

# DGAL 2016 SOFTBALL - RULES & REGULATIONS

## Dartmouth Girls Athletic League 2016 Softball Rules & Regulations

### Senior League Rules

1. Senior League is made up of girls in Grades 3-5.
2. Girls in other grades may be allowed to play in Senior League on a case by case basis, as determined by the Softball Commissioner and the Softball Committee.

Rules for the Senior League will be governed by the standard rules set forth by the ASA except where noted as follows:

#### **1. Runs per Inning**

- a. Only 4 runs per inning allowed.
- b. There is no run limit in the 6<sup>th</sup> inning or any inning declared by the umpire to be the last inning BEFORE the top half of that inning is played.

#### **2. Pitching**

- a. Pitchers are allowed a maximum of 2 innings per game (3 in playoffs.)
- b. Pitchers are only allowed 2 walks per inning.
- c. Hitting a batter will count as one of the allowed walks for a pitcher.
- d. For every consecutive walk after the first 2 walks in an inning, a coach from the team will come in to pitch to the batter until the batter either gets a hit or strikes out. Umpire will continue to call strikes.
- e. Coaches must pitch from the pitching mound rubber.
- f. When coaches are pitching, the player at the pitcher position must have at least one foot in the circle.

#### **3. Base Running**

- a. Players can steal every base except home. Home must be earned
- b. Base runner may only steal 1 base per attempt. No advance on overthrow. Coaches please advise the catcher to throw down even if they have no chance at making the out.
- c. Bases can only be stolen if a girl is pitching. Stealing is not allowed when a coach is pitching.
- d. Base runner may only steal 1 base per plate appearance of the subsequent players.  
Example: Player A reaches base. She may only steal 1 base during player B's at bat. Once that at bat is completed the runner may steal the next base during the next players at bat.

#### **4. Infield Fly Rule**

- a. The Infield Fly Rule is in effect.

**5. Infield Positions**

- a. Each player must spend at least 1 inning per game playing an infield position. All infield positions apply, includes the Catcher position.
- b. Exemptions from this rule made by Softball Commissioner only.

**6. Bunting**

- a. All batters are allowed to bunt “traditionally” as well as “drag/slap” bunt.
- b. Bunting is only allowed when a girl is pitching. Bunting is not allowed when the coach is pitching.