



## WMRT's 2016 SkillsQuest Results

Wachusett Mountain, Princeton MA

December 17, 2017

The WMRT Board of Directors, event organizers and coaches wish to thank you for your participation in one of the first fully sanctioned USSA SkillsQuest event in the nation for the 2016-2017 season.

Attached are the final results of the event. [Please review the important message below.](#)

### **SkillsQuest Skiing Assessment Goal:**

- To provide a national standardized evaluation tool that can be used by any ski club in the country
- To provide coaches with a tool that they can evaluate and adjust their out of gate training time to achieve a balance of skiing skills
- To tease out a skill weakness and lay emphasis on skill strengths of an athlete
- To educate athletes and parents in the value of a well rounded skill repertoire
- To provide an instrument to monitor skill progression in athletes
- To help motivate and reward athletes who work toward and achieve high levels of skiing skill
- To provide coaches new ideas/tools for their "bag of tricks"
- To create a progressive test that matches the developmental targets of the ATS (Alpine Training System)

### **How our coaches will use the Assessment:**

First, the coach should determine the developmental phase of the athlete. Use the drills for their phase, and work toward mastery in those drills. Using the test scoring protocol, evaluate where the athletes strengths and weaknesses are. Then use a variety of exercises and progressions to work on the skill areas where the skiers are deficient. While the drills in each column represent a complete set of skills for evaluation, practicing only these drills will not lead to the overall skill development that is desired. There is a difference between testing and training. Using this assessment should inspire focused training designed to improve skiing skills.

Parents Using the Assessment:

- De-emphasize results
- Focus on learning
- Focus on perseverance
- Focus on one simple task

WMRT's comments:

- Our purpose in hosting this SkillsQuest event is to build awareness within Eastern Massachusetts Youth Ski Racing with focus on developing alpine skiing skills which funnel our athletes to improved performance in future race competitions.
- The results of the SkillsQuest element will be used to further athlete development conversation between coaches, parents and athletes.
- The results provide a benchmark from which to monitor future progress in skills development.
- Our event was based on USSA's Alpine Training System, Phase 2/3
- WMRT Final results are published in a format according to USSA SkillsQuest guidelines.
- As we continue to embrace the concept of SkillsQuest, our coaches, parents and athletes are still in the learning mode. With the help from regional and national USSA divisions and member clubs, we will continue the efforts in providing only the best tools for our coaches in their own "quest" to deliver the highest level of training methods and opportunities for our athletes.

Saturday, December 17, 2016

## WMRT SkillsQuest 2016 Wachusett Mountain Princeton, MA

**Phase 2:**

Pressure Skill: Pole Jumpers  
 Edging Skill: Outside Ski Turns  
 Rotary Skill: Sideslip with Edge Set  
 Balance Skill: Freeski with Pole Usage

**U10 Female**

Bib #	RANK	Athlete name	USSA #	Club	Class	PRESSURE	EDGING	ROTARY	BALANCE	TOTAL AVERAGE	LEVEL
14	1	Mia Harris	6746481	SWRT	U10	5.00	6.00	4.50	7.50	5.75	BRONZE
17	2	Jillian Bradford	6628579	WMRT	U10	7.50	4.50	5.00	5.50	5.63	BRONZE
3	3	Kelly Buxton	6741421	PHST	U10	4.50	5.50	3.00	5.00	4.50	BRONZE
24	4	Isabel Reid	6746675	NVSC	U10	5.50	3.50	3.50	4.00	4.13	BRONZE
19	5	Kate Robinson	6718735	WMRT	U10	5.00	3.50	2.50	5.00	4.00	BRONZE
25	6	Maeve Tule	6736124	NVSC	U10	4.50	4.50	2.00	4.50	3.88	
22		Wendy Ong	6746773	BST	U10	4.50	3.00	3.00	3.00	3.38	
1		Anna Ray	6741518	PHST	U10	5.00	3.00	2.00	3.00	3.25	
28		Persephone Piermarini	6748361	WMRT	U10	5.00	3.50	2.00	2.00	3.13	
2		Madison Ray	6741525	PHST	U10	4.50	2.50	2.00	2.50	2.88	
18		Gabrielle Cusimano	6739186	WMRT	U10					Incomplete	

**U10 Male**

Bib #	RANK	Athlete name	USSA #	Club	Class	PRESSURE	EDGING	ROTARY	BALANCE	TOTAL AVERAGE	LEVEL
5	1	Maddox Lee	6727113	WMRT	U10	7.00	6.00	4.50	4.50	5.50	BRONZE
8	2	Matthew Sungarian	6638721	WMRT	U10	6.00	5.00	3.50	5.00	4.88	BRONZE
13	3	Andrew Parnell	6748328	SWRT	U10	5.50	4.50	4.00	4.50	4.63	BRONZE
15	4	Jake Fahey	6644397	WMRT	U10	6.00	4.00	3.00	5.00	4.50	BRONZE
4	5	William Kraus	6745663	WMRT	U10	5.00	5.50	3.50	3.50	4.38	BRONZE
27	6	Nathan Chandler	6561218	WMRT	U10	5.00	4.50	4.00	4.00	4.38	BRONZE
11		Thomas O'Brien	6745423	SWRT	U10	4.50	5.50	2.50	4.50	4.25	BRONZE
26		Matthew Haigh	6560144	WMRT	U10	5.50	4.00	3.50	4.00	4.25	BRONZE
6		Kristof Niss	6619638	WMRT	U10	5.00	5.00	2.50	4.00	4.13	BRONZE
7		Saul Schwartz	6720981	WMRT	U10	4.50	4.50	3.50	4.00	4.13	BRONZE
12		Nicholas Parnell	6748318	SWRT	U10	4.50	4.00	2.00	4.50	3.75	
23		Connor Gale	6736851	NASH	U10	4.50	4.00	2.00	3.50	3.50	
21		Jack Matson	6739532	BST	U10	5.00	2.50	2.00	3.50	3.25	
16		Joshua Holden	6725108	WMRT	U10					Incomplete	

**U12 Female**

Bib #	RANK	Athlete name	USSA #	Club	Class	PRESSURE	EDGING	ROTARY	BALANCE	TOTAL AVERAGE	LEVEL
59	1	Anyee Li	6575088	WMRT	U12	7.50	8.50	7.00	7.00	7.50	SILVER
38	2	Neve Martin	6575799	NVSC	U12	7.50	7.50	7.50	7.00	7.38	SILVER
36	3	Olivia Valcourt	6565254	NASH	U12	6.50	6.50	7.00	6.50	6.63	SILVER
68	4	Kaylie Porter	6632391	WMRT	U12	7.00	7.00	5.00	5.50	6.13	SILVER
60	5	Katharina Niss	6575146	WMRT	U12	6.00	8.00	5.00	5.00	6.00	SILVER
58	6	Astrid Lee	6602144	WMRT	U12	6.00	6.50	6.50	5.00	6.00	SILVER
32		Amelia Freund	6575716	BST	U12	5.50	6.00	5.00	5.50	5.50	BRONZE
34		Kyla Slomsky	6553018	BST	U12	5.50	5.50	5.50	5.50	5.50	BRONZE
61		Klara Niss	6575203	WMRT	U12	5.50	5.50	6.50	4.50	5.50	BRONZE
39		Abigail Reid	6713509	NVSC	U12	5.50	5.00	5.50	5.00	5.25	BRONZE
70		Jula Utzschneider	6541414	WMRT	U12	5.00	6.00	5.00	4.50	5.13	BRONZE
30		Phoebe Burbank	6725314	WMRT	U12	6.00	6.00	4.00	4.00	5.00	BRONZE
69		Sidney Schwartz	6678082	WMRT	U12	5.50	5.00	4.50	5.00	5.00	BRONZE
33		Meghan Ong	6746755	BST	U12	5.00	4.00	6.00	4.00	4.75	BRONZE
29		Kiki Burbank	6724955	WMRT	U12	5.00	6.00	3.00	4.50	4.63	BRONZE
49		Ailene Barry	6496137	WMRT	U12	5.50	5.50	2.50	5.00	4.63	BRONZE
71		Madeline Wilkinson	6554024	WMRT	U12	5.50	5.00	4.50	3.50	4.63	BRONZE
46		Brynn O'Brien	6745417	SWRT	U12	5.00	4.00	2.50	4.00	3.88	

45	Caitlin Nippins	6575585	PHST	U12	5.00	3.00	2.50	4.00	3.63	
50	Noa Dahan	6570340	WMRT	U12						Incomplete

**U12 Male**

<u>Bib #</u>	<u>RANK</u>	<u>Athlete name</u>	<u>USSA #</u>	<u>Club</u>	<u>Class</u>	<u>PRESSURE</u>	<u>EDGING</u>	<u>ROTARY</u>	<u>BALANCE</u>	<u>TOTAL AVERAGE</u>	<u>LEVEL</u>
53	1	Erik Fish	6453958	WMRT	U12	6.00	9.00	7.25	6.50	7.19	SILVER
66	2	Philip Wohlfeld	6401432	WMRT	U12	8.00	8.00	5.50	5.50	6.75	SILVER
64	3	Tommy Robinson	6645573	WMRT	U12	7.50	7.00	5.50	6.00	6.50	SILVER
51	4	Nicky Zaragoza	6719434	WMRT	U12	5.00	9.00	5.00	6.50	6.38	SILVER
67	5	Jackson Chandler	6412126	WMRT	U12	8.00	6.00	6.50	5.00	6.38	SILVER
54	6	Kieren Ghidella	6716490	WMRT	U12	6.00	7.00	5.00	6.50	6.13	SILVER
52		Bradford Ayotte	6516178	WMRT	U12	7.00	4.00	9.00	4.50	6.13	SILVER
62		Sullivan Quirk	6522441	WMRT	U12	5.50	7.00	5.00	5.50	5.75	BRONZE
55		Zachary Gumbert	6614715	WMRT	U12	5.50	6.50	6.00	4.50	5.63	BRONZE
35		Tyler McCabe	6575237	NASH	U12	5.50	6.00	6.00	4.50	5.50	BRONZE
48		Andrew Parry	6726267	WMRT	U12	5.50	6.00	4.50	4.50	5.13	BRONZE
31		Erik Bergstrom	6668938	BST	U12	5.00	4.50	6.00	4.50	5.00	BRONZE
37		Cameron Sinclair	6736754	NVSC	U12	5.00	4.50	4.50	5.00	4.75	BRONZE
43		James Zollo	6575153	PHST	U12	5.50	4.00	4.50	4.00	4.50	BRONZE
63		Camden Riddle	6728572	WMRT	U12	5.00	5.00	4.00	3.50	4.38	BRONZE
9		Robbie Buxton	6748579	PHST	U12	4.00	6.00	2.50	4.50	4.25	BRONZE
42		Joseph Moolman	6740761	PHST	U12	4.50	5.00	2.50	4.50	4.13	BRONZE
47		Trey Brooks	6626446	WMRT	U12	5.50	3.50	3.50	4.00	4.13	BRONZE
41		Olin Day	6746535	PHST	U12	4.00	4.00	3.00	4.00	3.75	
65		Matt Siegal	6573676	WMRT	U12						Incomplete

Saturday, December 17, 2016

**WMRT SkillsQuest 2016 Wachusett Mountain Princeton, MA**

Phase 3:  
 Pressure Skill: Pole Jumpers in Tuck  
 Edging Skill: One Ski Skiing  
 Rotary Skill: Pivot Slips  
 Balance Skill: Freeski Lane Changes

**U14 Female**

<u>Bib #</u>	<u>RANK</u>	<u>Athlete name</u>	<u>USSA #</u>	<u>Club</u>	<u>Class</u>	<u>PRESSURE</u>	<u>EDGING</u>	<u>ROTARY</u>	<u>BALANCE</u>	<u>TOTAL AVERAGE</u>	<u>LEVEL</u>
97	1	Elaine Jones	6285382	WMRT	U14	7.00	8.00	7.00	6.00	7.00	SILVER
96	2	Taylor Riley	6575054	WMRT	U14	8.00	8.00	6.50	5.00	6.88	SILVER
100	3	Mayson Blondek	6515993	WMRT	U14	5.50	8.50	5.50	5.50	6.25	SILVER
119	4	Catharine Barry	6490002	WMRT	U14	7.00	6.50	6.50	5.00	6.25	SILVER
120	5	Katie Bateman	6285115	WMRT	U14	5.50	7.50	6.00	5.50	6.13	SILVER
110	6	Norah Pride	6642528	WMRT	U14	5.00	6.50	7.00	5.50	6.00	SILVER
98		Avigail Sharon	6474087	WMRT	U14	5.50	7.00	5.00	6.00	5.88	BRONZE
74		Jane Freund	6575708	BST	U14	5.50	5.50	6.50	5.00	5.63	BRONZE
78		Bryn Leonard	6514894	NVSC	U14	4.75	7.50	5.00	4.50	5.44	BRONZE
84		Riley Schumacher	6683403	BOGA	U14	5.00	6.50	5.50	5.33	5.58	BRONZE
79		Evelyn Tule	6575328	NVSC	U14	4.50	7.00	5.00	4.50	5.25	BRONZE
122		Mina Utschneider	6541403	WMRT	U14	5.50	4.00	5.50	6.00	5.25	BRONZE
72		Elizabeth Bodette	6468204	BST	U14	5.00	4.00	5.00	6.00	5.00	BRONZE
87		Madelyn Buxton	6499803	PHST	U14	6.50	4.50	5.00	4.00	5.00	BRONZE
109		Anika Prasad	6559462	WMRT	U14	4.50	4.00	6.50	4.50	4.88	BRONZE
88		Eden Deware	6683056	PHST	U14	5.00	5.00	5.00	4.00	4.75	BRONZE
75		Amanda Lichtenberg	6741859	BST	U14	5.00	4.50	5.00	3.50	4.50	BRONZE
86		Allison Rudolph	6741698	PHST	U14	5.75	4.50	4.00	3.50	4.44	BRONZE
73		Olivia DeLisle	6559116	BST	U14	4.00	3.00	4.50	4.50	4.00	BRONZE
108		Elizabeth Miller	6661504	WMRT	U14	4.50	3.00	4.50	4.00	4.00	BRONZE
99		Sofia Dickinson	6723634	WMRT	U14						Incomplete
111		Ella Hatcher	6575815	WMRT	U14						Incomplete
121		Kelly Siegal	6672078	WMRT	U14						Incomplete

**U14 Male**

<u>Bib #</u>	<u>RANK</u>	<u>Athlete name</u>	<u>USSA #</u>	<u>Club</u>	<u>Class</u>	<u>PRESSURE</u>	<u>EDGING</u>	<u>ROTARY</u>	<u>BALANCE</u>	<u>TOTAL AVERAGE</u>	<u>LEVEL</u>
115	1	Kota Tsukada	6268908	WMRT	U14	7	8.5	7.00	6.33	7.21	SILVER
81	2	Michael Desio	6446907	WMRT	U14	6	7.5	6.60	6.00	6.53	SILVER
114	3	Gavin Maddalone	6401416	WMRT	U14	5	7	8.00	6.00	6.50	SILVER

117	4	Jackson Schlusell	6613970	WMRT U14	5.5	8.5	6.00	5.50	6.38 SILVER
118	5	Jack Summers	6615549	WMRT U14	6.5	8	5.00	6.00	6.38 SILVER
93	6	Hayden Flick	6329767	WMRT U14	5.5	7.5	6.50	5.50	6.25 SILVER
92		Maximilian Wohlfeld	6621010	WMRT U14	6	6.5	6.50	5.00	6.00 SILVER
77		Nicholas Valcourt	6539809	NASH U14	5	7	6.00	4.50	5.63 BRONZE
103		Zachary Brody	6619961	WMRT U14	5.5	7	5.00	4.50	5.50 BRONZE
106		Jakob Bregenhoj	6657919	WMRT U14	4.5	6	6.50	5.00	5.50 BRONZE
94		Thomas Haigh	6511853	WMRT U14	6	6.5	5.00	4.00	5.38 BRONZE
116		Brendan Dube	6685152	WMRT U14	6	5	4.50	5.50	5.25 BRONZE
83		Ewan Smith	6683338	BOGA U14	5.5	6	5.00	3.50	5.00 BRONZE
95		Cameron Hanna	6501849	WMRT U14	4.5	6	5.50	4.00	5.00 BRONZE
90		Max Pierce	6643521	WMRT U14	5	5.5	4.50	4.00	4.75 BRONZE
85		Adam Krom	6642589	PHST U14	5.5	4.5	4.50	3.00	4.38 BRONZE
80		Aidan Bentley	6736868	WMRT U14	4.5	4	4.50	3.50	4.13 BRONZE
104		Jacob Moser	6742411	WMRT U14	5	5	3.45	3.00	4.11 BRONZE
102		Cole King	6712628	WMRT U14	4.5	3.5	4.50	3.50	4.00 BRONZE
105		Santiago Pastor	6718157	WMRT U14	4.5	3.5	5.00	2.50	3.88
82		Peter Green	6670057	BOGA U14					Incomplete BRONZE
76		James Pearson	6746200	NASH U14					Incomplete
89		Zachary Colon	6323283	WMRT U14					Incomplete
113		Quinn Shanahan	6445232	WMRT U14					Incomplete

Note: Ranking tiebreaker based on best scores in the following order

- 1 Edging
- 2 Pressure
- 3 Rotary
- 4 Balance