

ISC Rules for Parents and Fans

ISC PHILOSOPHY

The underlying philosophy and aim of the IRONDEQUOIT SOCCER CLUB is to provide a wholesome educational and recreational experience for the youth of Irondequoit and neighboring communities, by means of an organized soccer environment. In the House League the emphasis is on learning soccer skills, recreation and full participation of all players. Within ISC, the "win-at-all costs" approach is emphatically discouraged. For Travel Leagues, where the level of play is expected to be more competitive, there may be a greater emphasis on winning but learning, fun, recreation and fair participation must still receive full attention. In the coaching of young and impressionable soccer players, teaching good sportsmanship by example of personal conduct is of paramount importance. In all cases it is necessary that a coach deal with players in a manner appropriate to their ages.

GOOD CITIZENSHIP

It is the intent of ISC to encourage good citizenship of individual participants. We are specifically concerned about being good neighbors with those who live near our playing fields. Coaches must ensure that players, parents and spectators respect the property rights and the sensibilities of our neighbors, especially with regard to parking and running through yards. All members of ISC shall think of themselves as Good Will representatives of ISC and the Irondequoit community. It is equally important for all ISC members to maintain the cleanliness of playing fields and surrounding properties.

SPORTSMANSHIP AND ETHICS

All ISC members are expected to set the example in sportsmanship and ethical behavior. Although exemplary behavior desired is subject to some judgment, as members of the ISC your responsibilities include:

- NO foul or abusive language.
- NO threatening language, gestures or actions.
- NO engaging or encouraging of unsportsman-like conduct.
- NO alcoholic beverages or substance abuse.
- NO smoking on or around fields of play.
- NO noisemakers
- NO megaphones or artificial communication devices.
- NO Pets allowed on any fields or sidelines at any time.

PLAYERS CODE OF CONDUCT

- Play hard but play within the rules of soccer.
- Be on time to practices and games. Teams not ready for kickoff by 10 minutes after scheduled game time forfeit the game.
- Win without boasting and lose without excuses.
- Treat visiting teams and spectators as honored guests for without them you have no competition.
- Respect officials and their decisions without gesture or argument.
- Read and sign the Parent/Player Code of Conduct.
- In the case of foul or threatening weather, DO NOT ASSUME that your game will be canceled. All players should be in attendance and prepared to play. A Recreational Soccer game may be canceled in advance ONLY by the VP of Recreational Soccer or at the time of

the game, by the referee.

PARENTS CODE OF CONDUCT

- Remember children have more need of good example than criticism.
- Attempt to relieve pressures of competition, not increase it.
- Treat visiting teams and spectators as honored guests for without them you have no competition.
- Respect officials and their decisions without gesture or argument. Note: If a parent/guardian/relative/guest is ejected from a game, the associated player must also leave the game.
- Read and sign the Parent/Player Code of Conduct, including the Zero Tolerance Policy.

Home Field Advantage

The Home team gets to choose their sideline. The supporters of that team shall occupy the same sideline. The Visiting team and its supporters shall occupy the opposite sideline. Coaches are asked to enforce this rule whenever possible, and avoid involving the referee.

RECREATIONAL SOCCER & TRAVEL LEAGUE PLAYER RESPONSIBILITIES

Players should:

- Arrive on-time at the field with uniforms per club and/or RDYSL (Travel teams only) guidelines. Uniform consists of jersey, shorts, socks, shin guards, and shoes (cleats, turf shoes, or sneakers with traction depending on age level and field of play).
- **Remove all jewelry**; braces/casts are to be padded and reviewed with referee prior to start of the game.
- The referee has the final word on acceptability of jewelry, braces, casts and player personal equipment (e.g. gloves, hats, shoes, etc).
- Never argue a call, the coaches may ask for clarification between periods or after the game.
- Sports goggles instead of prescription glasses are encouraged. It is at the discretion of the referee to allow the child to play with glasses.

TRAVEL LEAGUE MATCH RESPONSIBILITIES

Rochester District Youth Soccer League (RDYSL) dictates match responsibilities for all affiliated Travel Teams. To review RDYSL policies/procedures, go to www.rdysl.com

HOUSE LEAGUE PLAYING PERIODS AND BALL SIZES

Game Formats

U6 play 4 – 8 minute quarters; Utilize the “Small Sided Play” format, use size 3 ball
U8 play 4 - 12 minute quarters; Utilize the “Small Sided Play” format, use size 3 ball
U10 play 2 - 25 minute halves: need 7 to start; use size 4 ball
U12 play 2 - 30 minute halves: need 7 to start; use size 4 ball
U15 play 2 - 35 minute halves: need 7 to start; use size 5 ball
U17 play 2 - 40 minute halves: need 7 to start; use size 5 ball
U19 play 2 - 40 minute halves: need 7 to start; use size 5 ball

Modified laws for U6 and U8

Based on recommendations and/or mandates from USYSA or NYSWYSA, ISC uses a “small sided” format for the U6 and U8 (both co-ed) age divisions. Small sided soccer focuses on safe, age appropriate activities (down-sized fields playing small sided games) to maximize the

fun, learning potential and the number of touches on the ball for our U6 and U8 soccer players.

U10 Boys and Girls

Goalie headgear is mandatory for U10 – Optional for older teams

Players can be carded

Offsides rule is enforced.

Goalie step restrictions are enforced.

Slide tackles, although not recommend, are allowed