



**2010-2011 Season
Player/Parent Handbook**

Version 2.0

September 3, 2010

2010-2011 Season Player/Parent Handbook

Table of Contents

Welcome to the BGSB Club.....	1
Overview.....	2
Purpose	
Club Commitment	
Club History	
Club Focus	
Teams and Playing Season	
Coaches and Assistants	
Facilities	
Family Commitments.....	6
Player and Parent	
Financial Costs	
Policies and Procedures.....	8
Selection Process	
Practices	
Playing Time	
Playing Up	
Team Uniforms	
Parent/Player/Coach Relationship	
Sportsmanship and Rules.....	11
Player and Team Rules	
Spectator Rules	
2010-2011 Volunteer Staff.....	13
Appendix.....	16
• FAQs -Frequently Asked Questions	
• Coaches' Code of Ethics	
• 2010-2011 Club Contact Information	

Bellevue Girls Select Basketball Club

Welcome to the BGSB Club

"Our mission is to assist the young female student athlete in the development of life skills and a healthy approach of mind, body and spirit through the sport of basketball."

On behalf of the Board of Directors I would like to welcome you to our program. I proudly write this letter as last year our 53 girls lead the Club to an outstanding season, earning more wins than any other program playing in the Puget Sound Travel League. More importantly, these girls not only developed their basketball skills but also the ideals of good sportsmanship, teamwork, self-confidence, pride, courage and respect for others.

As the feeder team for Bellevue High School, the goal of our Club is to assist the female student-athlete who is motivated to reach the next level of competition. We do this by providing a positive environment that stresses development of both individual and team basketball skills. Through basketball, we teach our players important life skills such as teamwork, leadership, dedication and always striving to be the best they can be. This makes them successful and outstanding contributors in high school and beyond.

We are excited about the upcoming year for many reasons. First, all of our outstanding coaching staff are returning and staying with their teams – this will provide great continuity for all grades. Next, our volunteer Board of Directors has worked closely together throughout last year and is well prepared for the upcoming season. The Board provided a support system for our coaches, players and parents. Finally, we have many talented girls in Bellevue, some returning from last year and others who will be new to the Club. These factors are important for our program to continue to reach new levels of success. Word is out Bellevue Girls Select basketball is a program to respect!

We all look forward to another exciting year of basketball.

Warm Regards,

David Fontana
President
Bellevue Girls Select Basketball Club

Bellevue Girls Select Basketball Club

Overview

This handbook will familiarize both the parents and players with the Bellevue Girls Select Basketball Club (the "Club"). We hope this handbook will answer many of the questions that may arise. The Club is a highly visible and regionally recognized program that has an outstanding reputation. We are glad that your daughter is interested in being a part of our program.

Purpose: The Club has two main goals. The first is developing self-discipline, dedication, and confidence in each athlete qualities which will assist them as they progress through life. The second purpose is to assist each of our players in becoming quality basketball players at **Bellevue High School**. The competitive athletic experience can enhance social development, contribute to mental and physical health, and teach the values of teamwork and responsibility. We are proud of the opportunities we offer and feel the players involved will receive a positive experience.

Club Commitment: The Club is dedicated to treating all athletes fairly, and giving each individual athlete an opportunity to improve the many skills associated with basketball. Playing select basketball requires a strong commitment to the game, the Club and your teammates. It is important that everyone involved understands that each is willing to make this commitment in order for the athlete to become the best basketball player she can be. Participation in select basketball requires time, effort and financial resources, but we feel it is well worth the investment.

Club History: The Club is an offshoot of the Bellevue Boys and Girls Club program. In 1997, parents took over as coaches and in the day-to-day management of the program. In 2001, an individual volunteered to chair the program, providing the beginnings of an organizational structure. In 2003, the returning coaches created a Board consisting of 6 parent representatives and 3 coaches to make the transition to a 501 (c)(3) corporation in order to guide it into the future. In the 2008-2009 season we had over 50 girls in the program on 5 teams and no less than 10 parent volunteers making it all happen. The Club is currently organized as a non profit, 501(c)(3). A board of directors oversees the daily operations.

Bellevue Girls Select Basketball Club

Club Focus: The Club is committed to developing basketball skills so that our girls may play competitively with the goal of earning a place on the Bellevue High School team or other top tier elite team. Hence, the team will spend significant time working on developing individual and team fundamental skills, rather than developing set plays. It's the fundamentals of defense, ball handling, shooting, passing, footwork, and moving without the ball that are the foundation to becoming complete basketball players. It can be hard to keep this focus, because at younger ages set offensive and defensive plays can win basketball games. But, in the long run, it is the fundamentals that are key to transforming girls to become strong all-around basketball players.

Teams and Playing Season: In the 2010-2011 season the Club will consist of a team at each grade level from 4th grade through 8th grade. Each of these teams is composed of 9-12 players that have gone through our tryouts in early September. In addition to weekly league games, each team will participate in three weekend tournaments, which generally consist of four games (minimum) distributed over a Saturday and Sunday. Our program offers an extended playing opportunity for the girls.

Our season consists of the following:

1. Team formation – August 31-September 8th.
2. Regular practices start week of September 13th
3. The 5th-8th grade teams may play in the Western Washington Premier Basketball Association League (Jerry Jones Fall league) and local tournaments from September through November. In winter all teams will play in Puget Sound Travel League (PSTL) and in local tournaments, with the season ending at the Seaside Tournament in early March.
4. The 4th grade team will also play in local tournaments and may play in WWPBA in fall and either the PSTL or the Washington Girls Basketball league in winter.
5. A spring season may be offered based on the preference of the coach. However, the cost of participating in a spring season is not covered by Club program fees. Should coaches and players wish to participate in spring basketball, there will be additional fees collected.

The Club participates in the Puget Sound Travel League (“PSTL”). The PSTL promotes the interest in girls’ basketball as a competitive sport and includes other select feeder teams (i.e., teams that feed players into the local HS) in the greater Puget Sound area. The PSTL was started in 1985 when the Bellevue School District elected to drop athletics from its school district programs. The program boundaries span from Renton to North Bend and Edmonds. It is an AAU affiliated non-profit program. Games abide by the Washington High School basketball general rules of play.

Bellevue Girls Select Basketball Club

Coaches and Assistants: Our coaches for the 2010-2011 season are listed below.

- 8th Grade- Paul Capeloto (head coach)
Carly Cahill
- 7th Grade- Tim Leslie (head coach)
David Fontana (assistant)
- 6th Grade - Kristi Stroyan (head coach)
To be determined (assistant)
- 5th Grade - Rich Lane(head coach)
(To Be Determined, assistant)
- 4th Grade – To be determined (head coach)
To be determined (assistant)

We seek coaches that have a firm grasp of basketball fundamentals, competitive coaching experience for league play, and have the ability to instruct these athletes to enhance their awareness of the game. Our coaches clearly understand that the Club is not about making star basketball players. Although we do have gifted individual players, it must never be to the detriment of the team or the program. The goal of coaches is to take 9-12 players who are serious about basketball and help them find ways to have fun, compete, learn, develop, be challenged, work hard, and grow to be as good as they can. Our coaches are devoted to the fundamentals of basketball.

Our coaches are also offered opportunities for further developing their skills by attending coaching clinics (e.g., Best of the West) and having access to more experienced coaches within the Club, and at the high school level as well. All coaches in our program are coaching because of their love for the game, and because of the positive learning environment we provide for the kids. We do expect the coaches to have their travel and out of pocket expenses covered by the Club. Also, modest stipends are offered to coaches as compensation for all the many hours they donate to the teams they coach.

All of our coaches will have background checks to ensure our athletes are coached in a safe environment. The parents and Board will evaluate each coach at the conclusion of the season to ensure adequate communication and maintain a high standard in our coaching ranks.

Bellevue Girls Select Basketball Club

Facilities & Equipment: Over the past couple of years we have been fortunate to find gym space accommodations at various local schools, community clubs, and community colleges. We are always trying to locate additional gym space and are confident additional gym space will be secured with our continued growth. The most difficult task is getting and keeping gym time at a reasonable cost, or preferably at no cost, to the Club. Unfortunately, gym space and timing is variable and practice locations and times will move throughout the season. Our goal is to minimize this and the Board has a member dedicated to coordinating and managing gym space.

Our teams wear the traditional Bellevue white or blue uniforms. Players are required to purchase their playing uniform and they will own and be responsible for them. These uniforms will be used for at least 2 years. The anticipated cost for uniform purchase is between \$80 ~ \$100. The Club will provide each player with a customized sweat top with the Club logo and players name. Additional Club wear such as sweats, t-shirts, socks and team bags will be available for purchase for the players.

Starting this year, each player will be required to bring her own basketball to practice. The Club will provide each team with two game balls.

Family Commitments

Player and Family Commitment: Members of the BGSB Club are encouraged to participate in multiple sports during their elementary and junior high school years. In the 4th, 5th, 6th, and 7th grades, these kids may be involved in recreational/select soccer and basketball in the fall/winter. This is permissible with the Club as long as the player and their parents understand that those girls that are 100% committed to the basketball team will most likely get more playing time during games. Participation in practice will dictate playing time in games.

At our upper level, 8th grade, the girls have mostly committed to basketball as their sport. We have had exceptions and will work with them through good communication. Practices are so important to the success of the team that missed practices may decrease a player's playing time.

The teams practice / train two times per week for one-and-a-half or two hours per session. The coach may determine that an additional practice or training would be beneficial for the team. These additional activities may require additional fees if the Club budget cannot accommodate it.

Bellevue Girls Select Basketball Club

Financial Costs: The BGSB Club is organized as a non-profit, 501(c)(3) and relies on fees to sustain itself. Fundraising, generous donations, and waived stipends help minimize the fee. Player fees paid directly to the Club for 2010-2011 will be \$650.00 for the fall and winter seasons. However, there are other additional and necessary expenses which each player must pay. Total player expenses are outlined below.

Club Fees (paid to BGSB Club) \$ 650.00

Coaching fees (estimate) ~\$125.00
Western Washington Premier League (fall) Fee ~\$65.00
PSTL (Puget Sound Travel League) Fee ~\$70.00
Gym & Custodial (estimate) ~\$200.00
Tournament Fees (2-3) ~\$100.00
Equipment (balls, first aid, scorebooks, etc) ~\$65.00

Uniform Purchase (paid to supplier) ~\$ 100.00

Approximate cost for pair of shorts
and jersey (reversible)

AAU Insurance: \$ 14.00

A link has been placed on our website to aide
you in purchasing your AAU card. All players must
have an AAU card (Amateur Athletic Union)

Estimated Direct Expenses:

~\$ 764.00

In addition to direct expenses above, each player/family will have to provide their own incidental items such as;

- Transportation to and from practices, games and tournaments
- Food and snacks at practices, games and tournaments
- Lodging and road-trip expenses for the annual Seaside tournament
- Spectator entrance fees at tournaments (typically \$5/day per person)
- Optional team-wear such as sweats, shooting shirts, socks, etc.

Scholarships: The Board strives to make this program available to players regardless of player financial circumstance. If Club finances are sufficient, partial player scholarships will be available for cases of financial hardship. While the Club has no formal procedure in place, families seeking scholarship should contact the Vice-President. They may be asked to provide financial information to support the scholarship request. Scholarship decisions will be made by the Board. All inquiries will be held in confidence between family, Club Vice-President, and perhaps Club Treasurer.

Policies and Procedures

Selection Process: Each year we evaluate a number of players for the limited number of spots on a team. Some players have extensive playing backgrounds within the Club system, while others do not. Players are evaluated on attitude, teamwork, and skill execution such as ball handling, shooting, etc. We base our selections on what the athletes do during the open tryout period and what we perceive their potential to be. We select athletes based on the following criteria: athletic ability, skill, work ethic, drive, coachability, competitive attitude, team need and potential. The coaches make the final decision on the composition of their team but are given guidance to select between 9-12 players; this is left to the discretion of the individual coach in consultation with the Board President and is based on the criteria set forth above. Coaches have been given guidance from the Board to select 12 players for the 4th and 5th grade teams and 9-10 players for the 6th, 7th and 8th grade teams. The team sizes may vary depending on the number and skill level of players that tryout each year. As we are a Select Club, the coaches are under no pressure to fill 12 positions

We expect the player to have a great attitude, to work hard, improve her game, and to compete with their teammates for playing time and team placement. There is no guarantee of equal playing time, or team placement.

It is important to note that potential players will be evaluated each year to fill the needs on specific teams. Each year there will be a number of players returning for tryout. However, playing on a Club team one year is no guarantee of placement on a team the following year. We will evaluate the players at open tryouts, and it is each player's responsibility to come into the tryouts ready to make a team in our program.

Practices: Practices for most teams will be two times per week. Practices normally last for 1.5 to 2 hours. You will receive a monthly practice schedule from your Parent Team Representative. We will make every effort to not change monthly schedules, however, things happen and we are truly at the mercy of gym space guardians! Please be flexible and cooperative.

If a player must miss a practice, the parent or player must call or email her coach as soon as possible. Girls who miss practice are missing valuable information and training time, and may potentially have their playing time affected by consistent absences or tardiness.

Playing Time: Playing time will not be equal for every player and will not be equal for every game. While the Club clearly desires to develop the girls into

Bellevue Girls Select Basketball Club

excellent basketball players, the Club and its teams, coaches and players also desire to win games. It is difficult to thoroughly accomplish both simultaneously. With that said, the Club Board of Directors has requested that each coach strive to assure that each player will get a minimum playing time of one-quarter (or its equivalent) per game during *weekly league games*. (Intentional playing time less than one-quarter may occur for disciplinary reasons.)

The Club currently has no guidelines regarding minimum playing time during *tournament play*. Tournament playing time is earned through work in practice, and play during regular league play.

In situations that the Club team is winning or losing by a sufficient amount the coaches are encouraged to put in the players that get less playing time.

With these guidelines, girls playing on a Club team can expect some minimum playing time for their dedicated work. Yet this permits the team and coaches to seek the competitive basketball win. Please note that, as required, the Club will need to adopt substitution / playing time rules in accordance with the league or tournament rules.

Playing Up: In general, the Club believes it is in the best interest of the Club and the girls that players play at their grade level rather than “playing up” (i.e., when a player plays at a grade level higher than her school grade). Under certain circumstances the coaches, with Board President approval, can decide that playing up is necessary or would greatly benefit both the player and the Club. In making a determination of whether playing up is appropriate, coaches and the Board will consider the following factors: 1) need of team, 2) both coaches assessment, and 3) the player’s ability and maturity. Based on a superior assessment at tryouts at grade level and with the coaches' agreement, specific players may be offered the opportunity for a subsequent tryout for the grade level higher team. Players who have played up the previous year will be automatically be offered the opportunity to tryout for the team they played on the previous year. However, the determination as to whether the player continues to play up in subsequent years will be evaluated annually. The process and decisions related to players playing up will be coordinated by the President and Vice-president of the board.

Team Uniforms: Beginning with the 2009-2010 playing season, each player must purchase her own uniform. The uniform is hers to keep at the end-of-season. The cost of a uniform (shirt and shorts) is between \$80 ~\$100. Uniforms will be ordered and purchased in early September after tryouts are completed and the playing rosters are established. Optional team-wear such as sweats, shooting shirts, and socks will be made available for purchase. Players will supply their own basketball shoes.

Bellevue Girls Select Basketball Club

Parent/Player/Coach Relationship: The parents and families of our BGSBC players have been very supportive in the past, and we hope that support will continue to grow each year. We ask that parents support their daughter(s) by attending their games and giving positive encouragement.

Parents need to align themselves with the coach in teaching their daughter how to cope with the natural frustrations of being a member of a team. Sports provide an excellent opportunity to teach young women about the realities of competitive situations. They must be taught how to be a cooperative team member, how to make use of both positive and negative feedback, how to cope with adversity, how to achieve mental toughness, and how to be a gracious winner or loser.

When a player has an issue with the coach, parents have the responsibility of teaching their daughter the steps necessary to remedy the situation. The following steps should be taken if a player has a grievance with the coach:

- Step One:** Wait 24 hours and see if you still feel the same way. We encourage players or parents to raise concerns with the coach; however, often the player and parent will feel differently about the situation after taking time to reflect upon it.
- Step Two:** The player should discuss the problem/concern with the coach and try to arrive at a solution to the problem.
- Step Three:** The parent should call the coach and schedule an appointment for the parent and coach to meet at an appropriate time. We encourage the player to also attend the meeting; however the parent and coach can determine if it's in the player's best interest depending on the issue.
- Step Four:** If the above steps do not remedy the problem, the parent should call the Board Representative to schedule a meeting with the player, parent, and coach to arrive at a solution.

Club basketball can teach many positive traits, such as the spirit of cooperation, self-discipline, and regard for physical fitness. In our spectator enthusiasm, we are often prone to issue instructions to the players that are contrary to those of the coach; this only causes confusion for the players. Please encourage your daughter to follow her coach's instructions and leave the coaching to the coach.

Sportsmanship and Rules

Player and Team Rules: The Bellevue Girls Select Basketball Club is committed to exercising good sportsmanship at all times. Our Club philosophy is that our female athletes should represent the Club in a positive and respectful manner both on and off the court.

On the court, the players are expected to follow the following Club rules as enforced by the Coaches.

1. No jewelry, hair clips or piercings may be worn at practices or games. Please remove these items prior to arriving at the gym.
2. Arrive to all practices at least 10 minutes early. Use this time to prepare yourself for practice (change your shoes, get your water, use the restroom).
3. When playing games locally, arrive 30 minutes early.
4. Be respectful and responsible at all times
 - a. Listen to the coaches
 - b. No foul language
 - c. Get in shape and stay in shape
 - d. Stay healthy
 - e. Display great offense and great defense
 - f. Know your plays
 - g. Know all positions
 - h. Hustle at all times
 - i. Be a team player
5. A technical foul by a player or parent for poor sportsmanship may cause the immediate removal of that player/parent from the game. Poor sportsmanship will not be tolerated.
6. If you are injured, you are still a member of the team and are required to attend practices and games, unless other arrangements with the coach have been established.

Bellevue Girls Select Basketball Club

Spectator Rules: The Club similarly wants family and friends associated with the Club to behave in a respectful manner during games and practices. We ask that family members and friends adhere to the common sense guidelines listed below.

1. Cheer for every girl on the Bellevue team.
2. Cheer only, which means cheer for the Bellevue Teams in a positive manner, not against our opponents in a negative manner.
3. Show respect to those around you.
4. Support your coaches and staff.
5. Do not harass referees and event staff.
6. Absolutely no foul language is permitted.

The Board of Directors of the Club will not permit parents or players to berate coaches, players, or other teams. Repeated violation of this common courtesy may result in the removal of a player or a spectator from a game, and perhaps removal from the BGSB program.

2010-2011 Volunteer Staff

President: David Fontana

- Ensure Club vision and mission are defined and living.
- Set and enforce policies through Board of Directors and coaches
- Supervise and control all assets, business and affairs of Club
- Coach recruiting, evaluation & training
- Preside over meetings
- Sign contractual agreements
- Responsible for resolution of issues between coaches, players, parents and Board of Director members
- Represent the Club (Bellevue Select Girls Basketball Club) as member of PSTL board to help decide matters of league policy.

Vice President: Diane Carlson

- Responsible for organizing Club events that include tryouts, open gyms, events with the High School
- If the President is incapacitated, the Vice President performs duties of the President
- Assists with scholarships
- Ensures all Players and coaches have active AAU numbers

Secretary: Agnes Lee

- Keep minutes of board meetings
- Provide notices in accordance with by-laws or required by-law; keep custody of corporate records; keep address records of board members; sign contractual agreements with President.
- Maintain BGSB Club Information Manual that includes rules, regulation and procedural manual; disseminates copies of manual to board members, adds and updates procedures as approved by the Board.
- Keep the relevant paper work on coaches and background checks

Bellevue Girls Select Basketball Club

Treasurer: Laurie Cansler

- Keep custody of Club's funds, receive and deposit all funds due and payable (Accounts Payable/Accounts Receivable)
- Disburse payments for expenses incurred by the Club (via delegate at times)
- Maintain financial records of the Club
- Maintain appropriate insurance for the Club
- Complete annual report
- Complete annual tax documentation
- Complete IRS documentation.

Webmaster: Kevin Yang

- Maintain and update Club website to provide timely and accurate information. <http://www.bellevuegirlsselectbasketballclub.com/>
- Assemble and distribute player and parent surveys. Collect and analyze responses
- Responsible for communications related to tryouts and major Club events
- Maintain updated roster and contact list

Supply/Equipment Coordinator: Kevin Yang

- Maintain inventory records.
- Order replacement uniforms as approved by the Board
- Purchase team supplies (as per guidelines)
- Responsible for process to order sweats and other Club wear

Tournament Coordinator: David Fontana

- Identify year round tournaments and communicate to coaches
- Work with the team representatives to:
 - define annual tournament plan for each team
 - register teams for tournament (complete application, paperwork, roster and payment)
- Arrange hotels as required (e.g., Seaside, OR)

Bellevue Girls Select Basketball Club

Gym Space Coordinator: Steve Jacobs

- Identify and procure gym time:
 - open gym and tryouts
 - two (2) two-hour practices per week from the last week in August through mid-March
 - special events, such as NBC camps
 - Bellevue High School for PSTL games (must work with boys program to secure space for games and submit to PSTL)
 - rescheduled games
- Inform treasurer of initial gym costs, request checks for gym space, prepare final analysis of gym cost so the information can be translated into the budget for the following year
- Communicate practice schedules for each month to all the coaches and team parents

Fundraising Coordinator: (To Be Determined)

- Helps organize fundraising programs for teams and individuals.

Parent Team Representatives:

4th Grade –(To Be Determined)

5th Grade – Susan Maring

6th Grade – Steve Jacobs

7th Grade – Agnes Lee

8th Grade – Diane Carlson

- Produce the “Team Book”, a single source of team information consisting of:
The Team roster (Name, uniform number, age, address, phone, email, AAU #, parent names and appropriate contact information)
- Handle general communications between BGSBC and coaches/teams
- Reporting on success of teams in league and tournament play
- Relaying any team concerns to Board/coach (as appropriate)
- Interviewing coaches
- Notifying team parents about any important information
- Assisting with survey collections of other teams
- Provide Webmaster with team information pertaining to the Club Website, including tournament results and pictures.
- Responsible for action photos and for team information to keep your team’s webpage up to date.

Appendix

- FAQs – Frequently Asked Questions
- Coaches' Code of Ethics
- 2010-2011 Club Contact Information

Bellevue Girls Select Basketball Club



Mission statement: To provide a competitive program for 4th-8th grade girls that will emphasize building strong basketball fundamentals, strong team cohesiveness and create an environment that will expand and reinforce the student-athlete's self-esteem and confidence.

Frequently Asked Questions

What is Bellevue Girls Select Basketball Club? BGSBC is a non-profit organization committed to developing girls basketball skills in order that they may play competitively. The Club has two main goals: 1) to develop self-discipline, dedication and confidence for athletes and 2) to assist each of our players in becoming quality high school basketball players at Bellevue High School. The Club is a feeder program for Bellevue High School, however, there is no guarantee of high school team selection. For more information please visit us at: <http://www.bellevuegirlsselectbasketballclub.com/>.

How long is the basketball season? The season runs from mid-September 2010 until mid-March 2011.

When are the practices? Practices start the week of September 7th. There are usually two practices per week, each for an hour-and-a-half or two hours long. Due to limited gym space in the area, dates, times and locations of practice will vary throughout the season. The Club is exploring the potential to add training sessions for players from all teams that may result in a 3rd practice each week during the fall season.

When are the regular games? In the fall, the teams will likely play in the Jerry Jones League (Western Washington Premier Basketball Association). There are usually 8 games in the fall season. During the winter season, the teams participate in the PSTL (Puget Sound Travel League) and will play 14-16 games and an end of season tournament. There is usually one game each weekend, either Saturday or Sunday. Occasionally, there are games both Saturday and Sunday. On rare occasions the games will be double-headers at two different locations. All games are played at local schools within 45-minute drive of Bellevue. The PSTL hosts a single elimination tournament at the end of the season in March. The fall and winter leagues that the 4th grade team will

Bellevue Girls Select Basketball Club

participate in are yet to be determined, but are likely to be the WWPBA and the PSTL.

When are the weekend tournaments? The BGSBC teams usually attend 1-3 tournaments each season (in addition to regular league play and the PSTL tournament). Tournaments can take up a full weekend. Specific tournament dates will be determined by the coaches, with input from parents. Most tournaments are played at local schools within 45-minute drive of Bellevue, with the exception of the season-ending tournament at Seaside, Oregon.

Where is end-of-year tournament? The BGSBC teams usually attend their final tournament of the season in with the PSTL League or at Seaside, Oregon. This tournament is typically held mid-March.

What are the fees? The up-front fee to play on a BGSBC team is estimated to be \$650-\$675 for the 2010-2011 season. **The fee is due in early September.** This fee covers a sweatshirt, coaching, gym time, and entrance fees for regular games and tournaments. (This fee does not cover uniforms, AAU membership, costs associated with player transportation, food and/or lodging or the cost of traveling to any tournament (including Seaside).

Are scholarships available? Partial scholarships based on financial hardship may be available on a case by case basis. For information, please contact Diane Carlson at (425)451-7969, or by e-mail at daryldiane@comcast.net.

What are the parent responsibilities? Parents must get their players to and from practices, games, and tournaments on time. In addition, parents may be expected to devote some time to fund-raising activities as needed throughout the season. Parents may also be asked to represent their teams on the Club's board of directors and serve as team managers or assistant coaches.

How many players on a team? While the coaches, in consultation with the Board President, will make final determinations on the composition of teams, they have been given guidance to select 12 players for the 4th and 5th grade teams and 9-10 players for the 6th, 7th and 8th grade teams. The team sizes may vary depending on the number and skill level of players that tryout each year.

What are the playing time expectations? Currently, the leagues in which the BGSBC teams play do not have playing time rules. Playing time is determined by each coach and it will not be equal for every player, nor will it be equal for every game. The Board has recommended that coaches play each player a minimum of 1 quarter every game, however, the coaches are allowed to use their discretion depending on the situation.

Are parents allowed to watch the tryouts? Parents are not allowed to view the tryouts. There will be a non-coach observer at each tryout to assist in team selection and a Board representative may also be present. Questions about team selection should be addressed to the coach or the Board President.

When are girls notified of the try-out results? Each player/parent will be contacted by the coach with the tryout results after team selection is made. For parents and girls that are selected, each team will schedule a "Taking Care of Business" meeting to collect program fees, size and order uniforms if needed and extra clothing such as sweatpants may be purchased by parents.

Bellevue Girls Select Basketball Club

Will there be a 4th grade team this season? The viability of the 4th grade team depends on the number of girls that tryout and qualify for the team and our ability to identify a suitable coaching staff. There is no guarantee that we will have a 4th grade team this year

Who to contact if you have questions?

BGSBC President: David Fontana; djfontana@comcast.net, (425)679-6380

Coaches' Code of Ethics

I will place the emotional and physical well-being of my players ahead of the personal desire to win.

I will treat each player as an individual, remembering that the large range of emotional and physical development for the same age group

I will take reasonable measures to honor all commitments to players and parents

I will do my best to provide a safe playing situation for all players

I will promise to work hard to develop basketball fundamentals in each girl

I will do my best to organize practices in a manner that is fun and challenging

I will make sure that each player receives an equal amount of coaching time at practice in an atmosphere where self-improvement is rewarded.

I will treat every player and parent/guardian in a respectful way and encourage them to express their opinions to me in an appropriate setting. I will have team meetings with parents/guardians at least once a year

I will demand a drug, alcohol, and tobacco free sports environment for my team, and agree to assist by refraining from their use at all youth sporting events

I will ensure that I stress life lessons thought the season and provide specific examples and acknowledgment for those demonstrating positive life skills.

Signed:_____ Date:_____

Bellevue Girls Select Basketball Club

2010-2011 Club Contact Information

President		E-mail	Phone	Mobile
David Fontana		dfontana@comcast.net	(425) 679-6380	(206) 303-0579
Treasurer				
Laurie Cansler		lacansler@gmail.com	(425) 467-6868	(206) 499-4663
4th Grade				
	TBD			
	TBD			
5th Grade				
*	Susan Maring	susanmaring@msn.com ; susanmaring@me.com	(425)467-6688	(206)730-6191
	Cindy Smith	JCBSmith@comcast.net	(405)452-9249	(425)753-0224
6th Grade				
*	Steve Jacobs	sdjacobs1@comcast.net	(425) 456-0099	(425) 456-0099
	Brenda Berg	bberg@dadco.com	(425)453-0420	(206)819-3820
7th Grade				
*	Agnes Lee	agneslee@comcast.net	(425) 641-1387	(206) 769-4561
	Kevin Yang	bballkevinyang@comcast.net		(206) 419-8343
8th Grade				
*	Diane Carlson	daryldiane@comcast.net	(425) 451-7969	(206) 915-8341
	Laurie Cansler	lacansler@gmail.com	(425) 467-6868	(206) 499-4663

* Denotes Parent Team Representative - primary Board contacts for parents