



Northern California Junior Lacrosse Association

2015 U9 Boys Rules

All players, coaches and officials must have US Lacrosse membership

Head coaches must meet before the game to understand how they will call the game and show their NCJLA certified coach's cards. Coaches who do not have a NCJLA certified coach's card shall not stand on the team's side of the field or "coach" from the spectator's side of the field.

Standard NFHS rules and US Lacrosse youth adoptions will apply to the 2015 season. All NCJLA modifications and points of emphasis are listed below on this card.

Rule	U9
Goalie Arm Pads	Required
Game Time Factors Length of Game	12-minute running time quarters; 8 minute half time
Final 2 Min of Reg. Play Advancing the Ball (10 & 20 second counts)	Not enforced
Overtime	No overtime; games can end in a tie.
Time-outs (each team)	One 2-minute time out per half
Mercy Rule	6 goal margin; award ball in lieu of face-off. May be waived.
One-Handed Checks	Not allowed
Body Checking	NO body checking of any kind is permitted
3-Yard Rule	All stick checks, legal holds, and legal pushes must be on a player in possession of the ball or within 3 yards of a loose ball or ball in flight.
Penalties	No time-serving penalties. Coaches may substitute players on-the-fly or pull the player aside on the field for a teachable moment.
Fouling Out	n/a
Substitution Procedures	Sideline HORN substitution permitted
Field Dimensions	Between 53 ½ - 60 yards long and 35 - 40 yards wide.
1-pass Rule	This pass is to be completed on the offensive side of the field. 'Gillman' style clearing passes would not count, but a pass in transition from the defensive side, caught on the offensive side would count.

- 1. Offsides:** Unlined fields: maintain the spirit of the rule rather than the letter of the law. If there is no attempt to remain on-sides, it should be called. However, the penalty should not be called if the player does not know exactly where to stop and pulls up a yard or so beyond the interpreted midfield line. Based on standard personnel of 2 Attack, 2 Midfielders, 2 Defenders and 1 Goalie, a team would be offside if it did not maintain 3 players on the defensive side and 2 players on the offensive.
- 2. Contrasting Jerseys:** Home team is responsible for contrasting jerseys. Rule conforming pinnies are acceptable.
- 3. Ejection:** An official shall eject from the game any player, substitute, non-playing member of a team, coach, assistant coach or anyone officially connected with a competing team or fan using a racial slur or derogatory term related to race, religion, color, gender, sexual orientation, or ethnicity.
- 4. Goals:** It is recommended that 4x4 goals and a full size (9 foot radius) crease is utilized where possible.