

## 2017 OYLA Regulation Summary

The 2017 OYLA Regulations and Rules Summary tables are supplemental to the US Lacrosse NFHS (National Federation of High Schools) Boys Lacrosse Rulebook which includes the US Lacrosse Youth Rules. OYLA rules are based on US Lacrosse Rules and every coach and official should only use this information in conjunction with the rulebook.

Grades	1 + 2	3 + 4
Field and Game	60 X 35 (yds) (cross field) 3 v 3	60 X 35 (yds) (cross field) 6 v 6 – goalie
USLAX Rule Category	8U	10U
D Poles?	No	No
Team Time Outs	Stop Clock Games - 2 per team per half Running Clock games 1 per team per half	Stop Clock Games - 2 per team per half Running Clock games 1 per team per half
Overtime	No	No
Time Serving Penalty	No Substitution and Turnover No Man-down play	No Substitution and Turnover No Man-down play
Offsides Enforced	Yes	Yes
Official Scores	No	No
Table	Yes Coaches track goal differential	Yes Coaches track goal differential
Stalling	Waived	Waived
Advancing the Ball	No Counts 'Advance the ball' verbal command followed by a 5 second visual count in either offensive or defensive end at referee's discretion	No Counts 'Advance the ball' verbal command followed by a 5 second visual count in either offensive or defensive end at referee's discretion
Face-Offs	When the score has reached a four or more goal differential, in lieu of face-off, the ball will be given to the trailing team at midfield Coaches May Not Waive This Requirement!	When the score has reached a four or more goal differential, in lieu of face-off, the ball will be given to the trailing team at midfield Coaches May Not Waive This Requirement!
Body Checking	<b>Not Permitted</b> No man-ball of any type. Loose ball boxing out contact called at the official's discretion.	<b>Not Permitted</b> Illegal Body Checks include man-ball 'clear the body' type pushing. Loose ball boxing out contact called at the official's discretion.
Slashing	No Contact Permitted	<b>Any one handed check is a slash.</b> PERMITTED CONTACT Poke and lift checks to the bottom hand (below the chest). Poke and lift checks to the head of the stick (below the chest). Downward check initiated from below both players' shoulders.
4 Second Goalie Count	No	No

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Grades	5 + 6	7 + 8
USLAX Rule Category	12U	14U
Team Time Outs	Stop Clock Games - 2 per team per half Running Clock games 1 per team per half	Stop Clock Games - 2 per team per half Running Clock games 1 per team per half
Overtime	No-(No Bravehearts) (Unless required by tournament rule)	No-(No Bravehearts) (Unless required by tournament rule)
Time Serving Penalty	Yes	Yes
Offsides Enforced	Yes	Yes
Official Scores	Yes	Yes
Table	Yes	Yes
D Poles	No (Select - Yes)	Yes
Stalling	Waived	NFHS Rules
Advancing the Ball	'Advance the ball' verbal command followed by a 5 second visual count in either offensive or defensive end at referee's discretion	Defensive Advancing 20 second count if officials' timers are available. Otherwise, 'Advance the Ball' with 5 second visual count. Offensive 10 second count used. <b>Over and Back Enforced</b>
Face-Offs	When the score has reached a four or more goal differential, in lieu of face-off, the ball will be given to the trailing team at midfield. Coaches May Not Waive This Requirement!	NFHS Rules
Body Checking	<b>TAKE OUT CHECKS ARE NOT ALLOWED AT ANY LEVEL.</b>  See attached.	<b>TAKE OUT CHECKS ARE NOT ALLOWED AT ANY LEVEL.</b>  No lowering shoulder, no excessive aggression, no blindside checks, no checks against a player in a defenseless position.
Slashing	<b>Any one handed check is a slash.</b> PERMITTED CONTACT Poke and lift checks to the bottom hand (below the chest). Poke and lift checks to the head of the stick (below the chest). Downward check initiated from below both players' shoulders.	NFHS rules <b>Any one handed check is a slash.</b>
4 Second Goalie Count	Yes	Yes
Game Time (Running clock)	25 min halves or 15 min qtr (Select optional stop-clock)	25 min halves or 15 min qtr (Select optional stop-clock)

**USE ONLY NOCSAE APPROVED BALLS AND HELMETS**

# **2017 Contact Rules for 5/6**

**(see US Lacrosse Boys' Youth Rulebook 4.15)**

## **A. Legal Holds – Holding is permitted under the following conditions**

1. An opponent with possession of the ball or within 3 yards of a loose ball may held from the front or side.
2. An opponent in possession of the ball may be played with a hold check from the rear if the hold exerts no more than equal pressure. For (1) and (2), a hold check shall be done with closed hand, shoulder or forearm; and both hands shall be on the crosse.
3. A player may hold the crosse of an opponent with his crosse when that opponent has possession of the ball.
4. A player within 3 yards of a loose ball may hold the crosse of his opponent with his own crosse.

**B. Legal pushes – A legal push is exerting pressure after contact is made and is NOT a violent blow. Pushing is permitted from the front or side when an opponent has possession of the ball or is within 3 yards of a loose ball. In this case pushing shall be done with either closed hands, shoulder, or forearm, and both hands shall be on the crosse.**

**C. Positioning yourself against an opponent to gain possession of a loose ball (boxing out).**

**D. Defensive positioning to redirect an opponent in possession of the ball.**

**E. Incidental contact**