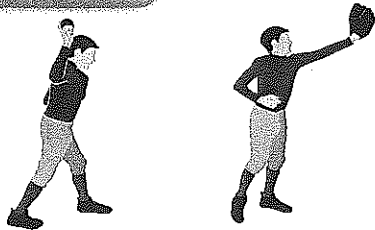


HATS NO HATS

Teamwork, decisionmaking

INFIELD

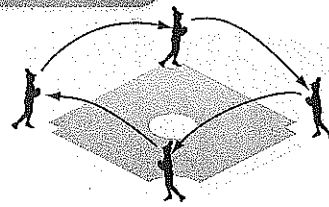


- **Line them up:** Two teams designated "Hats" or "No Hats." "No Hats" remove caps. Boundary is right field line to centerfield.
- Using tennis ball, "Hats" begin "passing" to teammates while "No Hats" try to intercept.
- After each catch, coach counts to 3. Ball must be passed before 3, or it is turned over to other team.
- Dropped or missed passes automatically go to other team.
- **Key Point:** Players must move to get open. No contact allowed when defending.
- **Make it a Game:** Which team finished with longest streak of catches?

AROUND THE HORN

Throwing to bases

INFIELD



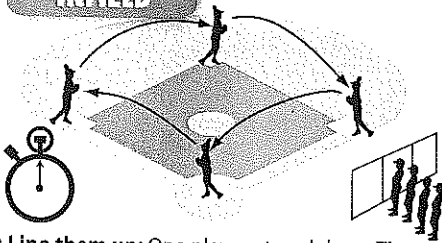
- **Line them up:** Assign equal number of players to each base.
- Beginning at home, throw around bases, (3rd>2nd>1st>Home>3rd) without stopping.
- After player throws to next base, new player steps in and awaits throw.
- Players who make a bad throw run after it while coach puts new ball in play.
- **Key Point:** Keep ball constantly moving.
- **Make it a Game:** After 15-20 cycles, call "reverse." Ball now moves counter-clockwise. Next, say numbers, (1,2,3,4) to indicate base to throw to.

Infield

BEAT THE CLOCK

Throwing to bases accurately

INFIELD



- **Line them up:** One player at each base. The rest safely in line behind backstop.
- Player at home has ball. Start stopwatch as ball is thrown to 3rd>2nd>1st>home. Note time.
- All players rotate 1 base. 1st baseman goes to end of line. New player at home.
- **Key Point:** Players should learn to catch as feet are moving toward base to which they're throwing.
- **Make it a Game:** Players love getting record times. Keep a log. Team's times will improve throughout season.

CAP BUTTONS

Keeping head down, using two hands

I/G/T

INFIELD



- **Line them up:** Two rows, side by side, each player across from a partner. (10-20 feet depending on age level)
- Without mitts, players roll balls back and forth. Fielders focus on keeping head down while watching ball into hands.
- Player rolling ball should be able to see "button of the cap" on fielder.
- **Key Point:** After a few minutes without mitts, continue with gloves.
- **Make it a Game:** How many can they get in 15 seconds? Rotate partners.