

# GLOUCESTER YOUTH FISHERMEN FOOTBALL AND CHEERING ORGANIZATION

## Player/Cheerleader Removal from Play Policy

Date: 8/6/2015

### **Purpose:**

To inform the parents/legal guardians of children participating in Football or Cheering of the process when a player has sustained an injury during a Gloucester Youth Fishermen scheduled event including but not limited to scheduled practices and games.

### **Practice Days:**

1. Bodily injuries: ex: twisted ankle, bumps & bruises, broken arm
  - a. The head coach and 1 assistant coach will evaluate the player; all other assistant coaches will move the remaining players away from the scene and continue with practice.
  - b. If the head and assistance coach determine that moving the player would cause further harm to the player, 911 would be called. See Youth Fishermen's emergency action plan.
  - c. If the player can safely be moved, the coach will bring him to a safe location off the field and a member of the first aid team will treat the injury.
  - d. The head coach will immediately contact the player's parents/legal guardians of the situation.
  - e. The head coach will inform the Gloucester Youth Fishermen's player safety coach (PSC) of the player and injury. The PSC will then follow up with the parents/legal guardians on the player's condition and provide them with any assistance needed.
2. Concussion:
  - a. In the event a coach sees a player sustain a hit to the head which he feels could result in the player sustaining a possible concussion, the coach shall stop play and inform the head coach immediately. The head coach and a first aid team member will remove the player from the field of play and evaluate the situation.
  - b. If determine that the player has sustained a possible concussion the head coach will contact the players parents/legal guardians immediately and the player will be removed from all play for the remainder of the practice day.
  - c. The parents/legal guardians will be explained all details of the injury including type of hit sustained, location on head hit was received and any symptoms of a concussion the player has displayed. The parents/legal guardians will also be informed that the player must be seen by a medical professional and obtain a release before he/she can return to play. See Youth Fishermen's return to play policy.
  - d. The head coach will inform the Gloucester Youth Fishermen's player safety coach (PSC) of the player and injury. The PSC will then follow up with the parents/legal guardians on the player's condition and provide them with any assistance needed.

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### Game Days:

Gloucester Youth Fishermen Organization will have a licensed athletic trainer (AT) or emergency medical technician (EMT) during all home games. At away games the Home field team will also have either an AT or EMT onsite during the games.

1. Bodily Injuries: ex: twisted ankle, bumps & bruises, broken arm.
  - a. The head coach will personally or assign an assistant coach to get the onsite AT or EMT to evaluate the player.
  - b. The AT or EMT will inform the head coach of his/her findings and recommendations of either return to play or if further medical attention is needed.
  - c. The head coach will personally or assign an assistant coach to contact the player's parents/legal guardians and have the AT or EMT discuss the findings and recommendations with them.
  - d. The head coach will inform the Gloucester Youth Fishermen's player safety coach (PSC) of the player and injury. The PSC will then follow up with the parents/legal guardians on the player's condition and provide them with any assistance needed.
  
2. Concussion:
  - a. In the event a coach sees a player sustain a hit to the head which he feels could result in the player sustaining a possible concussion. The head coach shall remove the player from play; if necessary call a time out to stop play to remove the player.
  - b. The head coach or designated coach will get the onsite AT or EMT to evaluate the player.
  - c. The AT or EMT will inform the head coach of his/her findings and recommendations of either return to play or if further medical attention is needed.
  - d. The head coach will personally or assign an assistant coach to contact the player's parents/legal guardians and has the AT or EMT discuss the findings and recommendations with them.
  - e. The head coach will inform the Gloucester Youth Fishermen's player safety coach (PSC) of the player and injury. The PSC will then follow up with the parents/legal guardians on the player's condition and provide them with any assistance needed.

### References:

1. National Federation of State High School Associations: Suggested Guidelines for management of concussion in sports: <http://nsaahome.org/textfile/spmeds/concussioninfo.pdf>
2. USA Football Heads Up: Concussion Awareness, <http://usafootball.com/health-safety/concussion-awareness>