

Wildcat Football Off-Season Calendar

August

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3	4	5	6
Week of No Contact					
8 7:30am Team Meeting Practice 8:45 - 11:00am Varsity Uniform Handout	9 7:30am Team Meeting Practice 8:45 - 11:00am Sophomore Uniform Handout	10 12:00pm Team Meeting Practice 1:15 - 3:30pm Captain Interviews	11 3:00 pm Team Meeting Practice 4:00 - 6:15pm	12 3:00 pm Team Meeting Practice 4:00 - 6:15pm	13 Picture Day 8:15am Team Meeting Practice 9:30 - 11:30am
15 First Day of School Practice 3:30 - 5:45pm	16 6:45 am Meeting Practice 3:30 - 5:45pm	17 Varsity Lifting 7:20 - 8:20am Practice 3:30 - 5:45pm	18 Program Meeting 7pm Auditorium 6:45 am Meeting Practice 3:30 - 5:45pm	19 Scrimmage BBQ Frosh 4:30pm Soph 5:30pm Varsity 6:30pm	20 Practice 8:30 - 11:00am
22 Practice 3:30 - 5:40pm	23 6:45 am Meeting Practice 3:30 - 5:45pm	24 Varsity Lifting 7:20 - 8:20am Soph Lifting 3:00 - 3:45pm Practice 3:30 - 5:45pm	25 6:45 am Meeting Practice 3:30 - 5:00pm	26 Beat Elk Grove Varsity 7:30pm	27 Practice 9:00 - 11:00am
29 Practice 3:30 - 5:15pm	30 6:45 am Meeting Practice 3:30 - 5:45pm	31 Varsity Lifting 7:20 - 8:20am Soph Lifting 3:00 - 3:45pm Practice 3:30 - 5:45pm			

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