

## Coaches Clinics

### Level 1 Online Course:

<http://www.uslacrosse.org/TopNav2Right/EducationTraining/USLCoachingEducationProgram/CEPOnlineCourses/CEPLevel1OnlineCourse.aspx>

Level 1 Online Courses (Fundamentals of Coaching Men's Lacrosse, Fundamentals of Coaching Women's Lacrosse) are **FREE** to US Lacrosse members and are ALL NEW for 2013!

US Lacrosse members who completed the Level 1 online course previously are strongly encouraged to take this new, updated version and access even more resources and information. Previous online course completion will still be credited toward CEP Level 1 certification.

The Level 1 Online Course is the first step in your journey into the Coaching Education Program and is a pre-requisite for taking the Level 2 Online Course. It is the intent of the curriculum that you complete the online course, then round out your experience with a [Level 1 Instructional Clinic](#), which provides the hands-on, in-person interaction based on the knowledge you receive from the course. Participation also makes you eligible to apply for Level 1 certification.

## National Level 1 Instructional Clinics

### Important Registration Information

- **Your US Lacrosse membership must be current through the day of the clinic**
- The registration fee for the Level 1 clinics is \$70 (unless noted otherwise)
- Your registration fee includes lunch at all clinics
- Online registration closes 10 days prior to the clinic (or when sold out)
- Limited materials will be available for walk-up attendees

*Note: CEP clinic season runs October-March. We're scheduling clinics for fall 2013 and beyond.*

### Highly Recommended:

That you have completed a Level 1 online course prior to attending a clinic.

### Clinic benefits:

- Level 1 clinics are 7 hours in length (one day).
- Certificate of completion
- Credit toward Level 1 certification
- Exclusive clinic resource materials
- Instruction from certified trainers
- Opportunity to meet other coaches from your area

### How the Level 1 clinics fit within the full Level 1 curriculum:

Coaches must complete a Level 1 clinic to complete Level 1 certification.

### What coaches will learn:

Level 1 of the US Lacrosse Coaching Education Program is designed to introduce coaches to the responsibilities and philosophies of coaching and how to provide a safe and athlete-centered environment that emphasizes positive growth and sportsmanship.

Level 1 provides the tools needed to teach rules, basic individual skills, and basic team concepts to a group of beginning players, regardless of age. Level 1 training is relevant for ALL lacrosse coaches regardless of experience. Coaches at all levels of experience will benefit from this training as they look to strengthen their coaching foundation and knowledge base.

### Walk-up registration

Walk-ups are accepted, but materials for these attendees will be limited. Walk-up fee is \$85 for those attendees that receive materials. For those who do not receive materials, cost will remain \$70 and the attendee will need to purchase the workbook via US Lacrosse after the clinic. Lunch for walk-ups will be provided as long as supplies last.

### Questions?

Please contact the **Coaching Education Program**.

<http://www.uslacrosse.org/TopNav2Left/Coaches/BecomeaCoach.aspx>