

# WILDCATS HOCKEY CLINIC APPLICATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone : \_\_\_\_\_ | \_\_\_\_\_  
(home) (cell)

DOB: \_\_\_\_\_ Position: \_\_\_\_\_

Years Hockey Experience: \_\_\_\_\_

Current Team: \_\_\_\_\_

Jersey Size **S M L** circle one

**Make the \$495 check payable to:  
Rye Country Day School**

**Send application to:**  
Gary Bingham, Head Hockey Coach  
Rye Country Day School  
Cedar Street  
Rye, NY 10580

*Rye Country Day School and/or Wildcats Hockey Clinic do not  
assume responsibility for injuries incurred.*

Email \_\_\_\_\_

Parent's Signature \_\_\_\_\_

**Non-Rye Country Day School students please  
enclose a copy of participants Health Card  
with application**



**WILDCATS HOCKEY CLINIC**  
Rye Country Day school  
Cedar Street  
Rye, New York 10580



# 2011



# WILDCATS Hockey Clinic

FOR BOYS AND GIRLS AGES 8-14

**DECEMBER 19 - 23, 2011**

**8:00 AM TO 1:30 PM**

**RYE COUNTRY DAY SCHOOL**

- Full week of on-ice and off-ice training
- Three and a half hours of ice time daily
- Scrimmage games
- Goalie instruction
- Skills competition
- RCDS Varsity Coaches



**SIGN UP NOW!**  
**Enrollment Limited**

**COST:****\$495 / player\***

\*Hockey clinic tuition includes camp jersey

*Players are required to wear FULL hockey equipment. They will also need to bring their own lunch, off-ice workout clothes, and sneakers.*

For further information call

Coach Bingham:

(914) 925-4531

Or email:

gary\_bingham@ryecountryday.org

**CLINIC PHILOSOPHY:**

The Wildcats Hockey Clinic is designed to improve a player's individual skills and to promote team play in a fun environment. The clinic will provide an excellent opportunity for players to improve their game in season.

**Clinic objectives:**

- To develop and enhance the fundamental skills of skating, passing, stick handling and shooting.
- To create an opportunity for players to meet other players and develop friendships.
- To promote the fun of the game.
- To teach the concepts of fair play, fitness, safety, teamwork, discipline and to stress the importance of a positive attitude.
- To provide a memorable experience for all who attend.

**SCHEDULE:**

8:00 a.m.	Drop-off
8:30 - 10:30	On-Ice Training
10:30 - 11:45	Dry land training / Lunch / Video Session
12:00 - 1:30	Controlled Scrimmage - Cross Ice and Full Ice
1:30	Pick-up



On-ice practice will consist of a variety of flow drills that stress individual skills: skating, puck handling, passing, shooting, and scoring. The practices will use teaching stations and lanes to maximize ice time.

Games will stress team skills and sportsmanship.

Video sessions will supplement the on-ice drills.



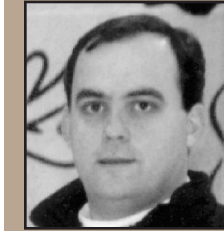
## THE WILDCATS HOCKEY CLINIC STAFF



### Gary Bingham, RCDS Head Hockey Coach

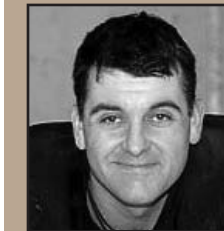
Coach Bingham, in his twelfth season, has an overall record of 108-123-14. Coach Bingham's hockey background includes:

- USA Hockey Level 4 Coaching Certification
- Youth Hockey Director, Washington Capitals, NHL
- Head Hockey Coach, University School
- Varsity Hockey, Miami University
- Varsity Hockey, The Lawrenceville School



### Ted Heintz, RCDS Assistant Hockey Coach

- Twelfth season with RCDS
- Assistant Hockey Coach, The Haverford School
- Club Hockey, NYU
- Coach, Can/Am Hockey Camp



### Anthony Felice, RCDS Head Goalie Coach

- NJ Devils, NHL, Development and Prospect Camps goalie
- Lowell Devils, AHL, goalie
- USA Hockey, Level 2 Coaching Certification
- Professional Fitness Trainer
- St. Johns University, Masters in Sports Management

**Camp Counselors**

Jeff Horowitz - Miami U. Club Team, RCDS Varsity

Tomo Yokose - Tufts University, RCDS Varsity