It is the intent of Crossroads Lacrosse to provide a safe and disciplined approach to teaching our youth the fundamentals and values involved in the sport of lacrosse. It is also the intent of Crossroads Lacrosse to provide an atmosphere free of distractions so that each player is able to maximize their ability to learn the sport. It is also Crossroads Lacrosse's intent to establish a climate of good sportsmanship. It is necessary to establish discipline guidelines that must be followed throughout the season. The rules are to be followed during all practices, games, tournaments, or any other extracurricular activity sponsored by Crossroads Lacrosse. Failure to adhere will result in disciplinary action up to and including permanent expulsion from the league. Crossroads Lacrosse maintains a "Zero Tolerance Policy" regarding any disciplinary issue and will conduct all sponsored functions accordingly.

Time of Occurrence:

- TO-1. League officials present at time of incident/occurrence may take immediate action based on circumstances and/or violation.
 - a. If immediate ejection from fields or sideline occurs, disciplined person(s) will be subject to a minimum 1 game suspension following the incident/occurrence.
 - b. Based on circumstances/violation League official may impose;
 - i. Personal penalty on violating parties team
 - ii. Forfeiture of game
 - iii. Ejection from game, coaches or parent sideline
- TO-2. Any Crossroads Lacrosse official has the authority to impose immediate ejection of any individual from any Crossroads Lacrosse function without approval from the Disciplinary Committee.

Procedure:

- DS-1. League officials present at time of incident/occurrence or taking witness account, complete Game Report Form (located on the Crossroads Lacrosse website) within 48 hours of incident/occurrence/submission.
- DS-2. "Incident Report Form" form submitted to Crossroads Lacrosse Disciplinary Committee for review.
- DS-3. Crossroads Lacrosse Disciplinary Committee determines necessary disciplinary action.
- DS-4. Penalized party will receive; email, letter mail, and possible phone call describing the Rule Violation and discipline action. Ideally, this will be done within 72 hours of reporting)
- DS-5. Penalty will take effect immediately upon contact prior to next game.
- DS-6. All incident reports are to be documented in permanent file with each individual party.

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Investigation:

- DI-1. All incidents reported by non-league appointed officials will be subject to investigation by field personnel (Crossroads Lacrosse Leadership Committee).
- DI-2. Upon completion of investigation, League official will complete/update Game Report Form and submit to Crossroads Lacrosse Disciplinary Committee.

Appeal:

Crossroads Lacrosse believes strongly that our League officials are capable of conducting investigation and collecting information necessary to implement discipline in any situation.

- DA-1. No dispute/appeal will be granted to violating party.
- DA-2. Discipline issued is final.
- DA-3. Submission of 1 (one) email to the Crossroads Lacrosse Disciplinary Committee Chairman (tommanos02@gmail.com) for review is permissible. This email shall contain any pertinent information regarding occurrence.
- DA-4. DO NOT contact any other league official regarding discipline as they do not represent the Disciplinary Committee and the decision process.

Enforcement:

DE-1. Crossroads Lacrosse appointed Disciplinary Advocate will handle enforcement of discipline.

Violation of Discipline:

DB-1. Violation of any discipline issued by Crossroads Lacrosse will be considered to be a blatant disregard of Code of Conduct and violating party is subject to further penalty.

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Form DP v1.0

Definitions:

Warning:

May be issued by League official and documented on IR v1.8 form.

Ejection:

 Immediate removal from either coaches/players sidelines or from the game or function in its entirety. Can be utilized by any Crossroads Lacrosse official at time of occurrence without approval of Disciplinary Committee. NOTE: May carry additional penalty.

Suspension:

- Removal from Crossroads Lacrosse sponsored function(s) as stated below:
 - Coach: Shall remain absent from coaches/player sideline and field for entire suspension period. May not coach from sideline nor the end line.
 - Spectator/Parent: Shall not be permitted at any Crossroads Lacrosse sponsored event for entire suspension period.
 - Player: Shall remain absent from coaches/player sideline and field for entire suspension period.

Expulsion:

 Removal from ALL Crossroads Lacrosse sponsored functions for a minimum of 1 season. Not permitted to attend any Crossroads Lacrosse functions for expulsion period.

NOTE: Suspended, Removed or Expelled individuals shall not attempt to have influence on any participant involved in the game from which he/she was suspended.

Severe Violation:

- Violations of Discipline Policy that are deemed severe in nature.
- These Violations carry a minimum 3 game suspension and a maximum lifetime expulsion.

Major Violation:

- Violations of Discipline Policy that are deemed major in nature.
- These Violations carry a minimum 2 game suspension.

Minor 1 Violation:

- Violations of Discipline Policy that are deemed minor in nature.
- These Violations may possibly call for a 1 game suspension or more.

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Definitions (continued):

Minor 2 Violation:

- Violations of Discipline Policy that are deemed minor in nature.
- These Violations may call for a verbal or written warning.

Discipline Violation Table:

Level 1 Violations (Severe)				
Rule Violation	Infraction	Discipline		
DV-1	Physically violent toward anyone at a Crossroads Lacrosse sanctioned event (fighting).	Lifetime Expulsion		
DV-1a	Police called to Crossroads Lacrosse sponsored function as a result of behavior.	Lifetime Expulsion		
DV-2	Use of Drugs, Tobacco, or Alcohol at any Crossroads Lacrosse sanctioned event.	Minimum 3 game suspension or Expulsion		
DV-3	Actions, language or gestures that may be interpreted as hostile, humiliating or intimidating (name calling, threatening, face-to-face confrontation, email, text, phone call).	Minimum 3 game suspension or Expulsion		
DV-3	Failure to control his/her emotions (using profanity, "trash" talk, taunting, harassing, out-of-control behavior, uncooperative with league official, etc.)	Minimum 3 game suspension or Expulsion		
DV-L1	Two (2) Severe infractions during lifetime involvement with Crossroads Lacrosse	Minimum 1 Season Expulsion		

Level 2 Violations (Major)				
Rule Violation	Infraction	Discipline		
DV-4	Disrespect toward any player, coach, referee, spectator, staff member	Min 2 game suspension		
DV-5	Challenging a referee's decision on the field in an inappropriate manner	Min 2 game suspension		
DV-6	Deliberate violation of NFHS Rules (cheating, encouraging or showing disregard for Rule 5-3-5 and 5-4)	Min 2 game suspension		
DV-7	Conduct at any Crossroads Lacrosse sponsored function involving players, coaches, referees, spectators or league officials which is deemed to be detrimental to the best interests of the Crossroads Lacrosse	Min 2 game suspension		
DV-L2	Two (2) Major infractions during lifetime involvement with Crossroads Lacrosse.	Min 3 game suspension or Expulsion		

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Level 3 Violations (Minor 1)				
Rule Violation	Infraction	Discipline		
DV-9	Disrupting the flow of any game for any other reason than situational emergency	Possible 1 game suspension		
DV-10	Failure to honor the game and its integrity. (Failure to assist league officials in maintaining control of spectators/players before, during and after game.	Possible 1 game suspension		
DV-L3	Two (2) Minor 1 infractions during lifetime involvement with Crossroads Lacrosse	Min 2 game suspension or Expulsion		

Level 4 Violations (Minor 2)				
Rule Violation	Infraction	Discipline		
DV-L4	Disregard of Coaches Code of Conduct	Coaching Privileges suspended for future seasons		

Crossroads Lacrosse reserves the right to implement discipline according to each individual situation.

The above Discipline Policy v1.0 is a guideline to our disciplinary process.