



JH Mountain Roundup Boys Rules - 2017

Boys U9 - 1ST GRADE (U7)

- **Players.** 4 v 4, no goalie
- **Field size.** Small field (60 x 35 or less)
- **Goals** Small goals (3 x 3 or equivalent)
- **Stick Length.** No long poles allowed
- **Offside.** No offsides
- **Face-offs.** No face-offs (Opposing team gets ball after a goal)
- **Penalties.** Change of possession after a foul; Player leaves the field. No time-serving penalties. Penalties used as a teachable moment to explain the foul that has been committed
- **Body Checking.** No checking but incidental contact allowed. Allowable body contact at these levels are legal holds, legal pushes, the use of equal pressure against an opponent to gain possession of a loose ball, defensive positioning to redirect an opponent in possession of the ball, and contact deemed incidental by officials.
- **Stick Checking.** Any stick checks that are not to a players crosse or hands of a player in possession of the ball is considered a slash or cross check.
- **Time/Breaks.** 8 minute running quarters. No timeouts. 2 minutes between quarters, 5 minutes at half. No overtime.

Boys U9

- **Players.** 6 v 6 plus goalie; 2 attack, 2 middies, 2 defense
- **Field size.** Small field (60 x 35 or less)
- **Goals** Regular goals (6 x 6)
- **Stick Length.** Long poles allowed but discouraged
- **Offside.** Offsides. No penalty - change of possession.
- **Face-offs.** Face-offs but wing players not allowed to release before possession
- **Penalties.** Time-serving penalties. Penalties used as a teachable moment to explain the foul that has been committed
- **Body Checking.** No checking but incidental contact allowed. Allowable body contact at these levels are legal holds, legal pushes, the use of equal pressure against an opponent to gain possession of a loose ball, defensive positioning to redirect an opponent in possession of the ball, and contact deemed incidental by officials.
- **Stick Checking.** Any stick checks that are not to a players crosse or hands of a player in possession of the ball is considered a slash or cross check.
- **Time/Breaks.** 10 minute running quarters. 1 timeout per game (clock stops). 2 minutes between quarters, 6 minutes at half. No overtime.

Boys U11

- **Players.** 10 v 10
- **Field size.** Regulation field (110 x 60 or equivalent)
- **Goals** Regular goals (6 x 6)
- **Stick Length.** Long poles allowed
- **Offside.** Offsides enforced as a technical foul
- **Face-offs.** Face-offs with both wing players allowed to release before possession
- **Penalties.** Time-serving penalties.
- **Body Checking.** No checking but incidental contact allowed. Allowable body contact at these levels are legal holds, legal pushes, the use of equal pressure against an opponent to gain possession of a loose ball, defensive positioning to redirect an opponent in possession of the ball, and contact deemed incidental by officials.
- **Stick Checking.** Any stick checks that are not to a players crosse or hands of a player in possession of the ball is considered a slash or cross check. No one handed checks allowed.
- **Time/Breaks.** 10 minute running quarters. 1 timeout per half (clock stops). 2 minutes between quarters, 6 minutes at half. No overtime.



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Boys U13

- **Players.** 10 v 10
- **Field size.** Regulation field (110 x 60 or equivalent)
- **Goals** Regular goals (6 x 6)
- **Stick Length.** Long poles allowed
- **Offside.** Offsides enforced as a technical foul
- **Face-offs.** Face-offs with both wing players allowed to release before possession
- **Penalties.** Time-serving penalties.
- **Body Checking.** Limited body checking allowed. No take-out checks, defenseless hits or checks, checks to the head or neck area, or checks made with more than a 1-step start; checks legal within 3 yards of a loose ball. Strict enforcement.
- **Stick Checking.** Any stick checks that are not to a players crosse or hands of a player in possession of the ball is considered a slash or cross check. No one-handed checks allowed.
- **Time/Breaks.** 12 minute running quarters. 1 timeout per half (clock stops). 2 minutes between quarters, 6 minutes at half. No overtime.

Boys U15

- **Players.** 10 v 10
- **Field size.** Regulation field (110 x 60 or equivalent)
- **Goals** Regular goals (6 x 6)
- **Stick Length.** Long poles allowed
- **Offside.** Offsides enforced as a technical foul
- **Face-offs.** Face-offs with both wing players allowed to release before possession
- **Penalties.** Time-serving penalties.
- **Body Checking.** Limited body checking allowed. No take-out checks, defenseless hits or checks, checks to the head or neck area; checks legal within 3 yards of a loose ball. Strict enforcement.
- **Stick Checking.** Any stick checks that are not to a players crosse or hands of a player in possession of the ball is considered a slash or cross check. No one-handed checks allowed.
- **Time/Breaks.** 12 minute running quarters. 1 timeout per half (clock stops). 2 minutes between quarters, 6 minutes at half. No overtime.