



Ranger Wrestling Club Volunteer Agreement

Coaching

The RWC encourages parent participation by becoming a volunteer coach. Coaching for the club requires the following

1. You must have a USA Wrestling Coaches Card. Application for the coaching card is available from USA Wrestling. A background check will be conducted as part of the application.
2. Review the USA Wrestling Folkstyle Curriculum here: <http://www.teamusa.org/USA-Wrestling/Coaches/Core-Curriculum/Folkstyle-Level-1> .
3. **All coaching card fees will not be refunded by the club. This is the volunteer's commitment and donation to the club.**

Coaches are expected to develop all club members regardless of age, level, or relationship. Coaching will be assigned to rooms according to their preference and then by need. Coaches may be asked to move from room to room due to temporary shortages. Coaches should expect to be asked to coach at competitions during the regular season.

Mason Dixon Wrestling League

Parents are expected to offer help at the MDWL events. Registration with the Ranger Wrestling club comes with the understanding that parents will assist with the club's success by volunteering when needed. This could include but not limited to the following duties: setup or breakdown of an event, cleaning mats before/after practice, organize kids on a mat before competition, work time clock, and keep score. Non-coaching roles do not require a USA Wrestling Coaching Card.