



 **CBSL**  
**Colchester Baseball & Softball League**

Welcome to the home of the Colchester Baseball & Softball League  
CBSL is a volunteer run, non-profit organization dedicated to supporting youth baseball and softball within the Colchester, Connecticut community.

CBSL  
PO Box 114  
Colchester CT 06415

## ~Minutes~

Meeting Type: General Meeting

Meeting Date: March 8, 2016

Call to Order: 7:36 pm

Topics of Discussion:

- 1) Treasurer Report
  - a. Account balance: Old Balance \$19,463.57 / Current Balance \$48,384.74
  - b. Savings >\$32,000
- 2) Indoor Gym Practice – To be sent soon
- 3) First preview session happened on March 5
- 4) Second preview session is March 12
- 5) Draft for rookies after March 12
- 6) Volunteer forms – at first meeting with team and coaches – bring the forms and get them filled out and turned in as soon as possible to manager, coordinator, or EOB member.
  - a. New or returning forms
  - b. League does spot checks – no one can participate unless form turned in and person is listed on approved list on website.
- 7) Indoor practice rules
  - a. Only soft balls
  - b. JJIS: Younger leagues, use soft tees/balls, but warn janitors. Using the mats or drop cloths to protect floors, you can do catcher training, etc.
  - c. CES: can't use any hard balls or bats, no matter the padding or floor cover.
- 8) Equipment pickup: Division coordinators to organize. When pick up, inventory bags. If something is missing, add to the list.
- 9) Manager/Coaching conduct review:

- 10) Code is on the website; must sign and submit before first practice. Coaches are responsible for all parents of the team, if you need to discuss something with them, please handle it appropriately. No coaches should ever approach the umpire or being yelling out about calls. Managers can approach in older leagues (Majors), but do it professionally. No issues are to be brought or mentioned to teenage umpires (base umpires), address everything to plate umpire.
- 11) Field and groom before and after every game; split between home/away or in some other way. Clean up the dugouts as well.
- 12) No on deck batters allowed in Majors or below; this applies in other towns, too, even if they allow it.
- 13) Trash cans – if full, empty or let EOB know and can contact town to empty.
- 14) Rain outs – try to play games if at all possible, especially in minors and majors. Have to fit in enough games to qualify for tournaments. Monday-Friday – the town is responsible to call the field closed before 3 pm. After 3pm on weekdays or on weekends – coaches/managers make the call. Turfis/Lime available in R2 shed – some EOB members can distribute to other fields. When getting rid of water, don't roll into outfield, distribute across infield.
- 15) R1 or R6 batting cages – once net up, can't do any work or practice on the walking path side of the cage.
- 16) R1 batting cage – pitching machines upstairs in shed; if you don't have a key, coordinate with other managers or EOB members that have keys. For Majors, every manager will have a key. For Minors and above, we can coordinate if desired. Throw out any balls that are compromised.
- 17) Field maintenance: we'll be getting dirt/sand. Looking to fix some of the home plates/pitching mounds/bases as well. A field maintenance day will be scheduled – need volunteers. To be scheduled soon.
- 18) Important dates:
  - a. Player assessments continue on March 12
  - b. March 19 – CBSL day at Dick's in Lisbon. Coupon on website.
  - c. May 7 – CBSL picture day & food donation day (rain date – May 22)
  - d. Will notify as soon as field opening is scheduled.
- 19) Safety Review
  - a. Need to sign confirmation in packet and turn in.
  - b. Need to create an environment where kids are safe. Make sure fields are physically safe. Look at field before the game, if there are problems, resolve them or call the game.
  - c. Ice packs will be in the equipment bags. If you run out, contact Matt.
  - d. The volunteer application is critical. Everyone who is on the field or helps with practice in any way must fill it out and be approved before being involved.
  - e. Always have a cell phone with you at every game/practice.

- f. To report incidents/accidents – all incidents need to be reported. What constitutes an incident: going to ER, Dr, clinic, etc. Even if there's even a chance of seeking care, report it. Matt can fill out form by talking on the phone. Do this within 48 hours, but as quickly as possible.
- g. Managers are responsible for safety of team.
- h. No bats in the gyms. No hard balls in the gyms.
- i. There must be 1 adult in the dugout at all times during games (next to dugout is fine). No other adults or siblings/kids in the dugouts (other than volunteers).
- j. Coaches must remain until all the kids are picked up after all games/practices.
- k. Be a positive role model. No profanity.
- l. Umpire conduct: be respectful of umpires. Don't touch or argue with the umpires.
- m. Parents: Coaches/Managers are responsible for the conduct of the parents. If there are issues, you must address it. Umpires have the authority to ask a parent to leave.
- n. Each coach will receive the league playing rules booklet.
- o. Equipment: make sure you have a first aid kit and 3 or 4 ice packs. If you drop to only having 2 ice packs, grab a few out of the shed or request more from EOB (will stock in a few of the sheds).
- p. Lock the sheds after you access for any reason.
- q. If someone is bleeding, make it stop. It is highly recommended that someone with CPR certification is present. Park & Rec offers classes.
- r. Weather: if you see lightening or hear thunder, stop playing. You do not go into the dugouts or pavilion; go to the cars. Play does not resume until 30 minutes after the LAST observation of lightening or thunder. Managers make the determination how to proceed (resume, call, etc).
- s. Equipment: we will provide you with helmets (minors with face guards). Inspect the kids helmets. If there are cracks, etc, cannot use them. For catchers, must have throat guard (even hockey style masks).
- t. Bats: check website for newest regulations. No full composite bats. Little league is going to be doing new assessments of bats this year. When we know what the new qualifying/non qualifying from the league, we'll post. Managers will be given stickers, inspect all bats and sticker the ones that pass.
- u. No on-deck batting. Keep the kids in the dugouts during games. No doughnuts, but you are allowed to use the sleeves to weight for practice swings.
- v. Umpire may remove a player if not paying attention. Make sure the kids pay attention.
- w. No head first sliding anywhere; with the exception of diving to go back to a base from a lead-off.
- x. Catcher may not block the pathway of a runner. Runner must slide or avoid catcher. If a runner is stealing home, make sure batters pay attention.
- y. No bling.

- z. Coaches/parents cannot warm up pitchers.
- aa. Not allowed to smoke or drink while on the field or in the park.
- ab. Players will sign a code of conduct when registering.
- ac. If a concussion is a possibility, Little League encourages a cursory inspection. Do your best to assess, ask your coaches, ask opponent coaches, as other attendees – have someone who is trained on concussion protocols do an assessment. If there is any doubt, sit the kid. If a concussion is diagnosed, a doctor's note is required to begin playing again. Report the incident to Matt.

Meeting Adjourned: 8:33 pm

Next Meeting: General Meeting – April 12, 2016 @ 7:30 pm (Polish Club)

League Website: [www.cbsl.org](http://www.cbsl.org)