

FAIRPORT LITTLE LEAGUE INC.



Lyndon Road Policies and Safety Rules

NOTE: The intent of this document is to communicate expectations that when met will create a safe and pleasant environment for players, coaches, umpires, and spectators.

No parking on Lyndon Road.

No smoking and no alcohol at the complex.

No bicycles at the complex. Bikes should be locked on the bike rack at the entrance.

No pets at the complex. Exception: Requests may be made to the President or Vice President of the league for guide dogs

No noisemakers allowed.

There is no warming up, playing catch, or swinging bats in the open areas between the fields at any time.

Spectators are not permitted behind the backstop (to avoid distracting pitchers)

No climbing any of the fences.

No soft toss by hitting hard balls into backstops. Use tennis balls or whiffle balls.

Swearing, harassing umpires, yelling at opponents, or other inappropriate behavior may result in being told to leave the complex (ref: FLL Good Sportsmanship Policy).

League approved managers and coaches must be in the dugout when not coaching bases. In the dugout means in the dugout (on the cement) – not standing in the openings on either side, not out on the dirt in the home plate area.

Parents who are not coaches should not be in the dugout. No siblings or players from other teams in the dugout.

No throwing of equipment: bats, gloves. 1st time - warning; 2nd time - out of game

No sliding head first, unless returning to a base. See rule 7.08 a 4

Lightning – take shelter - leave the complex – go to your cars.

Bat Safety

Batting practice is not allowed within 30 minutes of game time (violation results in automatic suspension of the manager). Both teams have equal access to the field for pregame practice - there is no "we were here first, you warm up elsewhere"

Swiff sticks and other practice bats are allowed only during practices and prior to the teams taking infield practice. Coaches must manage this by having one kid at a time swing in a physically isolated location that is completely safe.

There is **no on deck circle** (Exception – field 4 has on deck circles in fenced areas). The player can take warm up swings at the plate when he/she goes up to hit. Only one batter at a time; at the start of a half-inning, only the next batter can warm up. No donuts are allowed. No bat handling in the dugouts; bat heads should be “down” in the dugouts.

Faking a bunt, pulling back, and taking a swing is not allowed. Batter is out (the intent of this rule is to protect the 1st and 3rd basemen).

Throwing the bat after a swing - warning the 1st time, can no longer bat in that game the 2nd time

Pitching

Pitchers must wear a helmet while warming up. Adults cannot warm up pitchers (this also applies to the bullpens). Any player warming up a pitcher must wear a catcher's mask.

Each field has an assigned bullpen area that both teams should use. Warm-ups in bullpen require a 3rd player to protect the player not guarded by the tall fence. Coaches may not perform this role unless their defense is on the field and they lack sufficient players.

Pitching – observe the rest rules. Rest rules are based on pitch counts (see rule book).

No curveballs, sliders, or cut fastballs are allowed - balls that curve will be judged as illegal. (Exception: This rule does not apply to Pony). First occurrence is a warning. For subsequent occurrences the pitches are called balls.

Uniforms

Catcher's masks must have throat guards. Chest protectors for males must cover the crotch area when in a crouch. Male catchers **MUST** wear cups. Cups are recommended for all male players. Chest protectors for females must have breast plates.

No shorts, including practice. (NOTE: Exception - there may be shorts for softball tournament teams). Dress properly in cold weather. Cups are suggested for all male players. Male infielders not wearing cups are taking a risk. No metal cleats. No names on uniforms. Shirts must be tucked in.

No jewelry, except medical tags.

Game preparation and logistics

Managers - always have medical release forms (registration lists) at practices and games

Both teams should check field condition before practices and games. Bases must be set in all the way, ruts should be repaired.

First aid kits should be kept stocked; extra stuff available at concession stand. If an injury occurs at Lyndon, use ice from the concession stand, not a chemical ice pack. Never use chemical ice packs on the face.

Managers should never leave kids behind at a game or practice; make sure they have all been picked up before you leave.

2 hour time limit if another game follows (weekends). Weekday games must start at 6:15 pm. Do not start an inning after 8:30 pm. Games can end in ties due to darkness or the 2 hour limit. All other games should be finished. If it gets dark during an inning and conditions are unsafe, stop the game, and the results revert back to the last completed inning.

NOTE: Many of these rules are from Williamsport and are in the rule book

Fairport Little League Board of Directors
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