

# 2016 Learn to Skate Summer Camp

*Two Camps In One*

Our camp is designed for boys and girls ages 5 and up. It's a great introduction into ice skating in a fun and supportive environment. No ice skating experience necessary. The campers will be divided into small groups according to their skill level and will learn to skate through games and activities. This year we have added a new element to our camp. Ice Show Camp will be a fun and exciting program that will allow skaters to create costumes, props and perform their skills to music.

## SKILLS CAMP

**Beginner Classes:** Emphasis on feeling comfortable on the ice while gaining balance and control. Introduction to forward marching, snowplow stops, 1 and 2 foot glides, forward and backward swizzles and wiggles.

**Intermediate Classes:** For skaters who have completed Basic 1 or who have achieved the items in the beginner level. This level will focus on stroking, forward and backward crossovers and be introduced to jumping, spinning, lunges and spirals.

**Advanced Classes:** For Basic 6-Freestyle skaters. Elements will include Spins, Jumps & Spirals

## ICE SHOW CAMP

**Show Practice:** Skaters will learn choreographed numbers to music to be performed in the Summer Camp Ice Show on August 19th.

**Costume Design, Props, & Set:** Skaters will have an opportunity to create the costumes, props, and sets they will wear/use in their performances.

**Dress Rehearsal:** Friday, August 19th at 5pm. Must be available for dress rehearsal to participate in show.

### Ice Show:

Friday, August 19th at 6:30pm

Tickets \$5.00

Each performer will be given one free ticket

## CAMP DATES

*Week 1:* August 8th-12th, *Week 2:* August 15th-19th

## DAILY SCHEDULE

8:00am - Early Drop off  
8:30am - Drop off  
9:00am - 10:30am - On Ice Skills/Show/Free time  
10:45 - 11:00am - Snack  
11:00 - 12:15pm - Costume/Prop/Set Design/Arts & Crafts/Outside Play  
12:30pm - Half Day pick up  
12:30 - 1:00pm - Lunch  
1:00pm - Drop off  
1:30 - 3:00pm - On Ice Skills/Show/Free time  
3:15 - 3:30pm - Snack and Skates  
3:45 - 4:45pm - Costume/Prop/Set Design/Arts & Crafts/Outside Play  
5:00pm - Pick up  
5:30pm - Late Pick up

## SPECIAL NOTES

-Campers of all skill levels will be included in the ice show program if they choose to participate.  
-Campers who do not wish to participate in the show on August 19th will receive additional practice time in lieu of ice show practice.  
-Campers will need sneakers, a smock/large shirt (to protect clothing during crafts), and a yoga mat or large towel for off ice stretching. Young Skaters please provide an extra set of clothing.  
-ALL campers participating in the show will need a plain black shirt and black yoga/sweatpants.  
-Show Camp Director - Monica Hale is a PSA Master rated professional who spent 10 years touring the world with various professional ice shows including Ice Follies and Holiday On Ice.



For Early Registration Discounts & Ice Show Questions  
Please Email Monica at [Proskateprograms@gmail.com](mailto:Proskateprograms@gmail.com)

For Learn to Skate Questions contact our Skating Director, Lauren Valentino 732-940-6400





REGISTER: 2016 Learn to Skate Camp

Choose Your Week	Full Day/\$450	Half Day/\$275	Early Drop/\$50	Late Pick Up/\$50	
___ Aug. 8th - 12th	___ full	___ am ___ pm	___ early ___ late		<b>Total:</b>
___ Aug. 15th - 19th	___ full	___ am ___ pm	___ early ___ late		_____

Name: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: M / F Email: \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Name & Number: \_\_\_\_\_

Allergies: \_\_\_\_\_

**\*\* WAIVER OF LIABILITY MUST BE SIGNED TO PROCESS REGISTRATION\*\***

In consideration of the participant being permitted to register and participate in the ProSkate Skating classes in conjunction with ProSkate, we do hereby release and discharge it's directors, agents, employees and any person or corporation or partnership connected herewith from all manner of action, injury, damages, costs, claims or demands which we will, shall or may hereinafter have, suffer or receive by reason of such participation in any program at the rink. This release shall be binding on our heirs, assigns, executors and administrators. It is further agreed that ProSkate shall not be considered to guarantee or warrant such equipment as may be used in the conditioning of said programs. In the event of cancellation, all monies are non-refundable. There are no exceptions. All applications require parent/guardian signature. I have read and fully understand the waiver of liability requirement!

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

METHOD OF PAYMENT (Circle one): cash check Visa/MC AMEX Discover  
Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name as it appears on card: \_\_\_\_\_ Signature: \_\_\_\_\_

\*Please make checks payable to ProSkate

**PROSKATES CREDIT/REFUND POLICY - NO CASH REFUNDS!** If a participant is unable to complete a class due to injury & has written proof from a doctor, an in-house credit will be given for the unused portion of the session. The in-house credit may be used for any program at ProSkate. **There are no make ups or credits for missed classes.** Any participant dropping out of a program at ProSkate, not due to injury (as stated above), will still be responsible for paying the entire session fee.

**PROSKATE \* 1000 CORNWALL ROAD \* MONMOUTH JUNCTION, NJ 08852**  
**PH: (732) 940-6400 \* www.proskatenj.com**

PLANS ON PARTICIPATING IN SHOW (August 19th) \_\_\_ YES \_\_\_ NO

SIZE: T-SHIRT— CHILD \_\_\_S(4-6) \_\_\_M(8-10) \_\_\_L(12-14) ADULT \_\_\_S \_\_\_M \_\_\_L