

# Wizards ImPACT Test – FAQ

September 19, 2013

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## [My player has experienced a concussion or potential concussion, what do I do?](#)

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If your player should experience a concussion or a potential concussion, seek medical help. Let the Doctor know the player has an ImPACT Test - Baseline. You or the Doctor can email the Wizards at [gmazut@hotmail.com](mailto:gmazut@hotmail.com). The Baseline Test will be emailed to the Doctor and the Parent.

The Credentialed ImPACT Consultant in Fairfield County is:

Michael A Lee, MD  
mlee@phagroup.com  
2600 Post Road  
Southport, CT 06890  
Phone: (203) 452-8322



## [What is the Wonderland Wizards - ImPACT Test Concussion Management Program?](#)

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The Wonderland Wizards have contracted ImPACT Applications, Inc. to provide a Concussion Management Program which has an online tool to establish a Baseline for the Concussion Management Program.

## [How can I get additional information on the ImPACT Test and concussion management?](#)

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- The ImPACT Test web site has a ton of information: [www.ImPACTTest.com](http://www.ImPACTTest.com)
- The National Centers for Disease Control and Prevention (CDC) has an online document - [Facts about Concussion](#)
- The National Centers for Disease Control and Prevention (CDC) also has a web site with a toolkit for coaches, parents and athletes: [Heads Up: Concussion in Youth Sports](#)

## [OK, my player has taken the test. What's next???](#)

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Hopefully, nothing! As long as the athlete does not have a concussion or potential concussion related incident, there is no further action required.

If your athlete should experience a concussion or a potential concussion, seek medical help. Let the Doctor know the player has an ImPACT Test - Baseline. You or the Doctor can email the Wizards at [ImPACTEmergency@wonderlandwizards.com](mailto:ImPACTEmergency@wonderlandwizards.com). The Baseline Test will be emailed to the Doctor and the Parent.

### [Who should take the test?](#)

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ALL PLAYERS in the Wonderland Wizards Youth Hockey programs are **HIGHLY** encouraged to take this evaluation "test" as soon as possible.

Some athletes under the age of 13 *may* not have the attention span to provide useful test results. However, it is recommended to have all athletes establish a Baseline. The Doctor reviewing the results will be able to determine the best way to use the Baseline.

### [When should they take the test?](#)

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The ImPACT Test has been introduced as of January, 2008. PLAYERS in the Wonderland Wizards Youth Hockey programs are **HIGHLY** encouraged to take this evaluation "test" as soon as possible.

### [How often should they take the test?](#)

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Athletes under the age of 19 are recommended to take the test annually so that the Baseline most accurately reflects their neuro-cognitive condition. It is our recommendation that athletes take the test annually at the beginning of the hockey season.

### [Can the test help if my player experiences a possible concussion playing a sport other than hockey?](#)

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Absolutely, the Wizards are making this program available to all players in the organization.

If a player experiences a possible concussion playing a sport other than hockey, seek medical help. Let the Doctor know the player has an ImPACT Test - Baseline. You or the Doctor can email the Wizards at [IMPACTEmergency@wonderlandwizards.com](mailto:IMPACTEmergency@wonderlandwizards.com). The Baseline Test will be emailed to the Doctor and the Parent.

### [They just got their bell rung, what's the big deal!!!](#)

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Athletes continuing to play or receiving multiple blows to the head, after suffering a concussion, may take longer to recover from a concussion. They also may be more at risk for developing *post-concussion syndrome*.

For reasons that doctors aren't sure of, those who sustain a concussion are at risk to have another. What is clear is that a receiving a concussion while a previous one is still healing is extremely risky. So-called "second-impact syndrome" causes the brain to swell in a matter of minutes and the outcome can be fatal.

Physicians can play a key role in helping to prevent mild traumatic brain injury (MTBI or concussion), and appropriately identifying, diagnosing, and managing it when it does occur. Physicians can also improve patient outcomes when MTBI is suspected or diagnosed by implementing early management and appropriate referral. Concussion symptoms may appear mild, but can lead to significant, life-long impairment in an individual's ability to function physically, cognitively, and psychologically. Appropriate diagnosis, referral, and patient and family/caregiver education are critical for helping patients with MTBI achieve optimal recovery and to reduce or avoid significant sequel.