



JANUARY 10, 17, 24, 31 2015 OSL WINTER CLINIC

Speed & Agility Training *PLUS* Futsal Skills

Open to travel players U-9 to U-16 – 45 minutes of core strength, explosive speed and agility training from certified instructors plus 45 minutes of futsal (indoor soccer with a special ball to minimize bounce and increase speed) skills training from a US Futsal Federation certified coach.



One Session - Two Activities

Stay Fit, Improve Your Speed and Experience a Whole New Brand of Soccer

Agility training from Kevin Gendron and his team at B.A.D

+ OSL's first ever FUTSAL clinic

Online registration opens 11/22/2014 \$80 per player

OXFORD SOCCER LEAGUE

P.O. Box 535 Oxford, CT
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www.oxfordsoccerleague.net

Quaker Farms School Gym
1pm Saturdays

January 10th, 17th, 24th, 31st