

2016 Princeton Lacrosse
Emergency Action Plan (EAP)

Location: West End Academy Athletic Field

1840 Pearson Ave. SW. (rear of school)

Birmingham, Al 35211

Emergency POC:

Len Gavin, U-13 Coach ©837-3054 (h) 426-0187

Vickie Gavin, Program Coordinator ©451-5318

John Mark Edwards, Middle Schools Team Coach ©708-415-1364

On site:

Two first aid kits (score/timer table)

AED (home team coach's area)

Restrooms and ice (school 1st. floor rear)

Players' medical information/emergency notification and parental releases are kept at site.

Training:

Coach Gavin is CPR and AED certified. Vickie Gavin is CPR

certified. Additionally, U-15 games have a UAB certified trainer present.

Emergency Service:

Call **911** – Birmingham Fire and Rescue are EMT and ambulance first responders. (all gate entrances at front of school are open)

Closest **Emergency Room** (2.1 miles/5 min.) – Princeton Baptist Medical Center -701 Tuscaloosa Ave. SW. B’ham, Al.35211
phone # 205-783-3500

(Directions: Turn left onto Pearson Ave., turn left at second traffic light on to Tuscaloosa Ave. SW. go 1.3 miles Princeton BMC –ER entrance on left).

Emergency Procedures:

- (1) Clear space for injured player.
- (2) Assess the situation as serious or non-threatening injury.(Emergency POC)
- (3) Initiate RICE for non-threatening injury
(Rest,Ice,Compression,Elevation)
- (4) Serious injuries(suspected life or limb threatening) – **call 911 Immediately** (have someone stay on line with dispatch until B’ham Fire and Rescue arrive) **and Emergency POC begins CPR immediately.**

- (5) If parents are not present program coordinator (Vickie Gavin) will contact parents.
- (6) Crowd control Robert Mayo (parent)
- (7) Additional staff parent assignments: (TBA)

Other Policies:

Inclement Weather: (applies to all practices, scrimmages, games) Upon the first clap of thunder or lightning the practice or play will be suspended in accordance with the rule book. All players, parents and others will be immediately asked to seek safe shelter. A minimum of 30 minutes must pass – after both the last sound of thunder and the last flash of lightning before any consideration will be given to resume practice or play. The decision to resume will be made by the Princeton Lacrosse Emergency POC.

Drop off/pickup policy: No players are to be dropped off/left at practice or game fields unless a coach is on site and acknowledges player's presence. Upon completion of practices or games all players must be picked by parents or by a parent approved adult. All players must be picked up before coaches leave the site. At no time will players be left alone at site. This policy is discussed with parents at the pre-season meeting.

Failure to comply with this policy will result in player being removed from the team.