



OFFICIAL HOME OF THE

WEST HAVEN YOUTH HOCKEY

BLUE DEVILS

2018-2019 Travel Team Designs

West Haven Youth Hockey strives to lead the area in developing players for the next level, without taking away the fun of being a kid and enjoying the great game of hockey. WHYH coaches have taught hockey at the highest levels and are willing to give back and provide the young players with their tremendous knowledge.

In addition to the skills the players will be taught, parents can have the convenience of a set schedule and ONE rink to bring their player(s) to practice and home games. This eliminates the need to travel to multiple sites for practice and games.

Below are just some of the highlights players at each level can expect to receive this year with WHYH ...

MITES (8U)

- 2 Shared Practices per week
- 1 weekly Skills session (until December)
- 1 weekly home game slot (cross-ice games) 18-20
- 1 Off ice session per week before practice
- 30 Minutes (Weekly) of Power Skating Instruction**
- 1 Regular Season Tournament (A team) and State Jamboree

SQUIRTS (10U)

- 2 Shared Practices per week
- 1 weekly Skills session (until December)
- 1 weekly home game slot
- 1 Regular Season Tournament and State Tournament
- 1 Off ice session per week
- 30 Minutes (Weekly) of Power Skating Instruction**
- CHC Tier 2 and 3 Schedules CHC Tier 2 & 3 schedules

PEE WEES (12U)

- 2 Shared Practices per week
- 1 weekly Skills session (until December)
- 1 weekly home game slot (22-24)
- 1 Regular Season Tournament and State Tournament
- Strength and Conditioning Program
- 30 Minutes (Weekly) of Power Skating Instruction**
- CHC Tier 2 & 3 Schedules

BANTAMS (14U)

- 1 Shared Practice per week
- 1 weekly Skills session (until December)
- 1 Full Ice Practice per week
- 1 weekly home game slot (24-26)
- 1 Regular Season Tournament and State Tournament
- Strength and Conditioning Program
- 30 Minutes (Weekly) of Power Skating Instruction**
- CHC Tier 2 & 3 schedules

MIDGETS

- 1 Full Ice Practice per week
- 1 weekly home game slot
- State Tournament
- Video Coaching Sessions
- Strength and Conditioning Program

REGISTER for Tryouts ONLINE TODAY: www.westhavenyha.org