

# Vashon Lacrosse Club

## Volunteer Sign Up

Parent's Name: \_\_\_\_\_

Player's Name: \_\_\_\_\_

Primary email for parent: \_\_\_\_\_

Phone Numbers: (primary) \_\_\_\_\_ (secondary) \_\_\_\_\_

*Thank you to all of our past volunteers, we could not have provided our high quality lacrosse experience without your help. As we endeavor to keep annual dues and costs well below what many other local lacrosse clubs charge, each team needs and requires adults to volunteer for basic tasks. An organization of this size relies on a strong volunteer network. Please keep in mind, that our board, coaches and current volunteers are parents with **full time jobs outside of the club**. The bigger the network, the better chance we have of creating and maintaining a healthy & productive system that allows all parents to participate in their athlete's success. Our success is dependent on our parent volunteers.*

**An adult member of each player's family is needed to volunteer in some aspect of the Vashon Lacrosse Club's organization. Please check all areas in which you are will to help. You will be contacted with more information at a later time. Thanks for your support!**

### Volunteer Opportunities

\_\_\_ Equipment acquisition and management

\_\_\_ Field prep/goal moving

\_\_\_ Field breakdown/cleanup

\_\_\_ Game time crew, scoring and timing (game table)

\_\_\_ Game sideline manager

\_\_\_ Game referee (training required, see [www.walao.info](http://www.walao.info) for training schedule)

\_\_\_ Game sideline manager

\_\_\_ Team photographer/videographer

\_\_\_ Team parent manager/coordinator

\_\_\_ Team pep support, posters/lockers, signs at school, team morale booster

\_\_\_ Uniform washer

\_\_\_ Organize end of year coaches gift

\_\_\_ Organize end of year team party

\_\_\_ Newspaper sportswriter

\_\_\_ Coaching assistant

\_\_\_ Referee evaluator

\_\_\_ Fundraising committee

\_\_\_ VLC merchandise sales

\_\_\_ Publicity/game day sandwich boards

\_\_\_ Player clinics

\_\_\_ Safety committee/fist aid supplies/ game support

\_\_\_ Other special talents you can contribute:

\_\_\_\_\_