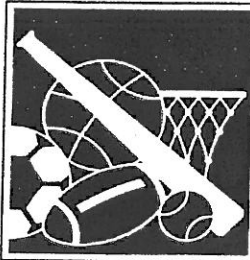




Children's
of Alabama



**UAB Sports
Medicine**

at Children's of Alabama

John Carroll Catholic High School

EAP

Emergency Action Plan

John Carroll Catholic High School

300 Lakeshore Parkway

Birmingham, AL 35209

205-940-2400

Athletic Director: Ms. Frances Crapet

Emergency Personnel

First responders may include certified athletic trainers, coaches, game officials, EMS, physicians, or others trained in CPR/AED basic life support.

If a certified athletic trainer is present do as follows:

- Certified Athletic Trainer (AT) - first responder to athlete, will deem if medical emergency.
 - If medical emergency, activate EAP
 - Notify physician if present
- Head coach (if assistant AT is not present) – equipment retrieval (e.g. AED/Splints)
- Head/assistant coach – activate EMS, *CALL 911*
 - Call athlete's guardian (especially if athlete is a minor)
 - Call Athletic Director to give injury report
 - Injury report should include, day/time/injury/actions taken
 - Stay calm and communicate information well
 - Be familiar with the location and address of event
- Second assistant coach/bystander- direct EMS to the scene
 - Open gates/doors (attain keys if necessary)
 - Scene/crowd control – limit scene to healthcare team

ACTIVATING EMS

- CALL 911

"This is (callers name) at John Carroll Catholic High School. We need EMS for a possible (athlete's situation). The athlete is (conscious/unconscious). Have the ambulance come to (address of venue). Someone will meet the ambulance there. The call back number is (number of person calling)."

- Remain on the line until 911 operator hangs up!
- Notify local police department if necessary.

Establish which entrance EMS will take -Lakeshore Parkway or Snow Drive entrance.

Emergency Communication

Remember HIPAA-keep all information between the medical team.

- Cellular phones are usually accessible and should be used to call 911. If a cell phone is not immediately accessible, landlines are located in the coaches' office in the field house, or in the main office of the school.
Keys may be required to access these phones.
- Athletic Director: Frances Crapet (205) 283-1445
- Police: Jefferson County: (205) 967-2609
Homewood: (205) 332-6204

Emergency Equipment

- AED: 2 on site- (1) located in the main office of the high school and (2) located in the field house Athletic Training Room
- First Aid kit/splints/spine board-located in the field house Athletic Training room
 - *If you have a Certified Athletic Trainer on site, he or she will have access to this equipment.*
 - *EMS will have advanced care equipment upon arrival.*

Venue Directions and Maps

Directions to John Carroll Catholic High School:

From 65 South: (traveling from downtown Birmingham)

- Take Lakeshore exit 255
- Turn left (west) onto Lakeshore Parkway
- Go straight through 3 traffic lights
- At 4th light, turn right onto John Carroll Road

From 65 North: (traveling from I-459)

- Take Lakeshore exit 255
- Turn right (west) onto Lakeshore Parkway
- Go straight through 2 traffic lights
- At 3rd light turn right onto John Carroll Road

Snow Drive

- Snow Drive is on the east side of West Oxmoor Road, North of Lakeshore Parkway. This is where the back entrance of John Carroll Catholic High School is located.

Field Locations:

- Gymnasium- center of campus, on your left as you enter John Carroll from Lakeshore Parkway
- Practice Field- west of campus
- Football field/track/soccer-southwest of campus
- Baseball field-southwest of campus
- Softball field-southwest of campus
- Tennis Courts-southwest of campus

Directions for EMS:

- Enter John Carroll Catholic High School from Lakeshore Parkway and/or Snow Drive.
- *Determine location of entrance before ending the call with 911*
- Coach or bystander will be present to guide EMS to the athlete.

Ingress/Egress of EMS:

- All entrances, exits, and roads should be passable at all times.
- Gates should be clear from vehicles and obstructions at all times during games and events.
- Keys to gates should be easily assessable.

Documentation:

- All emergency situations should be appropriately documented immediately following the event.
- Include date, time, and situation of athlete(s), persons involved, and actions taken.

Map of John Carroll Catholic High School:

