



# Northern California Junior Lacrosse Association

## Player's Code of Conduct

- I will remember that youth sports are to be fun and to enjoy competition, winning and losing is part of everyone's experience and I am to respect both my opponents' and my team's efforts.
- Being a member of a team has responsibilities and rewards. I must conduct myself in a respectful manner that brings credit to my sport, team and myself. I shall maintain a high level of sportsmanship in words and conduct as an example to others.
- I will be accountable for my behavior and its outcomes.
- I will honor my obligations and promises.
- I will contact my coach if I am unable to attend a practice or game.
- I will treat all equipment, fields, and facilities with respect and adhere to all rules of these areas.
- I will control emotional and verbal outbursts that are detrimental to myself or those around me. Any conduct, including abusive language and/or gestures, hitting, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on my team, club and/or the league is unacceptable and will not be tolerated.
- I will represent my club with my personal best efforts, never bring embarrassment or an unfavorable view to my teammates, coaches, family, school or community. This includes how hard I work in school and at home, and not just on the lacrosse field.

Participation in the league is a privilege that should elicit great pride in both the athletes and their families. It is also a responsibility that demands extra commitment once I decided to wear my team's colors and represent my teammates, coaches, school and community. Standards of behavior are high and a willingness to live up to them is part of being a member of a team.

Therefore,

- I shall not engage in fighting, arguing and/or hazing before, during or after games with teammates and/or opposing players.
- I will not use profanity, obscenity or any other offensive language. I will treat all coaches, parents, players, participants, officials or any other attendee with respect regardless of race, creed, color, national origin or ability.

- I will not consume or possess alcohol, tobacco or illegal drugs at anytime.
- I acknowledge that officials are primarily responsible for conduct of games and also acknowledge that officials' responsibilities include authority to make final decisions regarding rule interpretations. Therefore, I shall not directly question any decision of any official. I shall direct my concerns to my coach.
- I will be modest in victory and gracious in defeat.
- I will "HONOR THE GAME" of lacrosse. Display good sportsmanship at all time on and off the field in my words and actions.
- I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that might include, but is not limited to, the following:
  1. Verbal warning from an official, head coach and my club.
  2. Written warning from my club and/or the league;
  3. Suspension or immediate ejection from a game by an official, my club and/or the league;
  4. Game forfeit through the official or coach.
  5. Suspension from the club. Return to play can and is subject to current NCJLA rules and club rules.
  6. Expulsion

I also understand the all documentation of all incidents shall be kept on file by organizations involved.

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Print Name

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Signature

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Date

*Admin Field:*

*Team:* \_\_\_\_\_