



Empowering Girls through Basketball: Tryouts for Grades 4-11

- ★ Teams of 10 with Required Minimum Playing Time per Game
- ★ Experienced Coaches, Trained in Positive Coaching & Fully Screened
 - ★ Four Hours of Practice per Week in Gyms with Six Baskets
 - ★ Code of Conduct & Fundamental Skills Curriculum
 - ★ Mental Toughness Training & Individual Support
 - ★ NCAA Counseling & College Exposure
 - ★ New ACL Screening & Nutritional Counseling

UPDATED 2018 Tryout Schedule

If you Pre-Register: One Time Tryout Fee of \$20/player is due at or before First Tryout.
 \$25/player for Players who do not Pre-Register. Players try out with to their current grade.

Friday, January 5th @ Delco Christian 462 N Malin Rd Newtown Square, 19074	6-7:30 pm - 3rd, 4th & 5th Grades (2nd Graders welcome) 7:45-9:15 pm - 6th Grade	Saturday, January 13th @ Delco Christian Main Gym	6-7 pm - 4th Grade Selection 7:15-8:15 pm - 5th Grade Selection 8:15-9:30 pm - 7th Grade
Saturday, January 6th @ Delco Christian Main Gym	6-7:45 pm - 8th-11th Grade Evaluation 8-9:30 pm - 7th Grade	Sunday, January 14th @ Our Mother of Good Counsel 31 N Pennswood Rd Bryn Mawr PA	6-7:15 pm - 6th Grade Selection 7:15-8:15 pm - 8th Grade 8:15-9:30 pm - 7th Grade Selection
*** Sunday, January 7th *** @ Rosemont College 1400 Montgomery Ave Bryn Mawr, 19010	6-7:20 pm - 3rd-5th Grades (2nd Graders welcome) 7:40-9 pm - 6th Grade	Sunday, January 21st @ Our Mother of Good Counsel	6-7:45 pm - 9th-11th Grade Evaluation 8-9:15 pm - 8th Grade Selection