



CALLOWAY UNITED SOCCER ACADEMY

Winter Break Soccer Camp



February 17, 18, and 19, 2010

10:00 am – 3:00 pm

All Star Sports Arena, 557 East Ridge Road, Irondequoit

Open to all Soccer Club members, U09 to U19

Teaching and working through modified games:

natural athletic abilities, dribbling, ball control with technical sequences, classic controls, passing with laces, inside and outside foot moves, shooting with laces, inside and outside of foot, basic rules, ethics, and soul of the game ...

Jon Poulakis



Jon Poulakis, Youth Director

Jon has been coaching for over 30 years and holds a USSF National License. Jon has coached at every level of soccer including Pro-AM, high school and colleges, including the University of Tennessee, and the girls U17 coach for ten years for New York State. Jon has coached both travel and premier and was one of the founders of the Rocheser Spirit, the first girls' Premier Club in Rochester. Jon teaches clinics for coaches and teams as well as pre-season sessions for high schools. Jon is on the teaching staff at the University of North Carolina for the summer camps with Anson Dorrance. In 1989, Jon took a U17 Girls team to Ireland and won the Emerald Cup. Jon is the current Director of Coaches for the Irondequoit Soccer Club and the Youth Director for Calloway United Soccer Academy.

David Garcia

- National "B" Coaching License
- Played professional soccer for Cruz Azul Mexico
- International Coaches Association Bronze Coaching License
- 16 years coaching experience from U8 to U17 travel, premier and school players
- Current Director of Coaching & Player Development for Brockport Blizzards Soccer Club

Roberto Colangelo

- Over 30 years organized soccer experience
- Played 2nd Division in Argentina
- Amateur player last 25 years
- USSF D & E Licenses
- International Coaches Assoc. Bronze License
- Argentina Professional License Candidate
- English FA Psychology Program

Ernesto Donoso

- Coaching Philosophy: Fun but competitive. Player development on and off the field is the primary focus. Sportsmanship and the value of teamwork without sacrificing fun are key. Do whatever I can to develop my players so that they have great skills and attitudes and are great team players. The players will be encouraged to stretch themselves beyond their comfort zone.
- More than 10 years of coaching experience at every youth level
- International player from Chile
- "E" Certification
- "D" State License
- "D" National License

ALL PARTICIPANTS WILL RECEIVE A T-SHIRT
MINIMUM # OF PLAYERS: 40
MAXIMUM # OF PLAYERS: 80

Registration deadline is February 10. To register, please mail your check, payable to "**Jon Poulakis**", for \$95.00, and **completed registration form** to:

Jon Poulakis

Mail to: CUSA, P.O. Box 16438, Rochester, NY 14616

Once registration form and check are received, your child will be registered for the camp. An email confirmation will be sent to each family.

Questions, contact David Garcia, DOC, dgarcia1@rochester.rr.com or

SAMPLE DAILY CAMP SCHEDULE:

9:45 – 10:00 am	Arrive and get ready for camp
10:00 – 10:20 am	Warm up
10:20 – 10:50 am	Technique
10:50 – 11:00 am	Water Break
11:00 – 11:20 am	Technique Game
11:20 – 11:45 am	5x5 Game applying daily technique
11:45 – 12:45 pm	Lunch (not provided by camp)
12:45 – 1:05 pm	Warm up
1:05 – 1:35 pm	Technique
1:35 – 1:55 pm	Water Break
1:55 – 2:15 pm	Technique Game
2:15 – 2:35 pm	5x5 Game applying daily technique
2:35 – 2:55 pm	Cool Down
3:00 pm	Parents arrive - Camp over

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**WINTER BREAK SOCCER CAMP
FEB 17-19, 2010**

NAME:	
ADDRESS (street, city, state, zip):	
EMAIL:	
HOME PHONE:	
CELL PHONE:	
PHONE NUMBER WHERE PARENT (or appointed guardian) CAN BE REACHED DURING CLINIC IN CASE OF EMERGENCY:	
TEAM:	
COACH:	
HEALTH CARE INSURANCE CARRIER:	
HEALTH CARE POLICY NUMBER:	
ALLERGIES OR ANY OTHER PERTINENT MEDICAL INFORMATION:	
OTHER:	

Date Registration Received: _____
Check # and Amt Received: _____
Email Confirmation Sent to Family: _____