

	Time/Equ't	Stall Warning/ Min. Passes/Max. Goals	Score/Overtime	Faceoff/ Offsides/ Crease	"Mercy Rule"	Body Checks	Slashing/ Scrum/Raking	Penalties	Fouling Out	Subbing	Stick Length	Counts
U9 6 v 6; Coaches remain in box; 1 T/O per half; 4 x 4 goal;	10 min running qtrs (4 min. halftime); Full equ't; Arm pads optional for goalie.	No Stall Warning/ No Min. Passes until 4 goal diff, then min. 2 passes /4 goals MAX per player.	Do not keep score/ No OT	F/Offs (3 on midfield, 1 D, 1 O, 1 Goalie)until 4 goal diff, then award ball at midfield/ No offsides/No one allowed in crease. Can reach stick into crease for loose ball.	N/A	No body checks	2 hands on stick, contact w/ glove or stick only; no wrap checks. 1 handed check = slash;-Only stick checks: Lift, poke, downward below shoulders(start check below shoulder and check only below shoulder). If scrum, stop play and A/P. No raking (tennis pick up)-Fwd scoop only.	Tech=change of poss; Pers.= player out until next dead ball, then, award ball at centerline, blow whistle; hold offending team's player for 5 sec., then release.	3 personal or 5 min personal fouls	Sub "on the fly" allowed.	M/A: 37-42 No long poles; 6 1/2 to 10" wide; shooting strings 4" from top.	4 second
U11 10 v 10; Coaches remain in box; 2 T/O timeouts per half;	4 10 min. running qtrs; 2 min. b/w qtrs; 5 min half; Full equ't. Arm pads optional for goalie.	No Stall Warning/No Min. Passes/4 goals MAX per player.	One 4m sudden victory OT; if still tied, game over.	F/Offs until 4 goal diff, then award ball at midfield. Offsides; Defense can't enter crease w/ intent to block shot= tech foul; 2nd time is rel. USC.	N/A	No body checks	2 hands on stick, contact w/ glove or stick only; no wrap checks. 1 handed check = slash;-Only stick checks: Lift, poke, downward below shoulders(start check below shoulder and check only below shoulder). If scrum, stop play and A/P. No raking (tennis pick up)-Fwd scoop only.	Player serves time.	3 personal or 5 min. personal fouls	Sub "on the fly" allowed.	M/A: 37-42 D: 47-54; 6 1/2 to 10" wide; shooting strings 4" from top.	4 second
U13 10 v 10; Coaches remain in box; 2 T/O per half;	4 10 min. stop qtrs; 2 min. b/w qtrs; 5 min. half; Full equ't; Arm pads optional for goalie;	Under 2m if 4 or less, and as warranted.	4m sudden victory until a winner (time permitting)	F/O= Release on poss. Or ball crossing restraining line; Offsides; Defense can't enter crease w/ intent to block shot= tech foul; 2nd time is rel. USC. F/O tape not required.	Run clock while deficit is >=12, 2nd half only.	No body checks	2 hands on stick, contact w/ glove or stick only; no wrap checks. 1 handed check = slash;-Only stick checks: Lift, poke, downward below shoulders(start check below shoulder and check only below shoulder). If scrum, stop play and A/P.	Player serves time.	3 personal or 5 min personal fouls	On the fly or dead ball.	M/A: 40-42 D: 52-72; 6 1/2 to 10" wide; shooting strings 4" from top.	4 second
Middle School 10 v 10; 2 T/O per half;	4 10 min. stop qtrs; 2 min. b/w qtrs; 5 min. half; Full equ't; Arm pads optional for goalie.	Under 2m if 4 or less, and as warranted.	4m sudden victory until a winner (time permitting)	F/O=Release on poss. or ball crossing restraining line; Offsides; Defense can't enter crease w/ intent to block shot= tech foul; 2nd time is rel. USC. F/O tape not required.	Run clock while deficit is >=12, 2nd half only	No take out checks allowed; Some body checks allowed; Both hands on stick; Within 3 yards of ball.	2 hands on stick, contact w/ glove or stick only; no wrap checks. 1 handed check = slash.	Player serves time.	3 personal or 5 min. personal fouls	On the fly or dead ball.	M/A: 40-42 D: 52-72; 6 1/2 to 10" wide; shooting strings 4" from top.	4, 20 & 10 (once)
Varsity/JV	12 stop (JV is 12 stop unless V follows, then 10 stop).	Under 2m if 4 or less, and as warranted.	4m sudden victory until a winner (time permitting)	Defense can't enter crease w/ intent to block shot= tech foul; 2nd time is rel. USC. 6" contrasting color for F/O.	Run clock while deficit is >=12, 2nd half only	To head/neck = 2 to 3 min. non-releasable, possible ejection.	N/A	Player serves time.	5 min. personal fouls	On the fly or dead ball.	M/A: 40-42 D: 52-72; 6 1/2 to 10" wide; Shooting strings 4" from top.	4, 20 & 10 (once)