black shorts more than 4 inches above the center of the knee
- costume referee shirts
- basketball referee shirts (they are v-neck and do not have a collar)
- leggings worn with out a kilt or approved skirt on top