

Polar Lacrosse Player/Parent Contract

It is a privilege to be a member of the Red River Valley Lacrosse Association. Participation in this program will contribute to your overall physical, mental and emotional well-being. As a player on this team, you are expected to make a conscious effort towards each of the following guidelines.

1. Players: I will commit to the motto: Perfection is an unreachable goal; Opportunity is the chance to reach it
2. Players: I will take full responsibility for my actions on and off the field.
3. Players: I will be on-time to all practices and games with a determined spirit, motivated to improve myself in order to improve the team.
4. Players: I will offer my absolute best physical and mental effort during practices, games, conditioning and team meetings.
5. Players: I will respect my teammates at all times by communicating in a constructive manner and motivating through example.
6. Parents and Players: I will respect all members of the coaching staff and their decisions, communicating my concerns in an effective and respectful manner. If an issue arises on or off the field I can speak with the coaching staff at any appropriate time, asking for help or discussing concerns.
7. Players: I will commit to the classroom, taking full advantage of the opportunities that surround me in order to maintain eligibility requirements. I will effectively manage my time so my school work does not interfere with practice or games.
8. Parents and Players: I will respect opposing teams and officials by refraining from confrontation that may result in negative consequence.
9. Parents and Players: I will adhere to the Fargo Public Schools Drug & Alcohol Policy, located in the Fargo Public School Activity Handbook pg. 9-11 is where this is talked about. Students will miss 2 weeks of games for violation at the least.
10. Parents: Make sure your dues are in good standing. Help out and participate in the rotation of score/clock table during games and fundraising.

I will adhere to the team rules, guidelines and non-negotiable rules as stated the 2015 Polars Lacrosse team handbook.

PLAYER NAME: _____

PARENT NAME: _____

(Signature) (Date)

(Signature) (Date)