



# RAPID FIRE ELITE

## 2018 SUMMER CAMPS

*Announcing TWO great summer camp options – catering to High Schools and Grade Schools*

**Calling all Field Hockey Players!!** Sign up today for back-to-school pre-season camps! These camps are a fantastic way to shake off the summer dust and quickly prepare for the fall season for your school or town program. All players are welcome!

One session for **High School** players perfectly timed before reporting for the start of the fall season in mid-August. Also, a second session just before Labor Day for the **Grade School** players.

### Camp Focus

**Field Players:** Advanced Individual and Group, Team Offensive and Defensive Skills, fitness, and stick skills

**Goal Keepers:** Angles, Recovery, diving fundamentals, one on ones, strokes and aerial saves

### Lead Coaches

**Joseph Mongare:** US Certified Level II Coach

**Cliff Donald:** US Certified Level II Coach and Professional FH Player (Europe)

**Victor Ochieng:** US Certified High-Performance Coach and Olympian

Register Early at [www.rapidfireelite.com](http://www.rapidfireelite.com) – limited to 40 / session

## 2018 Summer Camps

### High School Players

**Grades: 9 - 12**

**Dates: August 10 - 12**

**Time: 4:45pm – 7:15pm**

**Venue: Kent Place School, 42 Norwood Ave. Summit NJ**

**Cost: \$200 (or \$75 / day walk-in)**

### Grade School Players

**Grades: 3 - 8**

**Dates: August 27 – 29**

**Time: 4:45pm – 7:15pm**

**Venue: Kent Place School, 42 Norwood Ave. Summit NJ**

**Cost: \$200 (or \$75 / day walk-in)**

### Register Online

[www.rapidfireelite.com](http://www.rapidfireelite.com)

**All camps are open to boys and girls**

**Only 40 spots in each camp – so register EARLY**

**It is hard to think of back to school already...but plan ahead to guarantee your spot in these sessions**

*Have a great summer!*