

## Sprints

Min of Results		Meet													Best
What	Who	Stds	Stp1219	HI1219	NSI1226	JLI1229	WI0102	ECI108	WIt0109	Stp0116	Wii0128	WDv0130	FCIAC204	LL0211	Best
55m	--National--	7.14													7.14
	--RHS Rec--	7.30													7.30
	Sacchi, Elizabeth			7.85	7.76	7.77	7.72	7.68		7.71		7.67	7.61	7.62	7.61
	Simon, Josephine			7.82				7.86							7.82
	--State--	8.04													8.04
	Damron, Alexandra			8.06				8.06							8.06
	Woda, Emilie				8.15	8.07	8.24								8.07
	Picard, Lucie								8.10						8.10
	Landler, Anna									8.11					8.11
	--FCIAC--	8.14													8.14
	Petruzzelli, Samantha		8.25					8.32		8.19	8.30	8.18			8.18
	Phelan, Leah								8.20	8.23					8.20
	Ball, Scarlett		8.35						8.31						8.31
	Moroknek, Leah								8.42	8.43					8.42
	Cohen, Rebecca		8.87				8.68		8.51	8.55	8.47	8.46			8.46
	Doman, Elaine						8.47		8.47						8.47
	Cushman, Lauren								8.50						8.50
	MacDonald, Casey		8.65				8.60				8.52				8.52
	Boxer, Jessica								8.62	8.63					8.62
	Mitten, Courtney								8.62	8.80					8.62
	Bunt, Caroline		8.71						8.68	8.65					8.65
	McSpedon, Julia		8.78						8.72	8.79					8.72
	Jelkovic, Emma		8.87						8.79	8.74					8.74
	Keough, Megan		8.98						8.76	8.81					8.76
	McGill, Brianne		8.98						8.77						8.77
	Sleigh, Fiona		8.88						8.87	8.78					8.78
	Janerico, Valentina		8.80												8.80
	McInerney, Delia		8.89						8.92	8.85					8.85
	Addison, Makyla		8.91						9.17	8.87					8.87
	Woda, Gabrielle		9.06						8.88						8.88
Butala, Mary Grace		9.01						8.93						8.93	
Keyes, Eleanor								8.97						8.97	
Barkan, Haley								8.97						8.97	
Briggs, Reagan		9.32								9.03				9.03	
Seel, Jessica										9.08				9.08	
Collins, Lucy		9.20						9.10						9.10	
Puchall, Gabriella		9.22												9.22	
Carnicelli, Lily		9.26												9.26	
DeMassa, Elizabeth		9.31												9.31	
Arnold, Taylor								9.33						9.33	
Catizone, Allison		9.34												9.34	
Cumming, Lila		9.44												9.44	
Kaiser, Elizabeth		9.55												9.55	
Bah, Estelle		9.60						9.59	9.58					9.58	
Gaisser, Julie		10.22						9.63	9.65					9.63	
Hirsch, Anna		9.98							9.73					9.73	
Barton, Elizabeth		9.90												9.90	
Cordisco, Sarah								10.00	10.03					10.00	
Rodriguez, Sofia								10.02						10.02	
Markham, Mikaela		10.39						10.12						10.12	
Jones, Phoebe		10.40						10.12	10.29					10.12	
Meenan, Julia		11.28												11.28	

## 300m

Min of Results		Meet													
What	Who	Stds	Stp1219	HI1219	NSI1226	JLI1229	ECI108	Wit0109	YI0116	Stp0116	Wil0128	WDv0130	FCIAC204	LL0211	Best
300m	--National--	0:40.24													0:40.24
	--RHS Rec--	0:42.55													0:42.55
	Damron, Alexandra				0:43.78		0:44.07		0:43.00			0:44.11	0:43.37	0:44.24	0:43.00
	Sacchi, Elizabeth			0:45.65	0:44.71		0:44.93		0:44.21			0:45.01	0:45.17	0:44.32	0:44.21
	Jasminski, Katherine				0:44.66										0:44.66
	Nazworth, Victoria			0:45.37			0:44.97			0:45.55		0:45.07	0:45.01		0:44.97
	Landler, Anna								0:45.43						0:45.43
	Conroy, Catherine		0:49.66			0:47.22	0:47.36			0:50.10		0:48.01	0:46.17	0:46.15	0:46.15
	Phelan, Leah				0:47.83	0:48.13		0:48.91	0:46.83			0:47.51	0:46.88		0:46.83
	Woda, Emilie				0:47.23										0:47.23
	--State--	0:47.24													0:47.24
	--FCIAC--	0:47.74													0:47.74
	Cushman, Lauren							0:49.05			0:48.35				0:48.35
	Marr, Ashlyn									0:48.38					0:48.38
	Ball, Scarlett		0:50.00												0:50.00
	Cohen, Rebecca		0:54.10			0:54.01		0:51.87		0:50.08	0:50.32				0:50.08
	Petruzzelli, Samantha									0:50.10					0:50.10
	Doman, Elaine		0:52.61			0:50.24									0:50.24
	Picard, Lucie							0:50.58							0:50.58
	Linke, Erika									0:50.93	0:54.11				0:50.93
	Bunt, Caroline		0:51.00					0:52.73		0:51.24					0:51.00
	McInerney, Delia		0:53.77					0:55.24		0:52.59					0:52.59
	Mitten, Courtney							0:52.93							0:52.93
	Lang, Kathryn							0:55.22		0:53.10					0:53.10
	McSpedon, Julia		0:53.23					0:53.55							0:53.23
	Seel, Jessica									0:53.80					0:53.80
	Collins, Lucy		0:53.87					0:54.52							0:53.87
	Sleigh, Fiona		0:53.96					0:55.96		0:54.34					0:53.96
	Butala, Mary Grace		0:54.05					0:55.98							0:54.05
	Briggs, Reaghan									0:54.52					0:54.52
	Kelley, Margaux									0:54.89					0:54.89
	Cumming, Lila		0:55.36												0:55.36
	Woda, Gabrielle		0:55.42					0:57.05							0:55.42
	Janerico, Valentina							0:55.85							0:55.85
	Boxer, Jessica							0:55.88							0:55.88
	DeMassa, Elizabeth		0:56.73												0:56.73
	Bah, Estelle		1:00.94					1:01.77		0:58.07					0:58.07
	Colao, Annabelle							0:58.37							0:58.37
	Jelkovic, Emma		0:58.56												0:58.56
	Puchall, Gabriella		0:59.34												0:59.34
	Andrews, Caroline		0:59.35												0:59.35
	Gaisser, Julie		1:05.65					0:59.77		1:00.32					0:59.77
	Kaiser, Elizabeth		1:00.16												1:00.16
	Barton, Elizabeth		1:00.59												1:00.59
	Hirsch, Anna		1:01.06							1:00.96					1:00.96
	Carnicelli, Lily		1:01.12												1:01.12

## Middle Distance

Min of Results		Meet													Best
What	Who	Stds	Stp1219	HI1219	NSI1226	JLI1229	ECI108	WIt0109	Stp0116	Wil0128	WDv0130	FCIAC204	LL0211	Open0220	Best
600m	--National--	1:35.80													1:35.80
	--RHS Rec--	1:37.83													1:37.83
	Jasminski, Katherine				1:42.03		1:42.00				1:43.11	1:41.55	1:40.42	1:40.69	1:40.42
	Landler, Anna			1:48.33			1:46.18				1:47.63	1:43.35	1:43.40		1:43.35
	McGerald, Kasey				1:46.70										1:46.70
	Marr, Ashlyn					1:55.33	1:49.56		1:52.09			1:48.25	1:48.11		1:48.11
	--State--	1:49.24													1:49.24
	Damron, Alexandra			1:53.70	1:51.48										1:51.48
	Phelan, Leah				1:53.46	1:56.16									1:53.46
	--FCIAC--	1:55.24													1:55.24
	Lang, Kathryn							2:04.00	1:57.77	1:56.41	1:56.30				1:56.30
	Phelan, Claire			2:02.31		1:57.25		1:59.08	2:01.74	2:03.72					1:57.25
	Sacchi, Elizabeth								1:57.43						1:57.43
	Kelley, Margaux			2:10.59		2:02.51		2:03.30	2:01.74	2:00.68					2:00.68
	Britto, Aneeka								2:01.69	2:08.82					2:01.69
	Linke, Erika								2:03.27	2:07.85					2:03.27
	Dabroi, Chandler			2:13.48					2:05.21	2:08.08					2:05.21
	Arnold, Taylor							2:16.84	2:10.49						2:10.49
	Nastasi, Eve				2:18.48										2:18.48
	Savino, Kristen			2:29.80					2:23.19						2:23.19
Vicente-Masco, Paula			2:32.80											2:32.80	
1000m	--RHS Rec--	2:54.75													2:54.75
	--National--	2:55.00													2:55.00
	Hergenrother, Julia										3:10.45	3:08.81	3:06.77	3:04.17	3:04.17
	Jasminski, Katherine					3:08.89	3:06.95								3:06.95
	Kelley, Ava				3:11.45		3:07.03				3:11.14				3:07.03
	Bordash, Kelsey						3:11.73					3:10.36			3:10.36
	Maue, Rachel						3:21.70					3:11.19			3:11.19
	McGerald, Kasey					3:21.81	3:19.03								3:19.03
	Landler, Anna			3:21.99			3:20.32								3:20.32
	Greene, Haley						3:25.39					3:22.20			3:22.20
	Hergenrother, Emma					3:24.46	3:26.57					3:24.64			3:24.46
	--State--	3:25.24													3:25.24
	--FCIAC--	3:30.24													3:30.24
	Marr, Ashlyn						3:31.79				3:30.35				3:30.35
	Nastasi, Eve			3:35.22					3:49.85	3:39.08	3:32.08				3:32.08
	Walter, Abbey						3:43.34				3:38.19				3:38.19
	Byrne, Gwen						3:42.19								3:42.19
	Rinke, Mckenzie									3:48.82	3:43.78				3:43.78
	Bracken, Katherine								3:47.44						3:47.44
	Linke, Erika								3:53.30						3:53.30
	Lang, Kathryn			3:54.59											3:54.59
	DellaCorte, Angele								3:54.93						3:54.93
	Colao, Annabelle								3:55.06						3:55.06
	Anderson, Christina									4:04.73					4:04.73
	Dabroi, Chandler								4:07.15						4:07.15
	Burns, Grace			4:10.60											4:10.60
Forbis, Eleanor									4:41.37					4:41.37	

## Distance

Min of Results		Meet															
What	Who	Sids	Stp1219	HF1219	NSI1226	JLI1229	WI0102	EC1108	WI0109	YI0116	Stp0116	WII0128	WDV0130	FCIAC204	LL0211	Best	
1600m	--National--	4:57.28														4:57.28	
	--RHS Rec--	4:58.09														4:58.09	
	McGerald, Kasey			5:25.89				5:21.50		5:33.24			5:27.77	5:17.50	5:45.42	5:17.50	
	Kelley, Ava			5:26.35				5:22.34						5:17.57	5:20.07	5:17.57	
	Bordash, Kelsey			5:42.78				5:32.89		5:21.39			5:59.51		5:33.11	5:21.39	
	Hergenrother, Julia							5:44.62						5:27.43		5:27.43	
	Jasminski, Katherine			5:33.06												5:33.06	
	Maue, Rachel			5:41.31					5:34.88				5:33.52		5:35.76	5:33.52	
	Hergenrother, Emma			5:45.89					5:41.99				5:53.64		5:42.62	5:41.99	
	Greene, Haley			5:42.78					5:54.18				5:48.66		5:44.56	5:42.78	
	Walter, Abbey						6:26.28				5:59.07		5:55.40	5:50.14	6:06.47	5:50.14	
	--State--	5:50.24															5:50.24
	Landler, Anna											5:57.25					5:57.25
	--FCIAC--	6:00.24															6:00.24
	Byrne, Gwenyth										6:02.88						6:02.88
	Bracken, Katherine				6:09.85		6:02.92					6:17.49	6:09.20				6:02.92
	Byrne, Gwen				6:17.65					6:18.76							6:17.65
	Phelan, Claire					6:25.54											6:25.54
	Colao, Annabelle			6:47.37								6:28.11					6:28.11
	DellaCorte, Angele			6:39.78								6:31.21					6:31.21
Lang, Kathryn			6:32.56													6:32.56	
Fitzpatrick, Mackenzie									6:32.70							6:32.70	
Rodgers, Emily											6:35.90					6:35.90	
Pell, Carolyn			6:48.90								6:42.13					6:42.13	
Rinke, Mckenzie			6:45.10													6:45.10	
de Lange, Sarah			6:56.45								6:45.89					6:45.89	
Davis, Adrianna			6:46.22								6:47.18					6:46.22	
MacDonald, Robin			6:46.31													6:46.31	
Burns, Grace									6:52.74							6:52.74	
Anderson, Christina			7:07.36						7:04.38							7:04.38	
3200m	--National--	10:28.36														10:28.36	
	--RHS Rec--	11:01.73														11:01.73	
	Kelley, Ava						11:42.89			11:34.76				12:29.42	11:45.18	11:34.76	
	Maue, Rachel						11:54.52			11:46.59			11:58.45	11:49.15	12:11.73	11:46.59	
	Hergenrother, Emma						12:20.66			12:15.28			12:35.00			12:15.28	
	Hergenrother, Julia									12:17.37						12:17.37	
	Bordash, Kelsey						12:23.82									12:23.82	
	Greene, Haley									12:31.56			12:59.49			12:31.56	
	--State--	12:40.24															12:40.24
	--FCIAC--	13:00.24															13:00.24
	Walter, Abbey						13:34.26		13:28.46								13:28.46
	Bracken, Katherine						13:42.05										13:42.05
	Byrne, Gwen						13:53.15										13:53.15
	Phelan, Claire						14:30.42										14:30.42
3000m	--RHS Rec--	10:13.98														10:13.98	
	Kelley, Ava						10:54.64			10:47.07						10:47.07	
	Maue, Rachel						11:05.47			10:58.09						10:58.09	
	Hergenrother, Emma						11:29.82			11:24.81						11:24.81	
	Hergenrother, Julia									11:26.76						11:26.76	
	Bordash, Kelsey						11:32.76									11:32.76	
	Greene, Haley								11:39.97							11:39.97	
	--State--	11:48.24															11:48.24
	--FCIAC--	12:06.68															12:06.68
	Walter, Abbey						12:38.37										12:38.37
	Bracken, Katherine						12:45.62										12:45.62
Byrne, Gwen						12:55.96										12:55.96	
Phelan, Claire						13:30.67										13:30.67	
1Mile	Bordash, Kelsey			5:44.78						5:23.26						5:23.26	
	McGerald, Kasey			5:27.79						5:35.18						5:27.79	
	Kelley, Ava			5:28.25												5:28.25	
	Jasminski, Katherine			5:35.00												5:35.00	
	Maue, Rachel			5:43.30												5:43.30	
	Greene, Haley			5:44.78												5:44.78	
	Hergenrother, Emma			5:47.91												5:47.91	
	Bracken, Katherine			6:12.01												6:12.01	
	Byrne, Gwen			6:19.85												6:19.85	

## Hurdles

Min of Results		Meet													Best
What	Who	Stds	Stp1219	HI1219	NSI1226	WI0102	ECI108	Wit0109	YI0116	Stp0116	WDv0130	FCIAC204	LL0211	Open0220	Best
55HH	--National--	8.14													8.14
	--RHS Rec--	8.90													8.90
	Simon, Josephine			9.54	9.28		9.48		9.35		9.26	9.21	9.22	9.04	9.04
	Nazworth, Victoria			10.17			9.43			9.53	9.40	9.45	9.25	9.15	9.15
	--State--	10.24													10.24
	Petruzzelli, Samantha			10.87			11.30				10.36	10.34	10.29		10.29
	McSpedon, Julia			11.28		11.24		10.90			10.51	12.40	10.33		10.33
	--FCIAC--	10.74													10.74
DeMassa, Elizabeth			12.28											12.28	

## Field Events

Max of Results		Meet												
What	Who	Stds	Stp1219	NSI1226	JLI1229	WI0102	WIt0109	Stp0116	WIl0128	WDv0130	FCIAC204	LL0211	Open0220	Best
HJ	--RHS Rec--	5' 02.00												5' 02.00
	Conroy, Catherine							4' 02.00	4' 06.00	4' 06.00	4' 10.00	4' 08.00		4' 10.00
	Sogaard, Sofie		4' 10.00	4' 08.00	4' 08.00	4' 08.00	4' 08.00	4' 08.00		4' 08.00	4' 10.00	4' 10.00		4' 10.00
	--State--	4' 08.00												4' 08.00
	Moroknek, Leah				4' 04.00		4' 06.00	4' 04.00		4' 06.00	4' 06.00			4' 06.00
	Doman, Elaine						4' 06.00	4' 06.00		4' 06.00	4' 06.00			4' 06.00
	--FCIAC--	4' 06.00												4' 06.00
	McInerney, Grace						4' 02.00							4' 02.00
Janerico, Valentina						4' 00.00	4' 00.00						4' 00.00	
LJ	--RHS Rec--	17' 02.50												17' 02.50
	Landler, Anna							15' 03.00		14' 11.50	16' 02.75	16' 00.00	15' 11.00	16' 02.75
	Sogaard, Sofie		14' 03.00	14' 07.00	15' 04.50		14' 11.50				15' 09.00	15' 03.00		15' 09.00
	Conroy, Catherine		12' 11.00		14' 08.00			11' 09.50		12' 10.75	14' 04.00			14' 08.00
	--State--	14' 06.00												14' 06.00
	Moroknek, Leah		12' 01.50		13' 09.00			13' 03.25		13' 08.50	14' 03.25			14' 03.25
	--FCIAC--	13' 09.00												13' 09.00
Doman, Elaine		11' 02.25											11' 02.25	
Janerico, Valentina				10' 09.50									10' 09.50	
PV	--RHS Rec--	10' 06.00												10' 06.00
	MacDonald, Casey		8' 00.00		7' 06.00	7' 06.00	7' 00.00	8' 00.00		8' 06.00	9' 06.00	9' 06.00	9' 00.00	9' 06.00
	--State--	8' 00.00												8' 00.00
	--FCIAC--	7' 00.00												7' 00.00
	Moroknek, Leah		6' 00.00				5' 06.00		6' 00.00					6' 00.00
SP	--RHS Rec--	34' 09.00												34' 09.00
	McGill, Brianne		29' 01.00				29' 08.00	29' 08.00		31' 09.00	32' 09.00	33' 01.00		33' 01.00
	--State--	28' 00.00												28' 00.00
	Sogaard, Sofie		26' 00.00				26' 01.00		27' 05.00	27' 05.75				27' 05.75
	--FCIAC--	26' 00.00												26' 00.00
	Meenan, Julia		19' 10.00				22' 03.00	22' 01.00	23' 08.00	24' 06.00				24' 06.00
	Markham, Mikaela		22' 00.00				23' 08.00	22' 03.00	21' 01.50					23' 08.00
	Cordisco, Sarah				23' 04.00		23' 01.00	23' 06.00	23' 00.00					23' 06.00
	Janerico, Valentina		20' 04.00		21' 03.00		18' 08.00	17' 11.00	22' 03.00					22' 03.00
	Addison, Makyla		20' 05.00				19' 09.00	21' 10.00	22' 02.50					22' 02.50
	Briggs, Reagan		19' 02.00					20' 08.00						20' 08.00
	Arnold, Taylor		20' 00.00		20' 02.00		19' 04.00	20' 07.00						20' 07.00
	Jones, Phoebe		18' 09.00				19' 08.00	20' 06.00						20' 06.00
Keough, Megan		17' 04.00				18' 10.00	17' 08.00						18' 10.00	
Rodriguez, Sofia						18' 06.00	18' 06.00						18' 06.00	

## Relay Legs

Min of Results		Meet												Best
What	Who	Stp1219	HF1219	NSI1226	JLI1229	YI0116	Stp0116	WDv0130	FCIAC204	LL0211	Open0220	NE0228	ES0301	Best
200mR	Simon, Josephine					0:27.68		0:28.66	0:26.03	0:27.62	0:27.39			0:26.03
	Damron, Alexandra					0:26.24	0:29.07	0:29.52	0:26.42	0:26.93	0:27.30			0:26.24
	Sacchi, Elizabeth				0:27.60	0:28.15	0:30.67	0:29.46	0:28.26	0:27.52	0:26.90			0:26.90
	Nazworth, Victoria					0:27.77	0:30.39	0:30.12	0:28.08	0:27.18	0:27.67			0:27.18
	Woda, Emilie				0:29.01									0:29.01
	Phelan, Leah						0:31.98		0:31.02					0:31.02
	Marr, Ashlyn						0:31.87							0:31.87
	Conroy, Catherine	0:32.82												0:32.82
	Realander, Julia						0:32.84							0:32.84
	Cohen, Rebecca						0:33.79							0:33.79
	Nastasi, Eve						0:34.34							0:34.34
	Bunt, Caroline						0:34.45							0:34.45
	McSpedon, Julia						0:34.82							0:34.82
	Mitten, Courtney						0:35.04							0:35.04
	Phelan, Claire						0:35.17							0:35.17
	Butala, Mary Grace	0:36.32												0:36.32
Woda, Gabrielle	0:36.47												0:36.47	
Collins, Lucy	0:36.54												0:36.54	
400mR	Damron, Alexandra			1:03.04		1:00.92		1:05.85	1:00.31	1:02.45	1:01.91		1:01.06	1:00.31
	Jasminski, Katherine			1:03.77				1:06.00	1:01.61	1:02.16	1:01.33			1:01.33
	Landler, Anna								1:04.12	1:02.59	1:01.74			1:01.74
	Hergenrother, Julia							1:06.88	1:03.34	1:03.69	1:02.09			1:02.09
	McGerald, Kasey			1:06.40	1:05.03			1:10.46						1:05.03
	Phelan, Leah								1:05.61	1:07.17	1:06.25			1:05.61
Sacchi, Elizabeth			1:07.86										1:07.86	
800mR	Jasminski, Katherine		2:22.75		2:30.90	2:20.64		2:38.04	2:24.85	2:21.96	2:26.50	2:19.76	2:18.53	2:18.53
	Kelley, Ava		2:27.21					2:27.20	2:27.34	2:23.96	2:29.65			2:23.96
	Hergenrother, Julia		2:26.70						2:31.16	2:25.21	2:29.95	2:24.01		2:24.01
	McGerald, Kasey		2:31.03					2:35.75	2:27.67		2:26.77	2:26.38		2:26.38
	Bordash, Kelsey		2:28.70					2:46.70	2:35.16	2:29.19	2:26.48	2:27.72		2:26.48
	Maue, Rachel		2:32.53					2:36.12		2:30.50				2:30.50
	Greene, Haley		2:34.91											2:34.91
	Hergenrother, Emma		2:39.93											2:39.93
1200mR	Kelley, Ava					3:46.31								3:46.31
	Hergenrother, Julia											3:53.73		3:53.73
1600mR	McGerald, Kasey					5:33.02								5:33.02
	Bordash, Kelsey											5:33.39		5:33.39

## Relays

Min of Results		Meet													Best	
What	Who	Stds	Stp1219	HF1219	NSI1226	JLI1229	WIt0109	YI0116	Stp0116	WDv0130	FCIAC204	LL0211	Open0220	NE0228	ES0301	Best
4x200	--National--	1:45.00														1:45.00
	RHS A		2:31.59				2:04.40	1:49.84	2:01.21	1:57.76	1:48.79	1:49.91	1:50.36			1:48.79
	--RHS Rec--	1:49.80														1:49.80
	--State--	2:00.00														2:00.00
	RHS Jumpers						2:08.50									2:08.50
	RHA F						2:11.20									2:11.20
	RHS B		2:12.70				2:13.50		2:18.10							2:12.70
	RHS Dist						2:15.90		2:14.22							2:14.22
RHS Thrower						2:30.60									2:30.60	
4x400	--National--	4:02.00														4:02.00
	--RHS Rec--	4:05.79														4:05.79
	RHS A				4:21.07					4:29.51	4:10.85	4:10.87	4:07.25			4:07.25
	--State--	4:38.00														4:38.00
4x800	--RHS Rec--	9:18.60														9:18.60
	--National--	9:32.00														9:32.00
	RHS A			9:45.33						10:36.40	9:51.00	9:45.79	9:49.87	9:37.97		9:37.97
	RHS B			10:18.37												10:18.37
--State--	11:00.00														11:00.00	
SM/S	RHS A									4:32.40					4:32.40	
SMR	--National--	4:16.00														4:16.00
	--RHS Rec--	4:17.91														4:17.91
	RHS A				4:32.76					4:20.40	4:35.88	4:27.49	4:31.96			4:20.40
	--State--	4:50.00														4:50.00
DMR	--National--	12:28.00														12:28.00
	RHS A							12:40.89							12:46.69	12:40.89
4x1600	--National--	21:15.00														21:15.00