



**Overlook Hospital
and
Summit Community Programs
Presents**



“An Evening with Rick Wolff”

Emmy Award Winning Broadcaster, Speaker & Author



Thursday, April 22, 2010

7:30 PM – 9:00 PM

Summit High School Auditorium

*How might we make our youth sports programs better?
Why don't youth sports programs offer more competitive options?
Ever wonder, “Am I pushing my child too hard to be competitive?”
Year round youth sports; is it healthy?
Competitive or inclusive sports; what's the balance?*

Parents, coaches and community leaders are welcome to join us for this free presentation and open dialogue with Rick Wolff regarding Youth Sports.

Rick Wolff is a nationally recognized expert in the field of sports psychology and sports parenting. Often quoted by the media about the issues that face today's athletes, Wolff has written and lectured widely on the psychological pressures that accompany America's passion for sports. Rick's degrees are in psychology from both Harvard and Long Island University. He has authored several books and countless articles on the subject of youth sports and has served as sports psychology coach in professional sports.

“Rick Wolff's Sports Edge” can be heard on WFAN every Sunday morning at 8:00 a.m.

***This program was funded by Overlook Hospital.
We thank them for their community spirit and dedication
to our children's health.***



**Questions & Press Inquiries Contact:
Summit Community Programs
908-277-2932**