

Year of Best

New This Year

Season	In
Event	55m

Pos	Best	Year of Best													Best	
		2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015		
1	Missinne, Madison					0:07.57	0:07.20	0:07.49	0:07.60							0:07.20
2	Doak, Michelle					0:07.88	0:07.60									0:07.60
3	Samms, Safiya			0:07.99	0:07.68											0:07.68
4	Heaslip, Emily		0:07.74													0:07.74
5	Huggins, Shateesha	0:07.75														0:07.75
6	Maher, Alley	0:07.77														0:07.77
7	Brown, Monica						0:07.80	0:08.14	0:08.08							0:07.80
8	Woda, Emilie											0:07.84	0:07.89			0:07.84
9	Sacchi, Elizabeth											0:08.13	0:07.87			0:07.87
10	Lipson, Brynna	0:08.21	0:08.14	0:07.90												0:07.90
11	Garofalo, Tori								0:08.18	0:07.92						0:07.92
12	Curth, Christy	0:08.29	0:07.94	0:08.11	0:08.01											0:07.94
13	Yaffa, Julie			0:07.99	0:07.98											0:07.98
14	Stephens, Joi									0:07.99	0:07.98					0:07.98
15	Simon, Josephine											0:07.98				0:07.98
16	Howell, Rebecca				0:10.60		0:08.00									0:08.00
17	Damron, Alexandra											0:08.19	0:08.00			0:08.00
18	Meegan, Taylor							0:08.08	0:08.03							0:08.03
19	Hartmayer, Morgan										0:08.14	0:08.17	0:08.09			0:08.09
20	Murdoch, Katie		0:08.14													0:08.14
21	Picard, Lucie												0:08.14			0:08.14
22	Turner, Diane								0:08.17							0:08.17
23	Felt, Alissa					0:08.18	0:08.31									0:08.18
24	Phelan, Leah										0:08.19					0:08.19
25	Morehead, Katherine								0:08.20							0:08.20
	Lockwood, Keely								0:08.20							0:08.20
	Berta, Amanda								0:08.20							0:08.20
	Best	0:07.75	0:07.74	0:07.90	0:07.68	0:07.57	0:07.20	0:07.49	0:07.60	0:08.03	0:07.92	0:07.98	0:07.84	0:07.87		0:07.20

Season	In
Event	300m

Pos	Best	Year													Best	
		2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015		
1	Missinne, Madison					0:42.58	0:44.39	0:43.13	0:45.17							0:42.58
2	Heaslip, Emily		0:43.70	0:42.70	0:43.10											0:42.70
3	Weeks, Molly											0:43.50				0:43.50
4	Berta, Amanda									0:45.79	0:44.66	0:43.52				0:43.52
5	Damron, Alexandra												0:44.72	0:43.56		0:43.56
6	Schaefer, Megan				0:47.40	0:44.20										0:44.20
7	Murdoch, Katie	0:46.70	0:45.41		0:44.50											0:44.50
8	Curth, Christy	0:47.76	0:47.70	0:48.90	0:44.58											0:44.58
9	Jorgensen, Kelly				0:47.50	0:44.80	0:46.40	0:50.16								0:44.80
10	Doak, Michelle					0:44.80	0:46.10									0:44.80
11	Moffat, Aimee			0:45.00												0:45.00
12	Woda, Emilie												0:50.17	0:45.20		0:45.20
13	Davis, Caroline			0:45.20												0:45.20
14	Phelan, Leah											0:48.07	0:45.86	0:45.26		0:45.26
15	Nazworth, Victoria											0:51.19	0:45.39			0:45.39
16	Turner, Diane									0:45.64						0:45.64
17	Parry, Kristin		0:45.90													0:45.90
18	Lipson, Brynna	0:46.26	0:47.60	0:45.94												0:45.94
19	Manna, Colleen					0:46.00	0:47.40	0:47.51								0:46.00
20	Christiansen, Karryn							0:48.57	0:46.00							0:46.00
21	Bermudez, Bella						0:46.08									0:46.08
22	Fitzgibbon, Kristin						0:46.12									0:46.12
23	Sacchi, Elizabeth											0:49.29	0:46.12			0:46.12
24	Mickool, Sarah									0:49.90	0:46.19	0:46.21				0:46.19
25	Treschitta, Mary Grace			0:46.30												0:46.30
	Best	0:46.26	0:43.70	0:42.70	0:43.10	0:42.58	0:44.39	0:43.13	0:45.17	0:45.64	0:44.66	0:43.50	0:44.72	0:43.56		0:42.58

Season	In
Event	600m

Pos	Best														Best		
		2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015			
1	Murdoch, Katie			1:37.83	1:42.40												1:37.83
2	Heaslip, Emily	1:40.39	1:38.30	1:39.21	1:41.37												1:38.30
3	Mercorella, Hannah										1:54.93	1:43.22	1:40.34				1:40.34
4	Stephens, Heather				1:43.60	1:41.00											1:41.00
5	Christiansen, Karryn								1:45.03	1:41.29	1:43.31						1:41.29
6	Jasminski, Katherine															1:41.80	1:41.80
7	Rosenfeld, Leah	1:57.00	1:46.20		1:42.30												1:42.30
8	Weeks, Molly											1:42.93					1:42.93
9	Baker, Kelly						1:51.70	1:43.51	1:45.00								1:43.51
10	Helgesen, Caitlin	1:44.69															1:44.69
11	Wilson, Elizabeth	1:45.49															1:45.49
12	Holmes, Kelly					1:50.10	1:45.85	1:49.03									1:45.85
13	Carr, Caroline									1:46.12	1:48.50						1:46.12
14	Carpenter, Kara					1:58.10	1:48.98	1:47.38	1:46.34								1:46.34
15	Navarro, Elizabeth		1:47.18	1:46.40													1:46.40
16	Mickool, Sarah											1:46.44	1:51.02				1:46.44
17	Corso, Briana						1:48.80	1:50.15	1:47.00	1:50.10							1:47.00
18	Fleming, Elizabeth		1:52.70		1:47.08												1:47.08
19	Foss, Elizabeth					1:50.80	1:47.70	1:47.21									1:47.21
20	Briody, Terra									1:47.30							1:47.30
21	Battipaglia, Sarah												1:47.37				1:47.37
22	Teltsch, Lauren				2:02.00	1:59.00	1:49.70	1:47.41									1:47.41
23	Hergenrother, Laura										1:54.90	1:48.28					1:48.28
24	McCarthy, Samantha									1:50.30	1:48.29						1:48.29
25	Lipson, Brynna	1:50.00	1:48.30	1:49.79													1:48.30
	Best	1:40.39	1:38.30	1:37.83	1:41.37	1:41.00	1:45.85	1:43.51	1:45.00	1:41.29	1:43.31	1:42.93	1:43.22	1:40.34			1:37.83

Season	In
Event	1000m

Pos	Best	Year												Best	
		2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014		2015
1	Hergenrother, Laura									3:31.80	3:23.74	3:07.20	2:54.75		2:54.75
2	Rosenfeld, Leah		3:10.85	3:11.50	2:59.10										2:59.10
3	Murdoch, Katie			3:15.80	2:59.10										2:59.10
4	Stephens, Heather			3:19.40	3:11.00	2:59.13	3:03.30								2:59.13
5	Fleming, Hannah											3:19.21	3:23.37	3:04.22	3:04.22
6	Bordash, Kelsey												3:22.87	3:06.11	3:06.11
7	Teitsworth, Elly	3:33.80	3:09.47		3:11.50										3:09.47
8	Helgesen, Caitlin	3:19.80	3:09.90												3:09.90
9	Hergenrother, Julia													3:10.47	3:10.47
10	Navarro, Elizabeth			3:12.01	3:10.54	3:18.56									3:10.54
11	Holmes, Megan		3:13.00	3:17.20	3:16.90	3:10.99									3:10.99
12	Gorski, Olivia													3:11.50	3:11.50
13	Howley, Katherine						3:14.30	3:16.90	3:11.80						3:11.80
14	Corso, Isabella						3:13.70	3:18.40	3:12.10	3:24.58					3:12.10
15	Guillaume, Sarah								3:25.40	3:16.00	3:18.36	3:12.24			3:12.24
16	Budicini, Melissa									3:29.70	3:22.24	3:16.90	3:16.16		3:16.16
17	Greene, Haley												3:16.20		3:16.20
18	Breves, Nicole	3:16.50													3:16.50
19	Corso, Briana						3:20.59	3:31.75	3:16.70						3:16.70
20	Briody, Terra										3:16.98				3:16.98
21	Holmes, Kelly				3:28.37	3:17.07	3:19.30	3:21.96							3:17.07
22	Foss, Elizabeth					3:20.40	3:17.20	3:21.11							3:17.20
23	Kelley, Ava												3:31.41	3:18.43	3:18.43
24	Carr, Caroline								3:23.60	3:24.70	3:18.44				3:18.44
25	Mickool, Sarah												3:18.61		3:18.61
	Best	3:16.50	3:09.47	3:11.50	2:59.10	2:59.13	3:03.30	3:16.90	3:11.80	3:16.00	3:18.36	3:07.20	2:54.75	3:04.22	2:54.75

Season	In
Event	1600m

Pos	Best	Year														Best	
		2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015			
1	Stephens, Heather			5:28.00	5:15.44	5:18.90	4:54.94										4:54.94
2	Rosenfeld, Leah			5:16.36	4:58.29												4:58.29
3	Hergenrother, Laura										5:26.12	5:13.00	5:03.50				5:03.50
4	Fleming, Hannah										5:42.33	5:29.10	5:22.04	5:09.69			5:09.69
5	Howley, Katherine					5:42.30	5:21.21	5:17.93	5:12.32								5:12.32
6	Guillaume, Sarah									5:40.44	5:40.80	5:24.50	5:17.42				5:17.42
7	Breves, Nicole	5:19.71															5:19.71
8	Corso, Isabella							5:20.70	5:32.40	5:28.54	5:39.80						5:20.70
9	Bordash, Kelsey													5:33.62	5:26.99		5:26.99
10	Teitsworth, Elly	5:59.00	5:46.70	5:28.30	5:36.60												5:28.30
11	Chain, Rebecca	5:30.50	5:34.50														5:30.50
12	McClane, Jenna							5:30.95	5:31.63	5:52.40	5:39.00						5:30.95
13	Greene, Haley													5:31.59	5:52.38		5:31.59
14	McCarthy, Samantha										5:33.72						5:33.72
15	Kelley, Ava													6:17.74	5:33.83		5:33.83
16	Holmes, Megan			5:58.40	6:04.90	5:35.88											5:35.88
17	Murdoch, Katie			5:36.60													5:36.60
18	Krichko, Kori								5:38.63	5:40.16							5:38.63
19	Gorski, Olivia												6:32.79	5:53.20	5:39.89		5:39.89
20	Tannenbaum, Madison									5:46.02	5:40.04						5:40.04
21	Budicini, Melissa											5:49.53	5:40.26				5:40.26
22	Navarro, Elizabeth			5:51.20	5:44.50												5:44.50
23	Jasminski, Katherine														5:44.51		5:44.51
24	Helgesen, Caitlin	6:03.20	5:45.43														5:45.43
25	Jacullo, Jeanne									6:09.80	5:47.64	5:47.57					5:47.57
	Best	5:19.71	5:34.50	5:16.36	4:58.29	5:18.90	4:54.94	5:17.93	5:12.32	5:39.00	5:24.50	5:13.00	5:03.50	5:09.69			4:54.94

Season	In
Event	3200m

Pos	Best	Best														Best	
		2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015			
1	Stephens, Heather			11:01.9	11:01.6	11:02.6	10:45.1										10:45.1
2	Guillaume, Sarah								12:43.7	12:50.6	11:15.9						11:15.9
3	Corso, Isabella						11:23.7	12:20.0	12:25.0	12:08.9							11:23.7
4	Rosenfeld, Leah				11:25.5												11:25.5
5	Hergenrother, Laura									12:36.4	12:17.4	11:25.5	12:12.1				11:25.5
6	Chain, Rebecca	11:42.0	11:43.4														11:42.0
7	Holmes, Megan		11:48.3	11:48.5	13:04.0	12:58.2											11:48.3
8	Greene, Haley											11:48.9	12:12.0				11:48.9
9	Howley, Katherine					12:31.0	11:50.5	11:51.6	11:59.6								11:50.5
10	Gorski, Olivia															11:51.8	11:51.8
11	Teitsworth, Elly	12:33.8	12:44.1	12:15.5	11:53.1												11:53.1
12	Fleming, Hannah										12:13.3	11:59.3			12:11.1		11:59.3
13	Carr, Caroline									13:07.0	12:09.0						12:09.0
14	Budicini, Melissa									14:03.7	13:13.6	12:26.8	12:10.2				12:10.2
15	Maue, Rachel												12:32.7	12:12.4			12:12.4
16	Kelley, Ava													12:13.9			12:13.9
17	Ventrella, Jen								13:00.9	13:14.0	12:14.9						12:14.9
18	McClane, Jenna						12:20.5	12:22.4		12:43.4							12:20.5
19	Krichko, Kori							12:33.3	12:21.4								12:21.4
20	Jacullo, Jeanne								12:55.2	13:04.7	12:32.7	12:25.7					12:25.7
21	Beauregard, Tierney												12:48.8	14:51.7			12:48.8
22	Byrne, Gwenyth												12:51.3	12:50.7			12:50.7
23	Hergenrother, Emma											12:54.3					12:54.3
24	Gennusa, Olivia						13:03.0										13:03.0
25	Cody, Alix	13:07.3															13:07.3
	Best	11:42.0	11:43.4	11:01.9	11:01.6	11:02.6	10:45.1	11:51.6	11:59.6	12:08.9	12:09.0	11:15.9	11:48.9	11:51.8			10:45.1

Season	In
Event	55HH

Pos	Best	Year													Best		
		2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015			
1	Schaefer, Megan					0:09.15	0:08.80										0:08.80
2	Arturi, Caitlin	0:10.32	0:10.12	0:08.90													0:08.90
3	Treat, Alyssa			0:08.90													0:08.90
4	Summers, Liz	0:09.00	0:10.06														0:09.00
5	Tan, Esther					0:10.50	0:09.00										0:09.00
6	Simon, Josephine												0:09.63	0:09.18			0:09.18
7	Davis, Caroline			0:09.26													0:09.26
8	Heaslip, Jamie				0:09.48	0:09.30	0:09.39										0:09.30
9	Nazworth, Victoria												0:10.34	0:09.32			0:09.32
10	Navarro, Emily	0:10.52	0:09.98	0:09.35													0:09.35
11	Goodfriend, Amy			0:09.90													0:09.90
12	Webb, Margaret									0:09.90							0:09.90
13	Bower, Molly					0:10.33	0:10.10	0:09.91									0:09.91
14	Morehead, Katherine								0:10.13	0:10.13	0:09.94						0:09.94
15	Webb, Maggie							0:10.57	0:09.95								0:09.95
16	Tobin, Lane								0:10.75	0:10.00	0:10.47	0:10.28					0:10.00
17	Malone, Zoe									0:10.57	0:10.69	0:10.32	0:10.08				0:10.08
18	Scott, Emma											0:10.39	0:10.13	0:10.56			0:10.13
19	Lindenburg, Margaret											0:11.00	0:10.38	0:10.16			0:10.16
20	Kirsch, Hannah								0:10.73	0:10.18							0:10.18
21	Okrongly, Claire				0:10.96	0:10.64	0:10.31										0:10.31
22	Fox, Megan										0:10.47	0:10.38	0:10.31				0:10.31
23	Reunert, Amy								0:10.52								0:10.52
24	Nethercott, Caroline											0:11.00	0:10.52	0:10.62			0:10.52
25	Meyers, Lily											0:11.08	0:10.64	0:10.77			0:10.64
	Phelan, Claire											0:11.12	0:10.64	0:10.97			0:10.64
	Best	0:09.00	0:09.98	0:08.90	0:09.48	0:09.15	0:08.80	0:09.91	0:09.95	0:09.90	0:09.94	0:10.28	0:09.63	0:09.33			0:08.80

Season	In
Event	LJ

Pos	Best	Yr													Best
	Name	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	
1	Robbertz, Hannah						16' 04.00	17' 02.50							17' 02.50
2	Berta, Amanda									17' 00.00	16' 06.00				17' 00.00
3	Schaefer, Megan			15' 08.50	16' 06.50	15' 08.25									16' 06.50
4	Sogaard, Sofie										13' 11.00	15' 11.50	16' 04.00	16' 04.00	
5	Heaslip, Emily				16' 03.50										16' 03.50
6	Treat, Alyssa		15' 04.50	15' 10.50											15' 10.50
7	Parry, Kristin		15' 07.75												15' 07.75
8	Turner, Diane								15' 04.00						15' 04.00
9	Landler, Anna												15' 03.75	15' 03.75	
10	Yaffa, Julie			14' 06.00	14' 11.75										14' 11.75
11	Okrongly, Claire						14' 10.00	14' 00.50							14' 10.00
12	Cavalea, Allie				12' 02.00	12' 09.00	13' 06.75	14' 06.50							14' 06.50
13	MacKenzie, Brooklyn										14' 03.25	14' 06.50			14' 06.50
14	Meegan, Taylor							14' 03.50	13' 10.00						14' 03.50
15	Wilson, Elizabeth	13' 10.50													13' 10.50
16	Higgins, Elisabeth	13' 10.50	11' 11.50	12' 04.00											13' 10.50
17	Wilson, Megan		13' 10.25												13' 10.25
18	Silva, Annie				13' 01.00	13' 09.75	13' 03.00	12' 06.00							13' 09.75
19	Taben, Claire											13' 09.00			13' 09.00
20	Cushman, Lauren											12' 01.00	13' 08.00	13' 08.00	
21	Franklin, Grace											13' 07.00	10' 04.75	13' 07.00	
22	Pinchbeck, Carrie	13' 06.50													13' 06.50
23	Van de Weghe, Janey								11' 10.00	13' 04.00					13' 04.00
24	Sacchi, Elizabeth											13' 02.00			13' 02.00
25	Damron, Alexandra											13' 01.75			13' 01.75
	Best	13' 10.50	15' 07.75	15' 10.50	16' 03.50	16' 06.50	16' 04.00	17' 02.50	14' 03.50	15' 04.00	17' 00.00	16' 06.00	15' 11.50	16' 04.00	17' 02.50



Season	In
Event	SP

Pos	Best	Yr													Best
	Name	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	
1	Walter, Kayleen										24' 01.00	27' 05.50	29' 11.00	31' 05.00	31' 05.00
2	Haber, Hillary		26' 02.50	26' 10.00	31' 00.00										31' 00.00
3	McGill, Brianne													30' 04.75	30' 04.75
4	Gotimer, Lauren	29' 08.00	29' 08.00												29' 08.00
5	Abraham, Pamela			27' 00.00	29' 00.00										29' 00.00
6	Doran, Kasey	28' 01.00													28' 01.00
7	Langdon, Samantha					23' 04.00	24' 09.50	27' 02.50	25' 02.00						27' 02.50
8	Jordan, Brianna					27' 02.50									27' 02.50
9	Nesbitt, Maggie						27' 00.50	26' 04.00							27' 00.50
10	Ehinger, Elizabeth					25' 07.50	26' 10.00	23' 04.00							26' 10.00
11	Sogaard, Sofie													26' 06.00	26' 06.00
12	Edwards, Karin		25' 09.00	26' 01.00											26' 01.00
13	Harris, Elizabeth					26' 01.00									26' 01.00
14	Failla, Emily									22' 06.00	24' 10.00	23' 09.00			24' 10.00
15	Spearman, Laura												24' 10.00	24' 08.00	24' 10.00
16	Howell, Rebecca							24' 09.00							24' 09.00
17	Andersen, Emily					23' 00.00	23' 06.00	24' 02.00							24' 02.00
18	Yepez, Stephanie									24' 00.00					24' 00.00
19	Reid, Cindy					19' 04.50	23' 05.00	23' 01.00	22' 09.00						23' 05.00
20	Webb, Margaret									23' 02.00					23' 02.00
21	Crespo, Catherine										22' 10.00				22' 10.00
22	Damron, Madison								22' 05.00						22' 05.00
23	Harrison, Jasmin									22' 04.00					22' 04.00
24	Tewksbury, Lauren			22' 02.50											22' 02.50
25	Walter, Abbey													22' 01.00	22' 01.00
	Best	29' 08.00	29' 08.00	27' 00.00	31' 00.00	27' 02.50	27' 00.50	27' 02.50	25' 02.00	24' 00.00	24' 01.00	27' 05.50	29' 11.00	31' 05.00	31' 05.00

Season	In
Event	PV

Pos	Best	Yr											Best	
	Name	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014		2015
1	Moroknek, Rachel								6.5		10.25	10.5		10.5
2	Gruendel, Colleen								5.5		9.5			9.5
3	Steinowitz, Leanne										6	8	8	8
4	McKellop, Leah	5	7	7.5	8									8
5	Damron, Madison						6.5	7.5	8	7.5				8
6	Caravelli, Kristina					5.5	7	7	7.5					7.5
7	Nicklin, Sarah	7.5												7.5
8	Meegan, Taylor					6	7	7	6.5					7
9	Kirchner, Emma												7	7
10	MacDonald, Casey												7	7
11	Black, Rachel										6	6.5		6.5
12	Lobelson, Marisa								0	6	6.5	6		6.5
13	Figgatt, Caroline		6	6.5	6.5									6.5
14	Garofalo, Tori						5.5	6.5	5.5					6.5
15	Houser, Jennifer										6			6
16	Kendrick, Hannah												6	6
17	Gordon, Kelley	6												6
18	MacKenzie, Brooklyn								6	5.5				6
19	Lewson, Emily							5.5	6					6
20	Webb, Maggie					6	6	5.5						6
21	Berta, Elizabeth										6			6
22	Paltauf, Eliza							5.5						5.5
23	Gonzalez, Antonya					5.5								5.5
24	Higgins, Elisabeth	5.4167	5.5											5.5
25	Holmes, Megan		5.5											5.5
	Swift, Samantha				5.5									5.5
	Best	7.5	7	7.5	8	6	7	7.5	8	7.5	10.25	10.5	8	10.5

Season	In
Event	HJ

Pos	Best	Yr														Best
	Name	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015		
1	Jorgensen, Kelly				5' 00.00	5' 02.00	5' 02.00	5' 00.00								5' 02.00
2	Inman, Alyssa											4' 10.00				4' 10.00
3	Sogaard, Sofie										4' 06.00	4' 10.00	4' 10.00			4' 10.00
4	Carr, Caroline								4' 08.00							4' 08.00
5	Hollar, Erica				4' 08.00											4' 08.00
6	Robbertz, Hannah					4' 08.00										4' 08.00
7	Schaefer, Megan			4' 08.00												4' 08.00
8	Damron, Madison								4' 08.00	4' 06.00	4' 04.00					4' 08.00
9	Fitzgibbon, Kristin						4' 06.00	4' 00.00								4' 06.00
10	Nicklin, Sarah		4' 04.00													4' 04.00
11	Britto, Aneeka											4' 04.00				4' 04.00
12	Welch, Rebecca								4' 04.00							4' 04.00
13	Pinchbeck, Carrie	4' 04.00														4' 04.00
14	Nazworth, Victoria											4' 02.00				4' 02.00
15	Strange, Sarah											4' 02.00				4' 02.00
16	Heller, Grace											4' 02.00				4' 02.00
17	Simon, Olivia											4' 02.00				4' 02.00
18	Phippen, Kelley											4' 02.00				4' 02.00
19	Fox, Megan									3' 10.00	4' 02.00	4' 00.00				4' 02.00
20	Adomako, Jessica				4' 00.00		4' 02.00									4' 02.00
21	Higgins, Elisabeth		4' 02.00													4' 02.00
22	Forsberg, Abigail								4' 02.00							4' 02.00
23	Taben, Claire											4' 01.00				4' 01.00
24	Lust, Taylor											4' 01.00				4' 01.00
25	Damron, Alexandra											4' 00.00				4' 00.00
	Best	4' 04.00	4' 04.00	4' 00.00	5' 00.00	5' 02.00	5' 02.00	5' 00.00	4' 08.00	4' 08.00	4' 04.00	4' 06.00	4' 10.00	4' 10.00		5' 02.00