



SOUTHRIDGE LACROSSE

SLC News WEBSITE

REGISTRATION

Team registration is underway. We have 18 registered players and more inquiries wanting to sign up. It is exciting to watch our team grow. GOOOO SOUTHRIDGE LACROSSE!!!! If you know of anyone that would like to register, send them to our website www.southeridge lacrosse.com. The website registration is up and running.

Have you checked out the website lately. We have made the move to League Athletics. Yaaa. Is there something you would like to see on the website that isn't there? Let me know. Check out the calendar for upcoming events.



LACROSSE IN THE PARK

Are you sitting at home on a Saturday morning counting down the days until Lacrosse season starts? NO worries, we have Lacrosse in the Park every Saturday from 10-noon. Grab your stick and your gear and come down and join us. Bring a friend

and introduce him to the fastest growing game in the country. You know what they say, "All it takes is get a stick in their hand and they will fall in love with the game". It has been exciting to see all the new faces out there Saturdays. Don't miss out on all the fun, come join your teammates for some fun in the park.

Fundraising

WREATH FUNDRAISER

The wreath fundraiser was a huge success. Thank you to all the teammates and families that were out selling wreaths. Ryan Fahrendorf was our top selling and winner of top seller prize. WAY TO GO RYAN and FAMILY!!!

SODA FUNDRAISER

The soda fundraiser is underway. The soda and water items will be back in time for the holidays. We will be selling

product from November 1st—December 9th. Please see the order information enclosed with this month's newsletter. If you have any questions contact Russ Midili at 509-438-1650.

Dinner Nights

Watch you email for news about restaurant nights. They will be like Texas Roadhouse where we just have to get the word out and people go to the restaurant for dinner and we will receive a portion of the proceeds. We are looking at a pizza restaurant and other more affordable options.

Volume 1, Issue 3

November 2013

Upcoming Events

Registration Deadline	12/31
Soda Fundraiser	11/1-12/9
Team/Board Meeting	12/2

The Board

President:

Russ Midili

Vice-President:

Rhonda Schafer

Secretary / Treasurer:

Heather Shulman

The Team

Head Coach:

Terry Brown

Asst. Coaches:

Jeff Banning, Robby Narquis, David Primus, Eric Riel, & Paul Sisk

Team Captains:

Mario Midili & Michael Hubbard

Southridge Lacrosse

C/O Heather Shulman
PO Box 6665
Kennewick, WA 99336

We're on the Web:
www.southridgelacrosse.com
and on Facebook:
Southridge Lacrosse Club

you by the

Cascade Pro 7 in WHITE.

Why white? We decided white is the best color. We are growing and in the next year or two there most likely will be another high school program in Kennewick. We don't want players to have to

Getting to Know the Team

We all know LACROSSE the best sport out there, but we also know that the boys have many great aspects that make them wonderful boys. We would like to celebrate and honors all aspects of our players. If you earn a school award or if one of your other sports teams does something amazing, we would like to hear about it. Please share information with Heather Shulman so she can let the club know.

For example: Did you know some of our lacrosse boys participate in community service projects with their church. WAY TO GO BOYS!!! Giving back to the community is very important work!!! Keep it up!!!!

Do we have any cross country runners or football players out there? How about basketball or wrestlers?

Helmets

Does my player need a new helmet? The answer is no.

You do not have to buy a new helmet.

What if my player is in need of a new helmet? If you

would like to buy a new helmet, we ask that

purchase a new helmet in Kamiakin or Kennewick colors when their program starts up.

Don't the boys have to have matching helmets and uniforms? Yes, they do. We

will be adding wraps to the helmets in Navy, white, and yellow. These wraps will have Southridge name across the back and the Southridge "S" on the side as a logo for the club. The wraps will cover the whole helmet. Let us know if you have any questions.



Winter Workouts

Yes, we will be holding winter workouts. They are optional, but a fantastic way to stay in shape. The last couple of years we have been going to Andres. We are thinking about starting a new workout this year. CROSSFIT!!! Keep watching your email and December Newsletter for more information.